

Wodonga Athletics Club Results 11th of November

Javelin			Distance
Emilya	Toney	U20	18.56
Talia	Paterson	Open	15.91
Janet	Crococ	50+	15.80
Mary	Toney	U18	15.62
Abbie	Little	U14	14.45
Victoria	Jones	Open	13.91
Debbie	Jones	40+	13.42
Rachel	Little	40+	13.39
Tracey	Howse	40+	12.36
Jane	Cook	U14	10.90
Fay	Pearce	50+	9.18
Jean	Hutchins	Open	8.45

Javelin			Distance
Chris	Barton	Open	45.37
Ben	Cook	U20	40.72
Guy	Telford	Open	36.44
Ben	Boyd	U20	32.38
Brian	Allen	U18	28.16
Greg	Simpson	50+	21.80
Steven	Boyd	40+	20.96
Bill	Pearce	50+	20.50
Kevin	Jones	40+	19.77
Nathan	Howse	U18	17.53
Trent	Turner	Open	17.47
Dennis	Baker	50+	14.63

1500m			Time
Rachel	Little	40+	5.57.6
Alana	Cartner	U18	6.30.33
Abbie	Little	U14	6.39.08
Christine	Simmons	50+	6.55.24
Nardia	Mellor	50+	7.32.50
Victoria	Jones	Open	7.38.33
Fay	Pearce	50+	7.41.78
Jean	Hutchings	Open	7.51.09
Debbie	Jones	40+	9.05.66
Tracey	Howse	40+	10.58.59

1500m			Time
James	Ellis	U16	4.37.44
Brian	Allen	U18	4.58.00
Kevin	Muller	40+	4.59.72
Brian	Simmons	50+	5.39.11
Jeff	Cave	40+	5.53.81
Michael	Mellor	50+	5.59.09
Guy	Telford	Open	6.17.79
Bill	Pearce	50+	6.22.65
Trent	Turner	Open	6.30.66
Greg	Simpson	50+	6.37.49
Steven	Boyd	40+	6.39.19
Michael	Howse	40+	8.31.89
Kevin	Jones	40+	8.38.77
Ben	Boyd	U20	8.43.83

100m			Time
Emilya	Toney	U20	14.24
Jemma	Power	U16	14.29
Mary	Toney	U18	14.33
Abbie	Little	U14	15.25
Victoria	Jones	Open	15.28
Rachel	Little	40+	15.28
Talia	Paterson	Open	15.81
Alana	Cartner	U18	16.16
Fay	Pearce	50+	17.35
Janet	Crococ	50+	17.60
Tracey	Howse	40+	18.02
Debbie	Jones	40+	18.21
Jean	Hutchings	Open	20.54

100m			Time
Ethan	Alban	U18	11.55
Nathan	Howse	U18	11.58
Ben	Cook	U20	12.03
Chris	Barton	Open	12.39
Ben	Hugall	U16	12.61
Brian	Allen	U18	12.80
Alex	Takle	U18	13.32
Trent	Turner	Open	13.51
Kevin	Muller	40+	13.82
Steven	Boyd	40+	16.07
Dennis	Baker	50+	17.22
Michael	Howse	40+	21.27

Shot put			Distance
Rachel	Little	40+	7.73
Janet	Crococ	50+	7.30
Talia	Paterson	Open	6.82
Abbie	Little	U14	6.49
Jane	Cook	U14	6.30
Emilya	Toney	U20	5.96
Jemma	Power	U16	5.82
Debbie	Jones	40+	5.80
Mary	Toney	U18	5.53
Tracey	Howse	40+	5.40
Victoria	Jones	Open	5.33
Samantha	Little	U16	4.91

Shot put			Distance
Guy	Telford	Open	11.58
Chris	Barton	Open	11.08
Ben	Cook	U20	10.61
Ben	Boyd	U20	9.23
Alex	Takle	U18	8.55
Trent	Turner	Open	8.25
Brian	Allen	U18	8.13
Kevin	Jones	40+	7.38
Greg	Simpson	50+	7.12
Kevin	Muller	40+	6.62
Michael	Howse	40+	6.41
Steven	Boyd	40+	5.88

Long Jump			Distance
Emilya	Toney	U20	4.03
Mary	Toney	U18	3.94
Abbie	Little	U14	3.67
Talia	Paterson	Open	3.54
Alana	Cartner	U18	3.30
Rachel	Little	40+	2.99
Victoria	Jones	Open	2.82
Fay	Pearce	50+	2.68
Tracey	Howse	40+	2.67
Debbie	Jones	40+	2.44
Jane	Cook	U14	2.32
Jean	Hutchings	Open	2.19

Long Jump			Distance
Ben	Cook	U20	6.02
Ethan	Alban	U18	5.40
Chris	Barton	Open	5.13
Alex	Takle	U18	4.15
Trent	Turner	Open	3.45
Greg	Simpson	50+	3.44
Kevin	Jones	40+	2.65

3000m			Time
Emilya	Toney	20+	14.45.08
Christine	Simmons	50+	14.49.88
Alana	Cartner	U18	15.16.83
Nardia	Mellor	50+	16.20.95
Fay	Pearce	50+	16.34.36
Jean	Hutchings	Open	16.59.54
Janet	Crococ	50+	19.39.67

3000m			Time
James	Ellis	U16	10.20.24
Kevin	Mellor	40+	11.00.13
Brian	Simmons	50+	12.18.09
Michael	Mellor	50+	12.30.54
Jeff	Cave	40+	13.04.59
Bill	Pearce	50+	13.49.64
Dennis	Baker	50+	18.16.16
Robert	Lindley	50+	19.19.24

400m			Time
Rachel	Little	40+	1.14.16
Mary	Toney	U18	1.17.44
Alana	Cartner	U18	1.20.46
Emilya	Toney	U20	1.27.03
Abbie	Little	U14	1.27.23
Victoria	Jones	Open	1.34.83
Tracey	Howse	40+	1.57.33
Jean	Hutchings	Open	2.00.83
Debbie	Jones	40+	2.09.09

400m			Time
Nathan	Howse	U18	57.20
Brian	Allen	U18	1.02.14
Kevin	Muller	40+	1.05.02
Ben	Hugall	U16	1.08.83
Alex	Takle	U18	1.09.47
Trent	Turner	Open	1.12.84
Dennis	Baker	50+	1.40.21
Michael	Howse	40+	2.00.27
Ben	Boyd	U20	2.07.44

Walk			Time
Des	Rees	50+	10.17.24

Discus			Distance
Emilya	Toney	U20	19.84
Janet	Crococ	50+	19.09
Mary	Toney	U18	19.08
Talia	Paterson	Open	18.27
Abbie	Little	U14	17.77
Rachel	Little	40+	17.42
Jemma	Power	U16	14.64
Debbie	Jones	40+	14.60
Jane	Cook	U14	14.13
Victoria	Jones	Open	14.06
Tracey	Howse	40+	13.86
Samantha	Little	U16	13.86
Alana	Cartner	U20	11.81
Jean	Hutchings	Open	9.24

Discus			Distance
Guy	Telford	Open	32.20
Ben	Cook	U20	31.98
Chris	Barton	Open	31.04
Ben	Boyd	U20	24.79
Trent	Turner	Open	23.62
Greg	Simpson	50+	20.72
Brian	Allen	U18	19.71
Alex	Takle	U18	19.46
Dennis	Baker	50+	17.89
Kevin	Jones	40+	17.31
Steven	Boyd	40+	15.30
Michael	Howse	40+	14.60