

## Wodonga Athletics Club Results - 29th January 2011

### WOMENS

100m			Time
Emilya	Toney	U20	14.22
Rachel	Little	40+	14.24
Mary	Toney	U18	14.39
Lisa	Knipping	Open	14.46
Ebony	Verbunt	U16	14.88
Abbie	Little	U14	14.91
Talia	Paterson	Open	14.96
Jacquie	Star	U18	15.57
Siobhan	Wilson	U14	15.83
Alana	Cartner	U18	16.15
Jaimi	Dove	U14	16.49
Tracey	Howse	40+	17.29
Fay	Pearce	50+	17.97
Debbie	Jones	40+	19.18

400m			Time
Karen	Hill	Open	1.14.94
Alana	Cartner	U18	1.15.51
Debbie	Jones	40+	2.17.48
Siobhan	Wilson	U14	1.20.58
Janet	Crococ	50+	1.24.65
Christine	Simmons	50+	1.36.91
Fay	Pearce	50+	1.39.71
Tracey	Howse	40+	1.55.82

1500m			Time
Donna	Burgess	40+	5.40.84
Karen	Hill	Open	6.31.21
Emilya	Toney	U20	6.56.08
Christine	Simmons	50+	6.58.22
Lisa	Knipping	Open	7.20.26
Fay	Pearce	50+	7.41.62
Victoria	Jones	Open	7.58.62
Debbie	Jones	40+	9.23.98

1500m Walk			Time
Rachel	Little	40+	8.52.17

3000m			Time
Siobhan	Wilson	U14	13.20.69
Christine	Simmons	50+	14.23.88
Alana	Cartner	U18	15.08.66
Debbie	Jones	40+	22.51.74

### MENS

100m			Time
Ben	Cook	U20	12.31
Zachary	Jones	Open	12.35
Ben	Hugall	U16	12.70
Chris	Barton	Open	12.87
Brian	Allen	U18	13.32
Michael	Howse	40+	13.38
Michael	Daly	U16	13.85
Trent	Turner	Open	14.04
Don	Chambers	50+	15.52
Dennis	Baker	50+	17.37
Ben	Boyd	U20	18.02

400m			Time
Zachary	Jones	Open	55.86
Jordan	Smith	U16	1.02.22
Michael	Howse	40+	1.06.90
Ben	Boyd	U20	1.14.46
Trent	Turner	Open	1.15.63
Steven	Boyd	40+	1.18.13
Des	Rees	50+	1.27.28
Dennis	Baker	50+	1.34.75

1500m			Time
Brian	Allen	U18	4.59.88
Ben	Boyd	Open	5.42.93
Jeff	Cave	40+	5.46.15
Zachary	Jones	Open	6.19.51
Greg	Simpson	50+	6.28.18
Des	Rees	50+	6.36.42
Kevin	Jones	40+	8.12.07

3000m			Time
Michael	Mellor	50+	11.51.86
Jeff	Cave	40+	11.56.91
Guy	Telford	Open	12.36.42
Charles	Aitken	50+	13.04.47
Des	Rees	50+	14.19.47
Trent	Turner	Open	14.55.40
Dennis	Baker	50+	18.56.52
Robert	Lindley	50+	19.59.00
Kevin	Jones	40+	22.11.31

Hurdles			Time
<b>80m Hurdles U14, 40+, 50+</b>			
Rikki	Sproule	U14	
Abbie	Little	U14	19.83
Rachel	Little	40+	16.43
<b>90m Hurdles U16</b>			
Sam	Little	U16	
<b>100m Hurdles U18, U20, Open</b>			
Jessica	Scott	Open	
Jacque	Star	U18	22.60

Javelin			Distance
Jacque	Star	U18	21.08
Donna	Burges	40+	20.95
Janet	Crococ	50+	19.97
Lisa	Knipping	Open	17.83
Talia	Paterson	Open	16.76
Mary	Toney	U18	16.25
Jaimi	Dove	U14	15.93
Sarah	Maclure	U20	15.35
Tracey	Howse	40+	15.31
Debbie	Jones	40+	14.37
Rachel	Little	40+	14.33
Victoria	Jones	Open	12.33
Abbie	Little	U14	10.34
Samantha	Little	U16	7.95

Shot put			Distance
Janet	Crococ	50+	7.95
Rachel	Little	40+	7.92
Lisa	Knipping	Open	7.79
Donna	Burgess	40+	7.65
Jaimi	Dove	U14	7.52
Abbie	Little	U14	7.00
Talia	Paterson	Open	6.22
Emilya	Toney	U20	5.97
Jacque	Star	U18	5.78
Tracey	Howse	40+	5.69
Mary	Toney	U18	5.67
Debbie	Jones	40+	5.45
Samantha	Little	U16	5.34
Siobhan	Wilson	U14	5.29
Victoria	Jones	Open	5.21

Hurdles			Time
<b>80m Hurdles 50+</b>			
Don	Chambers	50+	16.96
<b>100m Hurdles U16,</b>			
Brian	Allen	16	20.48
Ben	Hugal	16	18.93
<b>110m Hurdles U18, U20, Open, 40+</b>			
Ben	Cook	U20	19.02

Javelin			Distance
Chris	Barton	Open	48.12
Ben	Boyd	U20	38.95
Michael	Daly	U16	33.67
Steven	Boyd	40+	23.96
Greg	Simpson	50+	23.45
Kevin	Jones	40+	21.25
Trent	Turner	Open	20.84
Don	Chambers	50+	18.80
Dennis	Baker	50+	13.54

Shot put			Distance
Chris	Barton	Open	11.47
Guy	Telford	Open	10.82
Michael	Daly	U16	10.81
Ben	Cook	U20	10.74
Brian	Allen	U18	8.22
Trent	Turner	Open	7.92
Kevin	Jones	40+	7.33
Don	Chambers	50+	6.79
Michael	Howse	40+	6.42
Steven	Boyd	40+	6.11

Long Jump			Distance
Ben	Cook	U20	5.94
Chris	Barton	Open	4.65
Brian	Allen	U18	4.40
Jordan	Smith	U16	4.02
Michael	Howse	40+	3.84
Ben	Boyd	U20	3.57
Don	Chambers	50+	3.20
Steven	Boyd	40+	3.17

Long Jump			Distance
Mary	Toney	U18	4.29
Lisa	Knipping	Open	4.26
Talia	Paterson	Open	4.25
Karen	Hill	Open	4.19
Abbie	Little	U14	4.06
Ebony	Verbunt	U18	3.96
Rachel	Little	40+	3.86
Jacquie	Star	U18	3.52
Jaimi	Dove	U14	3.42
Emilya	Toney	U20	3.23
Fay	Pearce	50+	2.71
Tracey	Howse	40+	2.64

High Jump			Height
Jacquie	Star	U18	1.45
Jaimi	Dove	U14	1.20
Karen	Hill	Open	1.20
Lisa	Knipping	Open	1.20
Rachel	Little	40+	1.20
Samantha	Little	U16	1.20
Emilya	Toney	U20	1.20
Mary	Toney	U18	1.20
Janet	Crococ	50+	1.15
Donna	Burgess	40+	1.15

Discus			Distance
Donna	Burgess	40+	25.12
Emilya	Toney	U20	23.29
Jaimi	Dove	U14	19.37
Janet	Crococ	50+	18.02
Talia	Paterson	Open	17.88
Mary	Toney	U18	17.83
Jacquie	Star	U18	17.70
Samantha	Little	U16	16.75
Victoria	Jones	Open	15.98
Tracey	Howse	40+	15.77
Lisa	Knipping	Open	15.21
Debbie	Jones	40+	12.15
Alana	Cartner	U18	11.84
Fay	Pearce	50+	11.21

High Jump			Height
Michael	Daley	U16	1.60
Chris	Barton	Open	1.40
Michael	Howse	40+	1.20
Don	Chambers	50+	1.00

Discus			Distance
Chris	Barton	Open	32.71
Michael	Daly	U16	32.38
Ben	Cook	U20	29.47
Guy	Telford	Open	29.27
Brian	Allen	U18	22.79
Kevin	Jones	40+	19.87
Trent	Turner	Open	19.39
Don	Chambers	50+	19.13
Dennis	Baker	50+	18.49
Michael	Howse	40+	17.18
Bill	Pearce	50+	16.97
Steven	Boyd	40+	15.80