

WODONGA ATHLETICS CLUB - 09-10-2011

Women

1500m		
Rachel Little	40+	05.55.80
Siobhan Wilson	U16	06.49.40
Karen Hill	40+	06.52.41
Talia Paterson	Open	07.01.84
Christine Simmons	50+	07.04.60
Debbie Jones	40+	07.53.38
Fay Pearce	60+	08.10.09
Victoria Jones	Open	08.59.65
Tracey Howse	40+	11.23.14

Triple Jump		
Mary Toney	U20	9.46
Talia Paterson	Open	8.69
Lisa Knipping	Open	8.64
Abbie Little	U14	8.49
Rachel Little	40+	8.34
Siobhan Wilson	U16	7.42
Zoe Smith	U14	6.11
Debbie Jones	40+	5.71

100m		
Samanatha Little	U16	13.22
Mary Toney	U20	14.16
Rachel Little	40+	14.31
Emilya Toney	Open	14.46
Lisa Knipping	Open	15.23
Talia Paterson	Open	15.41
Abbie Little	U14	15.59
Karen Hill	40+	15.89
Siobhan Wilson	U16	16.31
Tracey Howse	40+	18.34

Discus		
Emilya Toney	Open	21.92
Rachel Little	40+	19.62
Talia Paterson	Open	18.07
Mary Toney	U20	17.67
Erin Lancaster	U18	17.64
Tracey Howse	40+	16.29
Abbie Little	U14	15.12
Samanatha Little	U16	14.20
Victoria Jones	Open	13.67
Debbie Jones	40+	13.48
Zoe Smith	U14	10.53
Ruth Smith	40+	7.04

Men

1500m		
James Ellis	U18	04.42.79
Brian Alan	U18	04.43.60
Jordan Smith	U18	05.40.37
Jeff Cave	40+	05.43.52
Will Ellis	40+	06.12.51
Brian Simmons	50+	06.20.94
Bill Pearce	60+	06.29.34
Dennis Baker	60+	08.06.95

Hurdles		
Don Chambers	60+	17.39

Triple Jump		
Chris Barton	Open	11.06
Nathan Howse	U18	10.68
Brian Alan	U18	9.50
Ted Elkington	U16	8.92
Jake Blaszczyk	U18	8.63
Luke Smith	U16	7.06
Don Chambers	60+	6.68

100m		
Nathan Howse	U18	11.45
Ben Cook	Open	11.95
Ben Hugall	U16	12.48
Chris Barton	Open	12.60
Brian Alan	U18	12.92
Michael Howse	U18	13.20
Ted Elkington	U16	13.50
Don Chambers	60+	17.04
Dennis Baker	60+	17.66

Discus		
Chris Barton	Open	31.68
Guy Telford	Open	24.68
Brian Simmons	50+	24.40
Ben Cook	Open	24.18
Michael Howse	50+	21.26
Ted Elkington	U16	21.21
Ben Boyd	Open	20.83
Brian Alan	U18	19.95
Dennis Baker	60+	19.36
Trent Turner	Open	17.75
Don Chambers	60+	16.20
Steven Boyd	40+	15.87
Jordan Smith	U18	13.36
Luke Smith	U16	11.88

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Shot Put		
Rachel Little	40+	7.51
Lisa Knipping	Open	7.23
Erin Lancaster	U18	7.23
Talia Paterson	Open	6.80
Emilya Toney	Open	6.70
Victoria Jones	Open	5.99
Tracey Howse	40+	5.86
Mary Toney	U20	5.68
Debbie Jones	40+	5.66
Zoe Smith	U14	5.20

3000m		
Rachel Little	40+	13.24.43
Christine Simmons	50+	14.44.42
Debbie Jones	40+	17.12.26
Fay Pearce	60+	17.25.08

Long Jump		
Emilya Toney	Open	4.09
Mary Toney	U20	4.02
Rachel Little	40+	3.98
Siobhan Wilson	U16	3.88
Lisa Knipping	Open	3.61
Abbie Little	U14	3.47
Zoe Smith	U14	2.78
Tracey Howse	40+	2.77
Victoria Jones	Open	2.65
Debbie Jones	40+	2.55
Ruth Smith	40+	2.33

400m		
Samanatha Little	U16	1.06.22
Rachel Little	40+	1.12.90
Siobhan Wilson	U16	1.18.80
Abbie Little	U14	1.30.71
Christine Simmons	50+	1.44.71
Fay Pearce	60+	1.48.17
Tracey Howse	40+	2.00.85

Shot Put		
Chris Barton	Open	11.50
Guy Telford	Open	10.95
Ben Cook	Open	10.81
Ben Boyd	Open	9.12
Brian Simmons	50+	8.70
Michael Howse	50+	8.20
Ben Hugall	U16	7.91
Brian Alan	U18	7.77
Don Chambers	60+	7.61
Trent Turner	Open	7.09
Dennis Baker	60+	6.56
Steven Boyd	40+	6.13
Luke Smith	U16	4.94

3000m		
James Ellis	U18	11.16.54
Jeff Cave	40+	12.04.11
Guy Telford	Open	13.02.02
Jordan Smith	U18	13.03.16
Brian Simmons	50+	13.33.69
Bill Pearce	60+	13.37.52
Trent Turner	Open	14.58.14
Robert Lindley	60+	20.27.88

Long Jump		
Ben Cook	Open	6.54
Chris Barton	Open	5.18
Brian Alan	U18	4.33
Ben Hugall	U16	4.29
Jordan Smith	U18	4.10
Ted Elkington	U16	4.07
Michael Howse	50+	3.61
Luke Smith	U16	2.96
Steven Boyd	40+	2.88
Don Chambers	60+	2.87
Dennis Baker	60+	1.85

400m		
Ben Cook	Open	54.02
Brian Alan	U18	57.80
Ben Hugall	U16	1.01.48
James Ellis	U18	1.04.22
Ted Elkington	U16	1.06.77
Jordan Smith	U18	1.08.69
Will Ellis	40+	1.10.24
Michael Howse	50+	1.11.75
Bill Pearce	60+	1.20.95
Brian Simmons	50+	1.22.71
Steven Boyd	40+	1.25.48
Francis Scurr	60+	1.27.31
Don Chambers	60+	1.37.86
Dennis Baker	60+	1.38.20