

WODONGA ATHLETICS CLUB 24-11-2012

Women

400m			Distance
Sam	Little	U18	1.12.79
Zoe	Smith	U14	1.18.65
Laura	Collins	U18	1.21.06
Abbie	Little	U16	1.27.73
Chris	Wilson	50+	1.33.59
Rachel	Little	40+	1.34.74
Donna	Burgess	50+	1.36.88
Ruth	Smith	40+	1.39.36
Fay	Pearce	60+	1.47.58
Tracey	Howse	40+	1.47.60

Discus			Distance
Donna	Burgess	50+	25.83
Rachel	Little	40+	21.86
Abbie	Little	U16	21.51
Laura	Collins	U18	19.89
Jodi	Elkington	U20	17.98
Janet	Crococ	50+	13.46
Tracey	Howse	40+	13.43
Debbie	Jones	40+	13.34
Zoe	Smith	U14	12.54
Fay	Pearce	60+	10.69
Nadia	Mellor	50+	9.51
Alana	Cartner	U20	5.89

Long Jump			Distance
laura	Collins	U18	4.30
Abbie	Little	U16	4.25
Alex	Ziersch	U16	4.14
Janet	Crococ	50+	3.79
Siobhan	Wilson	U18	3.58
Trini	Woodman	U18	3.43
Jodi	Elkington	U20	3.20
Chris	Wilson	50+	2.94
Ruth	Smith	40+	2.89
Alana	Cartner	U20	2.84
Tracey	Howse	40+	2.79
Zoe	Smith	U14	2.58
Fay	Pearce	60+	1.65

High Jump			Distance
Abbie	Little	U16	1.25
Janet	Crococ	50+	1.15
Debbie	Jones	40+	1.00

Men

400m			Distance
Ben	Boyd	Open	55.88
Ben	Hugall	U18	56.35
Ted	Elkington	U18	1.01.35
Lachy	Steaim	Open	1.03.58
Philipp	Eversheim	U16	1.06.40
Michael	Howse	50+	1.07.66
Greg	Simpson	50+	1.14.73
James	Boyd	Open	1.15.84
Steven	Boyd	40+	1.21.61
Des	Rees	60+	1.27.69
Dennis	Baker	60+	1.28.57
Frank	Scurr	70+	1.37.89

Discus			Distance
Sam	Hodge	U16	26.86
Bill	Pearce	60+	22.87
Mathias	Eversheim	U16	22.58
Dennis	Baker	60+	22.34
Ted	Elkington	U18	21.28
Greg	Simpson	50+	21.20
Gavin	Smith	40+	20.37
Ken	Woodman	40+	19.89
Dave	Tarrant	Open	19.13
Lachy	Steaim	Open	17.51
Joe	Petulla	U20	16.91
Steven	Boyd	40+	16.90
Ben	Hugall	U18	16.27

Long Jump			Distance
Ben	Hugall	U18	5.00
Ben	Boyd	Open	4.82
Dave	Tarrant	Open	4.76
Lachy	Steaim	Open	4.74
Ken	Woodman	40+	4.49
Greg	Simpson	50+	3.76
Gavin	Smith	40+	3.35
Frank	Scurr	70+	2.81

High Jump			Distance
Seb	Bone	U14	1.55
Gavin	Smith	40+	1.50
Ken	Woodman	40+	1.30
Greg	Simpson	50+	1.25

3000m			Distance
Rachel	Little	40+	13.02.32
Alana	Cartner	U20	13.14.70
Siobhan	Wilson	U18	13.46.60
Sam	Little	U18	14.17.76
Donna	Burgess	50+	14.18.44
Hannah	Jones	Open	16.27.77
Victoria	Jones	Open	17.02.05
Fay	Pearce	60+	17.27.71

100m			Distance
Laura	Collins	U18	14.71
Alex	Ziersh	U16	14.84
Zoe	Smith	U14	15.63
Rachel	Little	40+	15.88
Trini	Woodman	U18	16.02
Siobhan	Wilson	U18	16.21
Janet	Crococ	50+	16.35
Donna	Burgess	50+	17.88
Tracey	Howse	40+	18.68
Ruth	Smith	40+	19.28

1500m			Distance
Rachel	Little	40+	6.12.41
Donna	Burgess	50+	6.14.52
Siobhan	Wilson	U18	6.37.98
Alana	Cartner	U20	6.41.66
Laura	Collins	U18	6.42.07
Abbie	Little	U16	6.52.43
Chris	Wilson	50+	6.54.32
Jodi	Elkington	U20	7.38.74
Sam	Little	U16	7.41.87
Tracey	Howse	40+	10.25.34
Alana	Cartner	U20	6.41.66
Laura	Collins	U18	6.42.07
Abbie	Little	U16	6.52.43
Chris	Wilson	50+	6.54.32
Jodi	Elkington	U20	7.38.74
Sam	Little	U16	7.41.87
Tracey	Howse	40+	10.25.34

Shot Put			Distance
Sam	Hodge	U16	9.61
Ben	Boyd	Open	9.22
Don	Chambers	70+	9.16
Joe	Petulla	U20	8.59
Ted	Elkington	U18	8.55
Lachy	Steaim	Open	7.88
Ken	Little	50+	7.87
Ken	Woodman	40+	7.30
Dave	Tarrant	Open	7.17
Greg	Simpson	50+	6.95
Dennis	Baker	60+	6.68
Gavin	Smith	40+	6.55
Steven	Boyd	40+	6.17

3000m			Distance
Reed	Jackson	U16	11.20.00
Sam	Hodge	U16	11.47.07
Jordan	Smith	U18	12.05.93
Luke	Smith	U16	12.15.21
Mathias	Eversheim	U16	12.24.78
Trent	Turner	Open	12.32.89
Michael	Mellor	60+	13.04.18
Des	Rees	60+	14.03.11
Kevin	Jones	50+	15.49.44
Dennis	Baker	60+	18.45.94
Robert	Lindley	60+	19.40.18

100m			Distance
Ryan	Evan	U18	11.91
Tom	Botter	U16	12.32
Nick	English	U16	13.07
Dave	Tarrant	Open	13.25
Seb	Bone	U14	13.31
Ted	Elkington	U18	13.75
Michael	Howse	50+	14.13
Ken	Woodman	40+	14.48
Trent	Turner	Open	14.84
Greg	Simpson	50+	15.62
Steven	Boyd	40+	15.93
Don	Chambers	70+	15.95
Dennis	Baker	60+	18.90

Shot Put			Distance
Laura	Collins	U18	12.01
Donna	Burgess	50+	9.33
Abbie	Little	U16	8.55
Rachel	Little	40+	8.17
Jodi	Elkington	U20	7.21
Trini	Woodman	U18	6.92
Janet	Crococ	50+	6.80
Cheryl	Webster	40+	5.97
Debbie	Jones	40+	5.90
Tracey	Howse	40+	5.60
Alana	Cartner	U20	4.40

1500m			Distance
Dave	Tarrant	Open	5.14.14
Lachy	Steaim	Open	5.23.30
Seb	Bone	U14	5.25.84
Sam	Hodge	U16	5.32.36
Jordan	Smith	U18	5.32.96
Luke	Smith	U16	6.01.15
Bill	Pearce	60+	6.21.75
Des	Rees	50+	6.44.56
Greg	Simpson	50+	6.57.92
Ken	Little	50+	7.40.75
Don	Chambers	70+	10.25.75

4 x 400 Relay			Distance
Jordan	Smith	U18	4.58.84
Zoe	Smith	U14	4.58.84
Luke	Smith	U16	4.58.84
Gavin	Smith	40+	4.58.84

4 x 400 Relay			Distance
Laura	Collins	U18	5.05.08
Ted	Elkington	U18	5.05.08
Siobhan	Wilson	U18	5.05.08
Alex	Ziersh	U16	5.05.08

4 x 400 Relay			Distance
Dennis	Baker	60+	5.06.17
Alana	Cartner	U20	5.06.17
Michael	Howse	50+	5.06.17
Lachy	Steaim	Open	5.06.17

4 x 400 Relay			Distance
Chris	Wilson	50+	6.03.86
Donna	Burgess	50+	6.03.86
Janet	Crococ	50+	6.03.86
Nadia	Mellor	50+	6.03.86

4 x 400 Relay			Distance
Dave	Tarrant	Open	6.26.10