

Weekly Results 15th February 2009

Women		Men	
100 metres		100 metres	
Emilya Toney (18)	14.29	Zach Jones (20)	11.80
Sarah Maclure (18)	14.43	Ben Boyd (18)	11.85
Lisa Ryan (open)	14.80	Nick Raymond (18)	12.03
Mary Toney (16)	14.91	Ben Cook (18)	12.36
Molly Giggins (16)	15.10	Daniel Ryan (16)	12.59
Fiona Saxton (14)	15.96	Callum Sutter (16)	13.02
Jodi Elkington (16)	16.50	Matt Cullen (16)	13.05
Debbie Jones (35+)	18.74	Michael Howse (40+)	13.30
Marlise Cook (35+)	19.88	Don Chambers (50+)	14.69
200 metres		200 metres	
Emilya Toney (18)	30.50	Garry Cook (40+)	15.09
Lisa Ryan (open)	30.51	Clancy Lloyd (14)	15.75
Molly Giggins (16)	33.35	200 metres	
Jodi Elkington (16)	36.33	Zach Jones (20)	25.12
Fay Pearce (50+)	43.84	Nick Raymond (18)	25.55
800 metres		800 metres	
Lisa Ryan (open)	2.30.30	Alen Pearce (open)	2.13.68
Molly Giggins (16)	2.52.79	Ben Boyd (18)	2.17.51
Rebecca Parry-Bolton (16)	3.09.86	Ian Smith (40+)	2.29.40
Fay Pearce (50+)	3.52.53	Callum Cutter (16)	2.36.59
5000 metres		5000 metres	
Fay Pearce (50+)	27.54.29	Mike Mellor (50+)	3.04.69
Karen Hill (open)	31.38.66	Des Rees (50+)	3.08.84
Triple Jump		5000 metres	
Sarah Maclure (18)	9.12	Dennis Baker (50+)	4.27.02
molly Giggins (16)	8.39	5000 metres	
Jacquie Star (16)	8.22	Alan Pearce (open)	17.19.00
Lisa Ryan (open)	7.91	Mike Mellor (50+)	20.31.10
Carina Heppell (open)	6.95	Bill Peace (50+)	22.42.38
Fiona Saxton (14)	6.67	Des Rees (50+)	23.19.43
Jodi Elkington (16)	5.65	Peter Rogerson (50+)	27.15.16
Marlise Cook (35+)	5.56	Robert Lindley (50+)	30.34.14
Jane Cook (14)	5.49	Dennis Baker (50+)	35.41.17
Debbie Jones (35+)	5.37	1500m Walk	
High Jump		Doug Lloyd (50+)	11.35.04
Sarah Maclure (14)	1.40	Michael Howse (40+)	12.58.10
Emliya Toney (18)	1.35	Nathan Howse (16)	12.59.57
Molly Giggins (16)	1.30	Tripple Jump	
Lisa Ryan (open)	1.25	Nick Raymond (18)	11.74
Marlise Cook (35+)	1.15	Ian Smith (40+)	11.37
Jane Cook (14)	1.05	Matt Cullen (16)	10.52
Shot Put		Callum Sutter (16)	10.23
Nyree Terry (50+)	7.32	Don Chambers (50+)	7.92
Marlise Cook (35+)	7.14	High Jump	
Janet Crocos (50+)	7.11	Ben Cook (18)	1.80
		Daniel Ryan (16)	1.70

Jodi Elkington (16)	6.71	Matt Cullen (16)	1.55
Carina Heppell (open)	6.47	Nick Raymond (18)	1.50
Emilya Toney (18)	6.40	Callum Sutter (16)	1.45
Debbie Jones (35+)	5.70	Zach Jones (20)	1.40
Fiona Saxton (14)	4.94	Garry Cook (40+)	1.40
Jane Cook (14)	4.76	Don Chambers (50+)	1.05
		Kevin Jones (40+)	1.00

Javelin

Carina Heppell (open)	19.30
Emilya Toney (18)	18.41
Janet Crocos (50+)	17.55
Nyree Terry (50+)	16.82
Jacquie Star (16)	14.70
Debbie Jones (35+)	14.09
Molly Giggins (16)	12.74
Mary Toney (16)	12.72
Sarah Maclure (18)	12.70
Marlise Cook (35+)	11.99
Fiona Saxton (14)	11.42
Jane Cook (14)	10.71
Fay Pearce (50+)	8.50

Hammer

Nyree Terry (50+)	32.69
Janet Crocos (50+)	22.87
Carina Heppell (open)	21.41
Emilya Toney (18)	18.93
Debbie Jones (35+)	16.24
Marlise Cook (35+)	15.91
Mary Toney (16)	15.01

Shot Put

Ben Boyd (18)	10.86
Nick Raymond (18)	10.80
Zach Jones (20)	9.14
Matt Cullen (16)	8.60
Garry Cook (40+)	8.40
Don Chambers (50+)	7.92
Greg Simpson (50+)	7.18
Kevin Jones (40+)	7.03

Javelin

Ben Cook (18)	41.00
Daniel Ryan (16)	34.62
Zach Jones (20)	33.80
Nick Raymond (18)	33.10
Ian Smith (40+)	30.73
Garry Cook (40+)	30.48
Ben Boyd (18)	27.72
Matt Cullen (16)	22.29
Kevin Jones (40+)	21.20
Greg Simpson (50+)	19.11
Don Chambers (50+)	18.76
Dennis Baker (50+)	12.66

Hammer

Daniel Ryan (16)	26.07
Greg Simpson (50+)	22.79
Matt Cullen (16)	21.05
Ben Cook (18)	20.65
Garry Cook (40+)	19.18
Kevin Jones (40+)	18.35
Don Chambers (50+)	16.42
Dennis Baker (50+)	15.79