

## Women

400m			Distance
Mary	Munro	Open	<b>1.05.89</b>
Emilyya	Toney	Open	<b>1.11.09</b>
Zoe	Smith	U14	<b>1.15.11</b>
Donna	Burgess	50+	<b>1.19.61</b>
Maree	Rochow	40+	<b>1.23.82</b>
Fay	Pearce	60+	<b>1.39.08</b>
Tracey	Howse	40+	<b>1.42.47</b>

Discus			Distance
Donna	Burgess	50+	<b>26.92</b>
Emilyya	Toney	Open	<b>24.62</b>
Rachel	Little	40+	<b>22.20</b>
Abbie	Little	U16	<b>21.94</b>
Maree	Rochow	40+	<b>19.13</b>
Janet	Crococ	50+	<b>18.95</b>
Kelly	Donnelly	Open	<b>17.18</b>
Samantha	Little	U18	<b>16.36</b>
Zoe	Smith	U14	<b>15.25</b>
Tracey	Howse	40+	<b>13.16</b>
Alana	Cartner	U20	<b>12.79</b>
Debbie	Jones	40+	<b>12.52</b>
Fay	Pearce	60+	<b>10.62</b>
Nadia	Mellor	50+	<b>10.46</b>

Shot Put			Distance
Donna	Burgess	50+	<b>9.66</b>
Abbie	Little	U14	<b>8.67</b>
Janet	Crococ	50+	<b>7.99</b>
Rachel	Little	40+	<b>7.97</b>
Samantha	Little	U18	<b>7.20</b>
Maree	Rockow	40+	<b>7.15</b>
Debbie	Jones	40+	<b>6.06</b>
Tracey	Howse	40+	<b>5.72</b>
Fay	Pearce	60+	<b>5.14</b>
Nadia	Mellor	50+	<b>4.60</b>
Alana	Cartner	U20	<b>4.52</b>

Long Jump			Distance
Abbie	Little	U16	<b>4.03</b>
Kelly	Donnelly	Open	<b>3.86</b>
Siobhan	Wilson	U16	<b>3.72</b>
Sam	Little	U18	<b>3.57</b>
Maree	Rochow	40+	<b>3.10</b>
Zoe	Smith	U14	<b>3.09</b>
Janet	Crococ	50+	<b>3.06</b>
Tracey	Howse	40+	<b>2.77</b>
Alana	Cartner	U20	<b>2.75</b>

## Men

400m			Distance
Andy	Slattery	Open	<b>1.04.90</b>
Lachy	Steain	Open	<b>1.01.15</b>
Mathias	Eversheim	U14	<b>1.06.15</b>
Ben	Hugall	U18	<b>54.61</b>
Kevin	Muller	40+	<b>1.01.57</b>
Luke	Smith	U16	<b>1.10.75</b>
Philipp	Eversheim	U14	<b>1.05.87</b>
Gavin	Smith	40+	<b>1.15.46</b>
Michael	Howse	40+	<b>1.09.23</b>
Ben	Boyd	Open	<b>1.16.00</b>
Dennis	Baker	60+	<b>1.33.87</b>
Don	Chambers	70+	<b>1.27.46</b>

Discus			Distance
Chris	Lewis	50+	<b>27.84</b>
Ben	Boyd	Open	<b>27.32</b>
Jason	Young	U18	<b>23.15</b>
Philipp	Eversheim	U14	<b>21.99</b>
Dennis	Baker	60+	<b>20.49</b>
Bill	Pearce	60+	<b>20.46</b>
Kevin	Muller	40+	<b>18.30</b>
Gavin	Smith	40+	<b>16.27</b>

Shot Put			Distance
Kevin	Muller	40+	<b>6.41</b>
Dennis	Baker	60+	<b>6.42</b>
Philipp	Eversheim	U16	<b>7.15</b>
Chris	Lewis	50+	<b>10.19</b>

Long Jump			Distance
Brad	St John	U18	<b>5.29</b>
Josh	Hugall	U16	<b>4.41</b>
Kevin	Muller	40+	<b>4.26</b>
Lachy	Steain	Open	<b>4.04</b>
Don	Chambers	60+	<b>3.53</b>
Dennis	Baker	60+	<b>1.55</b>

High Jump			Distance
Ben	Boyd	Open	<b>1.50</b>
Andy	Slattery	Open	<b>1.35</b>
Michael	Howse	50+	<b>1.25</b>
Kevin	Muller	40+	<b>1.25</b>
Don	Chambers	60+	<b>1.10</b>

100m			Distance
Adam	Waters	Open	<b>11.48</b>
Ben	Hugall	U18	<b>11.84</b>

Fay	Pearce	60+	<b>2.03</b>
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<b>High Jump</b>			
Emilya	Toney	Open	<b>1.35</b>
Kelly	Donnelly	Open	<b>1.30</b>
Abbie	Little	U16	<b>1.25</b>
Maree	Rochow	40+	<b>1.15</b>
Rachel	Little	40+	<b>1.10</b>
Janet	Crococ	50+	<b>1.10</b>
Donna	Burgess	50+	<b>1.05</b>

<b>100m</b>			<b>Distance</b>
Emilya	Toney	Open	<b>13.9</b>
Mary	Munro	Open	<b>13.93</b>
Kelly	Donnelly	Open	<b>15.43</b>
Siobhan	Wilson	U16	<b>15.77</b>
Maree	Rochow	40+	<b>15.95</b>
Tracey	Howse	40+	<b>17.82</b>
Janet	Crococ	50+	<b>17.83</b>
Abbie	Little	U16	<b>19.1</b>
Donna	Burgess	50+	<b>19.23</b>

<b>1500m</b>			<b>Distance</b>
Samantha	Little	U18	<b>6.20.79</b>
Kelly	Donnelly	Open	<b>6.21.15</b>
Alana	Cartner	U20	<b>6.22.37</b>
Chris	Wilson	50+	<b>6.25.32</b>
Donna	Burgess	50+	<b>6.33.46</b>
Fay	Pearce	60+	<b>8.17.13</b>
Maree	Rochow	40+	<b>9.17.74</b>
Tracey	Howse	40+	<b>9.37.01</b>

<b>3000m</b>			<b>Distance</b>
Alana	Cartner	U20	<b>13.08.68</b>
Emilya	Toney	Open	<b>14.00.62</b>
Siobhan	Wilson	U18	<b>14.01.85</b>
Abbie	Little	U16	<b>14.32.83</b>
Mellor	Nadia	50+	<b>14.34.10</b>
Debbie	Jones	40+	<b>17.13.64</b>
Fay	Pearce	60+	<b>17.19.73</b>

Ryan	Evans	U18	<b>12.24</b>
Bradley	St John	U18	<b>12.77</b>
Joshua	Hugall	U16	<b>13.00</b>
Michael	Howse	50+	<b>13.60</b>
Gavin	Smith	40+	<b>14.66</b>
Don	Chambers	60+	<b>15.81</b>
Philipp	Eversheim	U16	<b>18.98</b>
Dennis	Baker	60+	<b>20.23</b>

<b>1500m</b>			<b>Distance</b>
Jason	Young	U18	<b>4.59.98</b>
Mathias	Eversheim	U16	<b>5.09.41</b>
Philipp	Eversheim	U16	<b>5.37.65</b>
Jordan	Smith	U20	<b>5.38.00</b>
Luke	Smith	U18	<b>5.48.48</b>
Greg	Newbold	50+	<b>6.07.65</b>
Dennis	Baker	60+	<b>9.10.75</b>

<b>3000m</b>			<b>Distance</b>
Jason	Young	U18	<b>11.36.67</b>
Mathias	Eversheim	U16	<b>11.37.00</b>
Michael	Mellor	60+	<b>12.03.58</b>
Luke	Smith	U16	<b>12.10.13</b>
Jordan	Smith	U18	<b>12.24.77</b>
Greg	Newbold	50+	<b>13.00.73</b>
Bill	Pearce	60+	<b>13.41.26</b>
Kevin	Jones	50+	<b>14.40.18</b>
Robert	lindley	60+	<b>18.45.34</b>
Dennis	Baker	60+	<b>18.48.10</b>

<b>Relay</b>			<b>time</b>
Lachy	Steaim	Open	<b>1st</b>
Adam	Waters		
Ryan	Evans		
Nathan	Howse		<b>1.44.03</b>

<b>Relay</b>			<b>time</b>
Tracey	Howse	Open	<b>2nd</b>
Josh	Hugall		
Michael	Howse		
Ben Hugall			<b>1.54.26</b>

<b>Relay</b>			<b>time</b>
Phillip	Eversheim		
Brad	St John		
Greg	Newbold		
Matthias	Eversheim		<b>1.56.95</b>

<b>Relay</b>			<b>time</b>
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Siobhan	Wilson	Open	
Mary	Munro		
Kelly	Donelly		
Emilya	Toney		<b>2.07.27</b>
<b>Relay</b>			<b>time</b>
Zoe	Smith	Open	
Gavin	Smith		
Jordan	Smith		
Luke	Smith		<b>2.14.60</b>
<b>Relay</b>			<b>time</b>
Janet	Crocos	50+	
Nadia	Mellor		
Chris	Wilson		
Donna	Burgess		<b>2.25.26</b>
<b>Relay</b>			<b>time</b>
Dennis	Baker	Open	
Alana	Cartner		
Kevin	Muller		
			<b>2.33.49</b>