

Weekly Results 11 October 2009

Women			Men		
100 metres			100 metres		
Chloe Thomas	-16	14.28	Brendon Ashcroft	-20	11.49
Samantha Little	-14	14.33	Nick Raymond	-20	11.89
Sarah Maclure	-18	14.37	Ben Boyd	-20	12.02
Lisa Ryan	(Open)	14.62	Daniel Ryan	-18	12.04
Mary Toney	-18	15.1	Lee Forrest	-18	12.18
Jemma Power	-14	15.34	Callum Sutter	-18	12.53
Rachel Little	(35+)	15.62	Ben Cook	-20	12.77
Lisa Knipping	-20	15.83	Chris Barton	-20	12.84
Tahlia Paterson	-20	15.86	Matt Cullen	-18	13.09
Janet Crocos	(50+)	18.08	Luke Milgate	-16	13.2
Abbie Little	-14	18.28	Brian Allen	-16	13.25
Cynthia Power	(35+)	18.55	Michael Howse	(40+)	13.39
			Jordan Milgate	-16	13.48
200 metres					
Samantha Little	-14	29.75	Robert Wilson	-18	14.06
Chloe Thomas	-16	30.38	Alan Morris	(50+)	15.38
Lisa Ryan	(Open)	30.77	Garry Cook	(40+)	15.54
Jemma Power	-14	31.65	James Morley	-14	15.63
Rachel Little	(35+)	33	Steven Boyd	(40+)	18.42
Abbie Little	-14	38.61	Dennis Baker	(50+)	19.02
Cynthia Power	(35+)	39.65			
800 metres			200 metres		
Lisa Ryan	(Open)	2.40.01	Tim Gibney	-16	26.15
Samantha Little	-14	3.08.44	Matt Cullen	-18	26.33
Rachel Little	(35+)	3.11.17	Lee Forrest	-18	27.18
Rebecca Parry Bolton	-16	3.11.81	Brian Allen	-16	27.53
			Luke Milgate	-16	28

Abbie Little	-14	5.8	Brendon Ashcroft	-20	1.4
Jane Cook	-14	5.33	Chris Barton	-20	1.4
Javelin			Lee Forrest	-18	1.4
Nyree Terry	50+	17.45	Alan Morris	(50+)	1.25
Carina Heppell	(Open)	17.4	James Morley	-14	1.25
Tahlia Paterson	-20	15.7	Michael Howse	(40+)	1
Lisa Knipping	-20	15.35	Jacob Poulter	-18	1
Janet Crocos	(50+)	14	Triple Jump		
Amber Cook	(Open)	12.9	Nick Raymond	-20	11.61
Mary Toney	-18	12.7	Lee Forrest	-18	11.12
Samantha Little	-14	12.3	Daniel Ryan	-18	11.1
Lisa Ryan	(Open)	11.43	Brendon Ashcroft	-20	10.76
Jane Cook	-14	11.28	Callum Sutter	-18	10.47
Rosalie Wilson	(35+)	10.2	Luke Milgate	-16	10.07
Marlise Cook	(35+)	9.65	Jordan Milgate	-16	9.99
Rachel Little	(35+)	8.5	Brian Allen	-16	8.81
Abbie Little	-14	8.35	Javelin		
Fay Pearce	(50+)	5.65	Chris Barton	-20	41.66
Shot Put			Ben Cook	-20	40
Janet Crocos	(50+)	7.22	Nick Raymond	-20	38.5
Lisa Knipping	-20	6.4	Ben Boyd	-20	37.54
Nyree Terry	50+	6.4	Brendon Ashcroft	-20	36.94
Carina Heppell	(Open)	6.35	Jacob Poulter	-18	31.05
Tahlia Paterson	-20	6.18	Alan Morris	(50+)	30.31
Amber Cook	(Open)	6	Callum Sutter	-18	27.45
Marlise Cook	(35+)	5.74	James Morley	-14	24.6
Lisa Ryan	(Open)	5.73	Brian Allen	-16	24.55
Jane Cook	-14	4.82	Lee Forrest	-18	24.36
Mary Toney	-18	4.67	Garry Cook	(40+)	23.8
Hammer			Matt Cullen	-18	22.51

Nyree Terry	50+	25.94	Michael Howse	(40+)	19.25
Carina Heppell	(Open)	.95 (Record)	Bill Pearce	(50+)	18.84
Janet Crocos	(50+)	22.46	Daniel Ryan	-18	18.7
Lisa Knipping	-20	15.54	Jordan Milgate	-16	17.3
Marlise Cook	(35+)	13.58	Steven Boyd	(40+)	15.45
Rosalie Wilson	(35+)	12.42	Dennis Baker	(50+)	11.87

Lisa Ryan	(Open)	11.88
Amber Cook	(Open)	11.31

Shot Put

Chris Barton	-20	12.65
Ben Boyd	-20	9.76
Jacob Poulter	-18	9.53
Brendon Ashcroft	-20	9.35
Nick Raymond	-20	9.34
Lee Forrest	-18	9.28
Ben Cook	-20	8.8
Matt Cullen	-18	8.34
Garry Cook	(40+)	7.24
Brian Allen	-16	6.58
Jayden Dunn	-20	6.15
Michael Howse	(40+)	5.49
Steven Boyd	(40+)	5.29

Hammer

Chris Barton	-20	37.46
Ben Cook	-20	24.46
Nick Raymond	-20	21.36
Callum Sutter	-18	20.84
Jacob Poulter	-18	20.81
Daniel Ryan	-18	20.76
Ben Boyd	-20	18.55
Garry Cook	(40+)	17.6
Matt Cullen	-18	17.11
Dennis Baker	(50+)	15.06
Brian Allen	-16	9.92