

Weekly Results 18th December 2008

Women			Men		
100 metres			100 metres		
Sarah Maclure	(18)	13.72	Brendon Ashcroft	(20)	10.69
Emilya Toney	(18)	13.95	Ben Boyd	(18)	11.27
Lisa Ryan	(Open)	14.18	Zach Jones	(20)	11.40
Michelle Crocos	(Open)	14.52	Nathan Howse	(16)	11.80
Mary Toney	(16)	14.54	Nick Raymond	(18)	11.97
Ebony Verbunt	(16)	14.62	Ben Cook	(18)	12.04
Charlotte Wallace	(14)	14.74	Chris Barton	(20)	12.13
Lisa Knipping	(18)	15.27	Simon Crocos	(20)	12.36
Janet Crocos	(50+)	16.10	Callum Sutter	(16)	12.47
Jodi Elkington	(16)	16.16	Matt Cullen	(16)	12.93
Deborah Jones	(35+)	19.32	Ian Smith	(40+)	13.10
Jane Cook	(14)	20.32	Brian Allen	(16)	13.71
200 metres			200 metres		
Sarah Maclure	(18)	30.33	Don Chambers	(50+)	14.28
Michelle Crocos	(Open)	30.41	Peter Allen	(50+)	16.83
Mary Toney	(16)	31.38	200 metres		
Jodi Elkington	(16)	34.85	Brendon Ashcroft	(20)	22.24
Janet Crocos	(50+)	48.66	Zach Jones	(20)	23.78
800 metres			800 metres		
Lisa Ryan	(Open)	2.32.71	Ben Boyd	(18)	23.91
Mary Toney	(16)	3.03.87	Nathan Howse	(16)	25.92
Ebony Verbunt	(16)	3.06.15	Ben Cook	(18)	26.11
Emilya Toney	(18)	3.10.83	Callum Sutter	(16)	26.56
Lisa Knipping	(18)	3.14.78	Chris Barton	(20)	26.79
Charlotte Wallace	(14)	3.31.48	Simon Crocos	(20)	26.94
Nadia Mellor	(50+)	3.34.71	Matt Cullen	(16)	26.99
Annette Zukowski	(35+)	4.02.61	Brian Allen	(16)	28.90
Long Jump			800 metres		
Ebony Verbunt	(16)	4.06	Kevin Muller	(Open)	29.00
Michelle Crocos	(Open)	3.91	Don Chambers	(50+)	31.65
Sarah Maclure	(18)	3.91	Peter Allen	(50+)	44.04
Mary Toney	(16)	3.71	800 metres		
Lisa Knipping	(18)	3.11	Brian Allen	(16)	2.20.58
Jodi Elkington	(16)	3.02	James Ellis	(14)	2.22.13
Jane Cook	(14)	2.51	Brendan Norden	(50+)	2.26.46
Deborah Jones	(35+)	2.44	Kevin Muller	(Open)	2.30.13
Nadia Mellor	(50+)	2.39	Ben Cook	(18)	2.31.42
Annette Zukowski	(35+)	2.36	Hugh Fairman	(50+)	2.52.59
Triple Jump			5000 metres		
Sarah Maclure	(18)	9.20	Peter Allen	(50+)	3.25.23
Mary Toney	(16)	8.57	Alan Pearce	(Open)	17.27.86
Michelle Crocos	(Open)	8.46	Brendan Norden	(50+)	19.05.98
Lisa Ryan	(Open)	8.08	Brett Thomson	(40+)	19.41.48
Lisa Knipping	(18)	7.74	Mike Mellor	(50+)	20.01.04
			Hugh Fairman	(50+)	21.27.94
			Doug Lloyd	(50+)	26.47.78
			Peter Allen	(50+)	30.07.67

Janet Crocos	(50+)	6.29	Robert Lindley	(50+)	32.08.64
Deborah Jones	(35+)	5.37	Kevin Jones	(40+)	36.35.74
Jane Cook	(14)	5.10	Long Jump		
Nadia Mellor	(50+)	4.81	Nick Raymond	(18)	5.86
Javelin			Zach Jones	(20)	5.58
Michelle Crocos	(Open)	21.42	Nathan Howse	(16)	5.19
Emilyya Toney	(18)	18.37	Ben Boyd	(18)	5.18
Janet Crocos	(50+)	17.16	Ian Smith	(40+)	4.87
Mary Toney	(16)	14.06	Matt Cullen	(16)	4.75
Deborah Jones	(35+)	13.68	Brian Allen	(16)	4.54
Jane Cook	(14)	11.45	Callum Sutter	(16)	3.77
Jodi Elkington	(16)	10.55	Kevin Muller	(Open)	3.76
Nadia Mellor	(50+)	10.34	Chris Barton	(20)	3.70
Charlotte Wallace	(14)	10.15	Don Chambers	(50+)	3.69
Ebony Verbunt	(16)	8.21	Kevin Jones	(40+)	2.90
Discus			Triple Jump		
Janet Crocos	(50+)	19.63	Nick Raymond	(18)	11.86
Mary Toney	(16)	18.67	Zach Jones	(20)	11.69
Emilyya Toney	(18)	14.29	Brendon Ashcroft	(20)	11.50
Deborah Jones	(35+)	13.86	Ben Boyd	(18)	10.55
Jodi Elkington	(16)	10.79	Nathan Howse	(16)	10.54
Charlotte Wallace	(14)	10.47	Chris Barton	(20)	10.44
Jane Cook	(14)	10.41	Matt Cullen	(16)	10.08
			Callum Sutter	(16)	10.00
			Brian Allen	(16)	9.23
			Kevin Muller	(Open)	8.36
			Don Chambers	(50+)	8.15
			Garry Cook	(40+)	6.37
			Kevin Jones	(40+)	6.05
			Javelin		
			Chris Barton	(20)	51.21
			Zach Jones	(20)	40.35
			Ben Cook	(18)	40.29
			Ben Boyd	(18)	38.90
			Nick Raymond	(18)	33.89
			Garry Cook	(40+)	29.30
			Ian Smith	(40+)	25.76
			Kevin Jones	(40+)	21.56
			Greg Simpson	(50+)	20.29
			Don Chambers	(50+)	19.94
			Matt Cullen	(16)	19.86
			Simon Crocos	(20)	17.64
			Kevin Muller	(Open)	16.38
			Callum Sutter	(16)	16.16
			Brian Allen	(16)	15.82
			Dennis Baker	(50+)	15.30

Discus

Chris Barton	(20)	32.15
Ben Cook	(18)	30.09
Zach Jones	(20)	29.78
Ben Boyd	(18)	28.12
Brendon Ashcroft	(20)	27.67
Callum Sutter	(16)	24.60
Simon Crocos	(20)	22.83
Greg Simpson	(50+)	21.50
Matt Cullen	(16)	20.38
Garry Cook	(40+)	18.42
Dennis Baker	(50+)	18.41
Brian Allen	(16)	17.51
Kevin Jones	(40+)	15.80