

WODONGA ATHLETICS CLUB -14-10-2012

Women

1500m			Distance
Rachel	Little	40+	6.29.82
Abbie	Little	U18	7.23.28
Franziska	Eversheim	40+	7.48.05
Tracey	Howse	40+	10.08.13

High Jump			Distance
Lisa	Knipping	Open	1.40
Talia	Paterson	Open	1.30
Laura	Collins	U18	1.25
Mary	Toney	20+	1.20
Janet	Crococ	50+	1.15
Abbie	Little	U16	1.15
Rachel	Little	40+	1.10
Helen	Collins	40+	1.00
Franziska	Eversheim	40+	0.95

100m			Distance
Rachel	Little	40+	14.33
Mary	Toney	U20	14.35
Laura	Collins	U18	14.75
Lisa	Knipping	Open	14.79
Talia	Paterson	Open	14.82
Alex	Ziersh	U16	14.83
Rikki	Sproule	U16	15.48
Janet	Crococ	50+	16.99
Helen	Collins	40+	17.54
Tracey	Howse	40+	17.86
Franziska	Eversheim	40+	18.55

Discuss			Distance
Abbie	Little	U16	22.56
Rikki	Sproule	U16	16.32
Laura	Collins	U18	20.40
Lisa	Knipping	Open	18.06
Talia	Paterson	Open	19.17
Gabby	Knight	Open	28.06
Tracey	Howse	40+	16.36
Rachel	Little	40+	20.16
Franziska	Eversheim	40+	13.70
Mary	Toney	U20	18.26
Cheryl	Webster	40+	15.00
Helen	Collins	40+	14.27
Janet	Crococ	50+	12.71

Men

1500m			Distance
Caellum	Crowe	Open	4.55.89
Mathias	Eversheim	U16	5.04.13
Reed	Jackson	U16	5.10.83
Nick	English	U16	5.12.52
Ben	Boyd	Open	5.20.21
Lachy	Steain	Open	5.33.46
Ken	Little	50+	7.19.48
Dennis	Baker	60+	8.22.02

High Jump			Distance
Greg	Simpson	50+	1.30

100m			Distance
Ben	Hugall	U18	11.70
Adam	Waters	Open	11.74
Ryan	Evans	U18	11.81
Luke	Milgate	U20	12.26
Ben	Boyd	Open	12.57
Nick	English	U16	13.03
Reed	Jackson	U16	13.28
Nathan	Howse	U20	13.34
Eric	Kerr	U20	13.68
Nick	Houston	U14	13.99
Greg	Simpson	50+	15.54
Steven	Boyd	40+	16.31
Dennis	Baker	60+	18.18

Discuss			Distance
Ben	Boyd	Open	26.28
Dennis	Baker	60+	22.09
Nick	Houston	U14	21.88
Nathan	Howse	U20	21.73
Mathias	Eversheim	U16	21.69
Greg	Simpson	50+	21.48
Steven	Boyd	40+	15.57
Eric	Kerr	U20	14.97

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Shot Put			Distance
Laura	Collins	U18	11.28
Lisa	Knipping	Open	8.61
Rachel	Little	40+	8.20
Abbie	Little	U16+	8.04
Talia	Paterson	Open	6.84
Janet	Crococ	50+	6.32
Mary	Toney	U20	6.24
Tracey	Howse	40+	5.90
Helen	Collins	40+	5.84
Franziska	Eversheim	40+	5.70
Cheryl	Webster	40+	5.67

Shot Put			Distance
Nathan	Howse	U20	9.59
Ben	Boyd	Open	9.29
Ken	Little	50+	8.47
Eric	Kerr	U20	8.41
Luke	Milgate	U20	8.40
Josh	Hugall	U18	7.99
Lachy	Steain	Open	7.77
Greg	Simpson	50+	6.73
Dennis	Baker	60+	6.66
Steven	Boyd	40+	5.95

3000m			Distance
Rachel	Little	40+	12.40.30
Franziska	Eversheim	40+	17.38.46

3000m			Distance
Caellum	Crowe	Open	10.22.52
Mathias	Eversheim	U16	12.27.11
Robert	Lindley	60+	19.10.64

Long Jump			Distance
Laura	Collins	U18	4.67
Mary	Toney	U20	4.32
Lisa	Knipping	Open	4.30
Alex	Ziersh	U16	4.16
Rachel	Little	40+	4.05
Abbie	Little	U16+	4.01
Janet	Crococ	50+	3.35
Helen	Collins	40+	3.23
Tracey	Howse	40+	2.97
Franziska	Eversheim	40+	2.71
Cheryl	Webster	40+	2.65

Long Jump			Distance
Adam	Waters	Open	5.55
Ben	Hugall	U18	5.30
Luke	Milgate	U20	4.87
Josh	Hugall	U18	4.46
Nick	Houston	U14	4.28
Lachy	Steain	Open	4.28
Mathias	Eversheim	U16	3.96
Eric	Kerr	U20	3.89
Greg	Simpson	50+	3.75
Frank	Scurr	70+	3.15
Dennis	Baker	60+	1.58

400m			Distance
Rachel	Little	40+	1.08.84
Mary	Toney	U20	1.14.68
Rikki	Sproule	U16	1.16.00
Abbie	Little	U16+	1.20.28
Tracey	Howse	40+	1.54.99

400m			Distance
Ben	Hugall	U18	54.03
Adam	Waters	Open	54.92
Ben	Boyd	Open	57.53
Nick	English	U16	58.07
Caellum	Crowe	Open	59.65
Reed	Jackson	U16	1.01.27
Josh	Hugall	U18	1.06.73
Luke	Milgate	U20	1.08.57
Michael	Howse	50+	1.09.65
Ken	Little	50+	1.27.03
Francis	Scurr	70+	1.33.95
Dennis	Baker	60+	1.36.55