

WODONGA ATHLETICS CLUB - 19-01-2013

WOMEN

1500			Distance
Donna	Burgess	50	5.31.83
Emalia	Toney	Open	6.30.13
Chris	Wilson	50+	6.33.51
Franziska	Eversheim	40+	7.27.74
Jean	Hutchings	Open	7.41.91
Fay	Pearce	60	7.53.94
Lettie	Woodman	U18	8.37.67

High Jump			Distance
Jemma	Power	U18	1.50
Abbie	Little	Open	1.15
Tracey	Howse	40+	1.00
Debbie	Jones	40+	0.95

100m			Distance
Sam	Little	U16	13.53
Emilyya	Toney	Open	13.61
Mary	Toney	U20	13.68
Mary	Munroe	Open	13.68
Alex	Ziersch	U14	14.29
Abbie	Little	Open	14.57
Siobhan	Wilson	U16	15.23
Zoe	Smith	U14	15.26
Lettie	Woodman	U18	16.93
Tracey	Howse	40+	17.59
Fay	Pearce	60+	19.30

Discuss			Distance
Rachel	Little	40+	22.52
Emilyya	Toney	Open	22.28
Donna	Burgess	50	21.55
Abbie	Little	Open	20.80
Mary	Toney	U20	17.66
Franziska	Eversheim	40+	15.46
Zoe	Smith	U14	13.05
Alex	Ziersch	U14	12.58
Debbie	Jones	40+	12.00
Siobhan	Wilson	U16	11.65
Fay	Pearce	60+	10.59

Shot Put			Distance
Donna	Burgess	40+	9.11
Rachel	Little	40+	8.47
Abbie	Little	U16	8.37
Mary	Toney	U20	6.46
Emilyya	Toney	Open	6.43
Debbie	Jones	40+	5.86

MEN

1500			Distance
James	Ellis	U18	4.32.97
Brian	Allen	U18	4.35.17
Kevin	Muller	40+	4.40.16
Jordan	Smith	U20	5.27.26
Mathias	Eversheim	U16	5.31.66
Luke	Smith	U18	5.38.24
Bill	Pearce	60	6.06.00
Greg	Newbold	50+	6.15.26
Dennis	Baker	60+	8.16.64
Ken	Woodman	40+	8.38.04

High Jump			Distance
Seb	Bone	U14	1.60
Gavin	Smith	40+	1.55
Ken	Woodman	40+	1.40
Michael	Howse	50+	1.25
Kevin	Muller	40+	1.15
Don	Chambers	70+	1.10

100m			Distance
Nathan	Howse	U20	11.32
Ryan	Evans	U18	11.73
Ben	Cook	Open	11.93
Balylee	Rees	U16	11.93
Ben	Boyd	Open	12.08
Seb	Bone	U14	12.96
Ted	Elkington	U18	13.32
Michael	Howse	50+	13.49
Ken	Woodman	40+	13.83
Philipp	Eversheim	U16	13.95
Don	Chambers	60+	15.37
Lance	Garrett	40+	16.66
Francis	Scurr	70+	16.98
Dennis	Baker	60+	17.88

Discuss			Distance
Ben	Cook	Open	28.38
Ben	Boyd	Open	26.86
Bill	Peace	601+	23.01
Brian	Allen	U18	22.97
Dennis	Baker	60+	22.56
Ken	Woodman	50+	21.03
Ted	Elkington	U18	19.38
Gavin	Smith	40+	18.92
Philipp	Eversheim	U16	18.55
Don	Chambers	70+	18.18
Lachy	Steaim	Open	16.94

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Tracey	Howse	40+	5.55
Jean	Hutchings	Open	5.14
Franziska	Eversheim	40+	5.02
Fay	Pearce	60+	4.89

3000m			Distance
Chris	Wilson	50+	13.48.05
Franziska	Eversheim	40+	16.35.00
Jean	Hutchings	Open	16.45.86

Long Jump			Distance
Taliah	Paterson	Open	4.49
Sam	Little	U16	4.33
Mary	Toney	U20	4.33
Siobhan	Wilson	U16	4.19
Abbie	Little	U16	3.96
Zoe	Smith	U14	3.32
Rachel	Little	40+	3.29
Lettie	Woodman	U18	3.25
Tracey	Howse	40+	3.03
Franziska	Eversheim	40+	2.98
Fay	Pearce	60+	2.12

400m			Distance
Sam	Little	U16	1.03.06
Mary	Munroe	Open	1.04.75
Donna	Burgess	50+	1.06.11
Abbie	little	U16	1.10.20
Siobhan	Wilson	U16	1.14.50
Zoe	Smith	U14	1.14.57
Rachel	Little	40+	1.38.13
Tracey	Howse	40+	1.44.06

Shot Put			Distance
Ben	Cook	Open	11.18
Sam	Hodge	U16	10.16
Don	Chambers	70+	8.83
Ted	Elkington	U18	8.56
Ben	Boyd	Open	8.39
Brian	Allen	U18	7.91
Ken	little	50+	7.59
Gavin	Smith	40+	7.30
Lachy	Steaim	Open	7.28
Ken	Woodman	50+	7.00
Dennis	Baker	60+	6.19
Lance	Garrett	40+	5.88

3000m			Distance
Kevin	Muller	40+	10.13.68
Zac	Jones	Open	10.28.43
Jordan	Smith	U20	11.28.88
James	Ellis	U18	11.29.36
Trent	Turner	Open	12.02.21
Luke	Smith	U16	12.04.38
Greg	Newbold	50+	13.11.24
Bill	Pearce	60+	13.11.57
Kevin	Jones	50+	15.13.77

Long Jump			Distance
Ken	Woodman	40+	4.45
Don	Chambers	70+	3.67
Bill	Pearce	60+	3.46
Francis	Scurr	70+	3.40
Dennis	Baker	60+	1.44

400m			Distance
Nathan	Howse	U20	51.94
Brian	Allen	U18	53.34
Sam	Hodge	U16	54.69
Mathias	Eversheim	U16	55.38
Seb	Bone	U14	58.48
Ted	Elkington	U18	1.01.15
Kevin	Muller	40+	1.03.32
Lachy	Steaim	Open	1.09.57
Michael	Howse	50+	1.19.05
Lance	Garrett	40+	1.22.14
Francis	Scurr	70+	1.28.72
Dennis	Baker	60+	1.31.77