

# Weekly Results 1st February 2009

Women			Men		
<b>100 metres</b>			<b>100 metres</b>		
Sarah Maclure	(18)	14.29	Ben Boyd	(18)	12.11
Jodi Elkington	(16)	16.45	Zach Jones	(20)	12.12
Carina Heppell	(Open)	17.83	Ben Cook	(18)	12.13
Fay Pearce	(50+)	19.12	Nick Raymond	(18)	12.19
Deborah Jones	(35+)	19.77	Chris Barton	(20)	12.63
<b>200 metres</b>			<b>200 metres</b>		
Lisa Ryan	(Open)	29.63	Daniel Ryan	(16)	12.75
Emilya Toney	(18)	30.11	Callum Sutter	(16)	13.10
Sarah Maclure	(18)	30.42	Matt Cullen	(16)	13.42
Jemma Power	(14)	32.64	Michael Howse	(40+)	13.60
Jodi Elkington	(16)	35.43	Brian Allen	(16)	14.38
Fay Pearce	(50+)	38.73	Patrick Allen	(14)	14.75
Nadia Mellor	(50+)	42.32	Don Chambers	(50+)	15.09
<b>800 metres</b>			<b>200 metres</b>		
Lisa Ryan	(Open)	2.26.50	Zach Jones	(20)	25.05
Emilya Toney	(18)	3.02.34	Ben Cook	(18)	25.81
Nadia Mellor	(50+)	3.28.44	Daniel Ryan	(16)	25.96
Fay Pearce	(50+)	3.43.44	Callum Sutter	(16)	27.38
<b>3000 metres</b>			<b>800 metres</b>		
Lisa Ryan	(Open)	12.24.09	Matt Cullen	(16)	27.47
<b>Long Jump</b>			<b>800 metres</b>		
Nadia Mellor	(50+)	2.33	Kevin Muller	(Open)	28.49
Fay Pearce	(50+)	2.48	Brian Allen	(16)	28.66
Deborah Jones	(35+)	2.53	Michael Howse	(40+)	28.89
Carina Heppell	(Open)	2.86	Patrick Allen	(14)	30.44
Lisa Ryan	(Open)	3.70	Don Chambers	(50+)	32.32
Jemma Power	(14)	3.84	<b>1500m Walk</b>		
Emilya Toney	(18)	4.08	Brian Allen	(16)	2.20.31
Sarah Maclure	(18)	4.33	Kevin Muller	(Open)	2.23.11
<b>Triple Jump</b>			<b>3000 metres</b>		
Jodi Elkington	(16)	5.28	Patrick Allen	(14)	2.30.80
Deborah Jones	(35+)	5.41	Matt Cullen	(16)	2.43.05
Nadia Mellor	(50+)	5.44	Mike Mellor	(50+)	2.52.04
Carina Heppell	(Open)	6.72	Des Rees	(50+)	3.08.10
Sarah Maclure	(18)	9.37	Don Chambers	(50+)	4.18.97
Emilya Toney	(18)	9.38	Kevin Jones	(40+)	4.35.68
<b>Javelin</b>			<b>1500m Walk</b>		
Victoria Jones	(20)	7.35	Doug Lloyd	(50+)	11.57.06
Mary Toney	(16)	10.44	<b>3000 metres</b>		
Marlise Cook	(35+)	10.47	Mike Mellor	(50+)	12.13.40
Lisa Ryan	(Open)	12.17	Bill Pearce	(50+)	13.37.77
Janet Crocos	(50+)	12.65	Des Rees	(50+)	14.11.59
Jodi Elkington	(16)	13.59	Peter Rogerson	(50+)	15.29.79
Deborah Jones	(35+)	13.65	Peter Allen	(50+)	18.36.08
			Robert Lindley	(50+)	18.40.40
			Kevin Jones	(40+)	25.32.59

Nadia Mellor	(50+)	14.00
Carina Heppell	(Open)	20.15
<b>Discus</b>		
Fay Pearce	(50+)	8.77
Deborah Jones	(35+)	12.38
Jemma Power	(14)	14.25
Jodi Elkington	(16)	15.57
Lisa Ryan	(Open)	15.67
Janet Crocos	(50+)	16.00
Emilya Toney	(18)	19.01
Carina Heppell	(Open)	19.19

### Long Jump

Kevin Jones	(40+)	2.00
Don Chambers	(50+)	3.43
Matt Cullen	(16)	3.50
Patrick Allen	(14)	3.83
Ben Boyd	(18)	4.04
Kevin Muller	(Open)	4.18
Brian Allen	(16)	4.25
Zach Jones	(20)	4.71
Callum Sutter	(16)	4.72
Chris Barton	(20)	5.14
Daniel Ryan	(16)	5.55
Ben Cook	(18)	5.58

### Triple Jump

Ben Boyd	(18)	4.34
Don Chambers	(50+)	7.94
Kevin Muller	(Open)	8.29
Brian Allen	(16)	9.46
Matt Cullen	(16)	10.16
Callum Sutter	(16)	10.56
Daniel Ryan	(16)	11.32
Chris Barton	(20)	11.43
Nick Raymond	(18)	11.61
Ben Cook	(18)	12.04

### Javelin

Patrick Allen	(14)	8.25
Peter Allen	(50+)	10.17
Brian Allen	(16)	12.67
Kevin Muller	(Open)	17.78
Don Chambers	(50+)	18.50
Greg Simpson	(50+)	19.63
Daniel Ryan	(16)	19.64
Kevin Jones	(40+)	19.66
Garry Cook	(40+)	31.64
Nick Raymond	(18)	34.55
Ben Boyd	(18)	35.08
Zach Jones	(20)	36.26
Ben Cook	(18)	40.74
Chris Barton	(20)	46.35

### Discus

Kevin Jones	(40+)	15.76
Brian Allen	(16)	16.83
Garry Cook	(40+)	19.81
Greg Simpson	(50+)	21.00
Nick Raymond	(18)	22.35
Patrick Allen	(14)	22.77
Callum Sutter	(16)	23.20
Brian Simmons	(50+)	24.68
Zach Jones	(20)	25.45

Ben Cook	(18)	25.91
Matt Cullen	(16)	26.66
Ben Boyd	(18)	27.62
Daniel Ryan	(16)	30.83
Chris Barton	(20)	31.05