

Weekly Results 14th November 2009

Don Sparks Steel Supplies Pentathlon Championships

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Athletics Victoria North East Series 2

OVERALL

WOMEN					MEN				
1st	Jemma	Power	U14	2904	1st	Zach	Jones	U20	3020
2nd	Gabby	Knight	U20	1932	2nd	James	Ellis	U16	3013
3rd	Emily	Toney	U20	1828	3rd	Brian	Allen	U16	2934
4th	Lisa	Ryan	OPEN	1788	4th	Nathan	Howse	U16	2928
5th	Lisa	Knipping	U20	1721	5th	Chris	Barton	U20	2805
6th	Michelle	Crococ	OPEN	1681	6th	Ben	Boyd	U20	2581
7th	Tahlia	Paterson	OPEN	1364	7th	Ben	Cook	U20	2488
8th	Janet	Crococ	W40 +	1326	8th	Daniel	Ryan	U18	2226
9th	Karen	Hill	OPEN	1015	9th	Luke	Milgate	U16	1869
10th	Victoria	Jones	OPEN	999	10th	Matthew	Cullen	U18	1818
11th	Cynthia	Power	W40 +	959	11th	Callum	Sutter	U18	1735
12th	Jodi	Elkington	U18	872	12th	Ted	Elkington	U14	1683
13th	Jane	Cook	U14	788	13th	Bill	Pearce	M50 +	1564
14th	Liz	Wood	W40 +	730	14th	James	Ryan	OPEN	1387
15th	Nadia	Mellor	W40 +	709	15th	Michael	Howse	M40 +	1233
16th	Fay	Pearce	W40 +	556	16th	Steve	Boyd	M40 +	639
17th	Marlise	Cook	W40 +	526	17th	Kevin	Jones	M40 +	537
18th	Debbie	Jones	W40 +	521	18th	Dennis	Baker	M50 +	481
19th	Annie	Ryan	U20	477					

MEN

U14			
1st	Ted	Elkington	1683
U16			
1st	James	Ellis	3013
2nd	Brian	Allen	2934
3rd	Nathan	Howse	2928
4th	Luke	Milgate	1869
U18			
1st	Daniel	Ryan	2226
2nd	Matthew	Cullen	1818
3rd	Callum	Sutter	1735
U20			
1st	Zach	Jones	3020
2nd	Chris	Barton	2805
3rd	Ben	Boyd	2581
4th	Ben	Cook	2488
OPEN			
1st	James	Ryan	1387
M40 +			
1st	Michael	Howse	1233
2nd	Steve	Boyd	639
3rd	Kevin	Jones	537
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WOMEN

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5th	Fay	Pearce	556
6th	Marlise	Cook	526
7th	Debbie	Jones	521

Women

100 metres

Terri Rees	(Open)	19.76
Tracey Howse	(35+)	21.43

200 metres

Emilya Toney	-20	28.97
Michelle Crocos	(Open)	29.96
Lisa Ryan	(Open)	29.99
Jemma Power	-14	30.17
Lisa Knipping	-20	30.89
Gabriel Knight	-20	30.97
Tahlia Paterson	(Open)	31.35
Victoria Jones	(Open)	31.93
Amber Cook	(Open)	33.17
Janet Crocos	(50+)	33.78
Karen Hill	(Open)	33.93
Cynthia Power	(35+)	37.83
Zoey Gow	-16	38
Jodi Elkington	-18	38.14
Annie Ryan	-20	41.01
Jane Cook	-14	41.58
Fay Pearce	(50+)	42.35
Nadia Mellor	(50+)	42.5
Deborah Jones	(35+)	42.52
Liz Wood	(50+)	43.86
Marlise Cook	(35+)	54.86

800 metres

Lisa Ryan	(Open)	2.32.77
Jemma Power	-14	2.58.27
Emilya Toney	-20	3.07.92
Gabriel Knight	-20	3.08.19

Men

100 metres

Lee Forrest	-18	12.43
Graeme Brown	(Open)	12.5
Kyle Gyoles	-14	16.46

200 metres

Brendon Ashcroft	-20	22.34
Zach Jones	-20	23.02
Ben Boyd	-20	23.34
Nathan Howse	-16	24.21
Ben Cook	-20	24.53
Mitchell Hibbens	(Open)	24.66
Matt Cullen	-18	24.68
Daniel Ryan	-18	25.06
Callum Sutter	-18	25.27
James Ellis	-16	25.42
Chris Barton	-20	25.5
Brian Allen	-16	26.44
Luke Milgate	-16	26.44
Lee Forrest	-18	26.53
Michael Howse	(40+)	26.66
Graeme Brown	Open	28.29
Jordan Milgate	-16	28.77
James Ryan	(Open)	29.17
Steven Boyd	(40+)	31.71
Jacob Poulter	-18	32.19
Ted Elkington	-14	32.32
Bill Pearce	(50+)	32.5
Tony Perrot	(50+)	34.2
Kyle Gyoles	-14	35.13
Dennis Baker	(50+)	38.89

Michelle Crocos	(Open)	3.08.86
Lisa Knipping	-20	3.09.53
Jodi Elkington	-18	3.13.22
Tahlia Paterson	(Open)	3.14.31
Karen Hill	(Open)	3.21.48
Nadia Mellor	(50+)	3.35.33
Cynthia Power	(35+)	3.36.36
Fay Pearce	(50+)	3.47.53
Victoria Jones	(Open)	3.53.82
Janet Crocos	(50+)	3.55.00
Liz Wood	(50+)	3.57.46
Jane Cook	-14	4.13.53
Deborah Jones	(35+)	4.33.11
Marlise Cook	(35+)	4.41.26
Annie Ryan	-20	5.42.72

3000 metres

Jean Hutchings	(35+)	18.39.71
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Long Jump

Jemma Power	-14	4.28
Emilya Toney	-20	4.1
Michelle Crocos	(Open)	4.09
Lisa Ryan	(Open)	3.87
Molly Giggins	-16	3.8
Karen Hill	(Open)	3.79
Lisa Knipping	-20	3.79
Tahlia Paterson	(Open)	3.78
Gabriel Knight	-20	3.74
Janet Crocos	(50+)	3.52
Victoria Jones	(Open)	3.49
Amber Cook	(Open)	3.4
Jodi Elkington	-18	2.98

Kevin Jones	(40+)	49.16
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1500 metres

Adam Byles	(Open)	3.56.00
Ben Toomey	(Open)	3.59.60
James Alexander	-20	4.01.19
Riza Gultekin	(Open)	4.05.87
James Ellis	-16	4.29.44
Brian Allen	-16	4.32.17
Zach Jones	-20	4.47.23
Mitchell Hibbens	(Open)	5.03.43
Chris Barton	-20	5.20.09
Graeme Brown	(Open)	5.23.64
Ben Boyd	-20	5.24.88
Nathan Howse	-16	5.38.14
Matt Cullen	-18	5.38.85
Daniel Ryan	-18	5.39.52
Callum Sutter	-18	5.41.18
James Ryan	(Open)	5.41.56
Ben Cook	-20	5.42.94
Luke Milgate	-16	5.58.66
Bill Pearce	(50+)	6.06.20
Brendon Ashcroft	-20	6.14.91
Ted Elkington	-14	6.40.85
Steven Boyd	(40+)	7.27.98
Michael Howse	(40+)	8.24.31
Dennis Baker	(50+)	8.44.99
Kevin Jones	(40+)	9.38.13

3000 metres

Paul Gibney	(40+)	11.35.28
Mike Mellor	(50+)	11.59.07

Jane Cook	-14	2.94
Cynthia Power	(35+)	2.93
Fay Pearce	(50+)	2.83
Deborah Jones	(35+)	2.76
Tracey Howse	(35+)	2.74
Terry Rees	(Open)	2.73
Liz Wood		2.67
Annie Ryan	20	2.6
Marlise Cook	(35+)	2.56
Nadia Mellor	(50+)	2.46

Discus

Gabriel Knight	-20	25.07
Emilya Toney	-20	20.87
Lisa Knipping	-20	19.3
Zoey Gow	16	18.89
Jemma Power	-14	18.44
Victoria Jones	(Open)	17.9
Tahlia Paterson	(Open)	17.84
Janet Crocos	(50+)	17.17
Annie Ryan	20	16.33
Amber Cook	(Open)	16.24
Karen Hill	(Open)	16.15
Marlise Cook	(35+)	16.06
Michelle Crocos	(Open)	16.05
Liz Wood		16.04
Lisa Ryan	(Open)	15.75
Jodi Elkington	-18	15.46
Tracey Howse	(35+)	14.63
Jane Cook	-14	13.88
Deborah Jones	(35+)	12.7

Long Jump

Brendon Ashcroft	-20	6.17
Nathan Howse	-16	5.9
Zach Jones	-20	5.8
Ben Cook	-20	5.6
Nick Raymond	-20	5.6
Chris Barton	-20	5.56
Daniel Ryan	-18	5.56
Lee Forrest	-16	5.46
Callum Sutter	-18	5.31
Ben Boyd	-20	5.29
Jordan Milgate	-16	5.11
Matt Cullen	-18	5.1
James Ellis	-16	4.95
Brian Allen	-16	4.89
James Ryan	(Open)	4.38
Luke Milgate	-16	4.26
Kyle Gyoles	-14	3.98
Jacob Poulter	-18	3.84
Bill Pearce	(50+)	3.82
Robert Wilson	-18	3.73
Michael Howse	(40+)	3.61
Ted Elkington	-14	3.58
Steven Boyd	(40+)	3.21
Tony Perrot	(50+)	3.2
Kevin Jones	(40+)	2.69
Dennis Baker	(50+)	1.65

Discus

Chris Barton	-20	32.63
Lee Forrest	-18	29.48
Nathan Howse	-16	28.52

Rosalie Wilson	(35+)	12.16	Brendon Ashcroft	-20	26.73
Cynthia Power	(35+)	12.03	Ben Cook	-20	25.83
Nadia Mellor	(50+)	10.63	Zach Jones	-20	25.48
Fay Pearce	(50+)	10.37	Brian Allen	-16	25.11
Terri Rees	(Open)	4.96	James Ellis	-16	25.03

Javelin

Zoey Gow	16	29.86	Graeme Brown	(Open)	24.53
Gabriel Knight	-20	24.9	Ben Boyd	-20	24.23
Michelle Crocos	(Open)	22.49	Daniel Ryan	-18	21.55
Lisa Knipping	-20	19.68	Matt Cullen	-18	21.23
Tahlia Paterson	(Open)	17.19	James Ryan	(Open)	20.42
Janet Crocos	(50+)	16.09	Ted Elkington	-14	18.41
Jemma Power	-14	15.5	Kevin Jones	(40+)	18.29
Liz Wood		15.45	Michael Howse	(40+)	17.86
Nadia Mellor	(50+)	14.64	Dennis Baker	(50+)	17.64
Victoria Jones	(Open)	14.2	Bill Pearce	(50+)	16.93
Cynthia Power	(35+)	14.08	David Rees	(Open)	16.65
Lisa Ryan	(Open)	13.83	Jordan Milgate	-16	16.35
Emilya Toney	-20	12.75	Luke Milgate	-16	14.24

Javelin

Amber Cook	(Open)	12.29	Chris Barton	-20	48.34
Annie Ryan	20	11.7	Zach Jones	-20	42.65
Marlise Cook	(35+)	11.49	Ben Cook	-20	38.97
Deborah Jones	(35+)	11.3	Ben Boyd	-20	38.66
Tracey Howse	(35+)	10.78	Nick Raymond	-20	37.98
Karen Hill	(Open)	10.69	Brendon Ashcroft	-20	36.52
Jodi Elkington	-18	10.08	Daniel Ryan	-18	30.38
Molly Giggins	-16	9.57	Lee Forrest	-18	28.55
Fay Pearce	(50+)	8.41	Brian Allen	-16	26.58
			Jacob Poulter	-18	25.67
			Callum Sutter	-18	25.28

James Ryan	(Open)	23.44
James Ellis	-16	23.03
Kevin Jones	(40+)	21.05
Michael Howse	(40+)	20.59
Jordan Milgate	-16	19.93
Nathan Howse	-16	19.78
Steven Boyd	(40+)	18.98
Bill Pearce	(50+)	16.01
Dennis Baker	(50+)	14.23
Luke Milgate	-16	13.38
Ted Elkington	-14	12.99