

WAC Results Saturday 4th January 2014

WOMEN

Javlin			Distance
Lara	Friesen	Open	21.26
Kiahna	Evans	U14	18.02
Siobhan	Wilson	U18	17.69
Donna	Evans	Open	16.54
Tracaey	Howse	40+	15.64
Emily	Woolford	U18	14.05
Debbie	Jones	40+	13.80
Cheryl	Webster	40+	12.78
Fay	Pearce	60+	10.69

100m			Time
Lara	Friesen	Open	14.73
Siobhan	Wilson	U18	14.82
Emily	Woolford	U18	15.14
Tracey	Howse	40+	17.73
Fay	Pearce	60+	19.63

Discus			Distance
Kiahan	Evans	U14	23.24
Donna	Evans	Open	22.66
Cheryl	Webster	40+	17.40
Debbie	Jones	40+	13.60
Chris	Wilson	50+	12.04

High Jump			Distance
Lara	Friesen	Open	1.40
Debbie	Jones	40+	1.00

800m			Time
Sophy	Sirr	Open	2.49.38
Siobhan	Wilson	U18	2.55.42
Mary	Toney	Open	2.59.91
Emily	Woolford	U18	3.00.52
Emilya	Toney	Open	3.20.81
Fay	Pearce	60+	3.53.03
Tracey	Howse	40+	4.29.73

Hammer			Distance
Kiahan	Evans	U14	31.15
Donna	Evans	Open	20.28
Lara	Friesen	Open	18.45
Debbie	Jones	40+	16.56
Siobhan	Wilson	U18	15.71
Emily	Woolford	U18	13.49

MEN

Hurdles - 110m			Time
Ben	Cook	Open	16.88

Javlin			Distance
Steve	Boyd	50+	22.13
Bill	Pearce	60+	19.29
Ted	Elkington	U18	17.95
Dennis	Baker	60+	13.80

100m			Time
Nathan	Howse	U20	11.43
Ben	Hugall	U18	11.69
Ryan	Evans	U20	12.08
Michael	Howse	50+	13.34
Ted	Elkington	U18	13.71
Steve	Boyd	50+	16.79

Discus			Distance
Ben	Cook	Open	33.34
Bill	Pearce	60+	23.12
Dennis	Baker	60+	22.10

800m			Time
Ted	Elkington	U18	2.30.83
Des	Rees	60+	3.08.01
Dennis	Baker	60+	4.10.44

Hammer			Distance
Ted	Elkington	U18	15.87

200m			Time
Ben	Hugall	U18	24.15
Nathan	Howse	U20	26.20
Ryan	Evans	U20	26.58
Michael	Howse	50+	28.03
Dennis	Baker	60+	38.78

Triple Jump			Distance
Ted	Elkington	U18	8.09

5000m			Time
Ted	Elkington	U18	22.17.57
Des	Rees	60+	24.15.95
Robert	Lindley	60+	34.06.36

200m			Time
Mary	Toney	Open	29.06
Emilyya	Toney	Open	31.28
Tracey	Howse	40+	39.28

Triple Jump			Distance
Mary	Toney	Open	9.49
Lara	Friesen	Open	9.21
Emilyya	Toney	Open	8.75
Emily	Woolford	U18	8.44
Siobhan	Wilson	U18	8.29
Debbie	Jones	40+	5.52

5000m			Time
Siobhan	Wilson	U18	22.21.92
Chris	Wilson	50+	25.53.99
Debbie	Jones	40+	28.16.79
Fay	Pearce	60+	28.19.80
Jocelyn	Lindley	Open	30.30.83