

Weekly Results 22nd February 2009

Women			Men		
100 metres			100 metres		
Sarah Maclure	(18)	13.76	Ben Boyd	(18)	12.17
Mary Toney	(16)	15.06	Nick Raymond	(18)	12.51
Jemma Power	(14)	15.15	Daniel Ryan	(16)	12.57
Emilya Toney	(18)	15.67	Ben Cook	(18)	12.79
Lisa Knipping	(18)	15.82	Matt Cullen	(16)	12.97
Amber Cook	(20)	16.00	Callum Sutter	(16)	12.99
Jodi Elkington	(16)	17.44	Michael Howse	(40+)	13.18
Fay Pearce	(50+)	18.45	Brian Allen	(16)	13.60
Deborah Jones	(35+)	18.60	Dennis Baker	(50+)	19.28
Marlise Cook	(35+)	22.9			
	400M		400M		
Mary Toney	(16)	1.15.44	Ben Cook	(18)	57.05
Lisa Knipping	(18)	1.17.21	Nick Raymond	(18)	59.05
Jodi Elkington	(16)	1.25.93	Brian Allen	(16)	1.00.03
Fay Pearce	(50+)	1.30.60	Daniel Ryan	(16)	1.01.18
Nadia Mellor	(50+)	1.31.62	Matt Cullen	(16)	1.04.16
Jane Cook	(14)	1.57.17	Callum Sutter	(16)	1.04.33
Marlise Cook	(35+)	2.08.21	Troy Megson	(40+)	1.09.78
	1500M		Des Rees	(50+)	1.19.83
Lisa Ryan	(Open)	5.19.41	Ben Megson	(14)	1.23.84
Rebecca Parry Bolton	(16)	7.17.92			
Karen Hill	(Open)	8.20.16	1500M		
	3000M		Simon O'Reagan	(Open)	4.19.26
Lisa Ryan	(Open)	11.33.49	Brian Allen	(16)	4.52.56
Cerina Meredith	(50+)	13.53.24	Kevin Muller	(Open)	5.07.29
Emilya Toney	(18)	14.21.41	Troy Megson	(40+)	5.19.69
Rebecca Parry Bolton	(16)	14.41.94	Mike Mellor	(50+)	5.45.91
Nadia Mellor	(50+)	14.50.20	Callum Sutter	(16)	5.52.08
Fay Pearce	(50+)	16.17.78	Bill Pearce	(50+)	6.16.56
Mary Toney	(16)	16.33.94	Ben Cook	(18)	6.45.26
Karen Hill	(Open)	17.21.70	Peter Rogerson	(50+)	7.32.90
	Long Jump		3000M		
Sarah Maclure	(18)	4.10	Alan Pearce	(Open)	10.14.31
Jemma Power	(14)	3.91	Kevin Muller	(Open)	10.56.53
Jacqui Star	(16)	3.78	Troy Megson	(40+)	11.23.54
Mary Toney	(16)	3.67	Mike Mellor	(50+)	11.48.13
Lisa Knipping	(18)	3.55	Jeff Cave	(40+)	12.19.95
Gabriel Knight	(18)	3.29	Tony Perrot	(50+)	12.33.03
Carina Heppell	(Open)	3.02	Bill Pearce	(50+)	13.09.83
Lisa Ryan	(Open)	3.02	Des Rees	(50+)	13.22.06
Rebecca Parry Bolton	(16)	2.85	Peter Rogerson	(50+)	14.48.72
Fiona Saxton	(14)	2.79	Ben Megson	(14)	15.29.39
Marlise Cook	(35+)	2.62	Robert Lindley	(50+)	17.55.95
Janet Crocos	(50+)	2.61	Dennis Baker	(50+)	19.38.76
			Long Jump		
			Nick Raymond	(18)	5.52

Deborah Jones	(35+)	2.59	Daniel Ryan	(16)	5.52
Fay Pearce	(50+)	2.45	Ben Cook	(18)	5.44
Jane Cook	(14)	2.39	Brian Allen	(16)	4.62
Nadia Mellor	(50+)	2.31	Callum Sutter	(16)	4.6
High Jump			Garry Cook	(40+)	3.93
Jacqui Star	(16)	1.50	Joseph Larkin		2.36
Sarah Maclure	(18)	1.45	High Jump		
Jemma Power	(14)	1.40	Ben Cook	(18)	1.75
Lisa Knipping	(18)	1.30	Daniel Ryan	(16)	1.70
Gabriel Knight	(18)	1.25	Callum Sutter	(16)	1.55
Carina Heppell	(Open)	1.20	Matt Cullen	(16)	1.5
Marlise Cook	(35+)	1.10	Nick Raymond	(18)	1.45
Janet Crocos	(50+)	1.00	Brian Allen	(16)	1.40
Discus			Ben Boyd	(18)	1.4
Gabriel Knight	(18)	21.50	Garry Cook	(40+)	1.4
Emilya Toney	(18)	21.15	Robert Saxton		1.25
Nyree Terry	(50+)	18.66	Joseph Larkin		1.10
Carina Heppell	(Open)	18.01	Discus		
Janet Crocos	(50+)	17.11	Daniel Ryan	(16)	36.57
Mary Toney	(16)	16.40	Ben Boyd	(18)	32.49
Lisa Ryan	(Open)	16.10	Nick Raymond	(18)	28.94
Amber Cook	(20)	15.93	Callum Sutter	(16)	24.44
Marlise Cook	(35+)	15.26	Robert Saxton		22.52
Jodi Elkington	(16)	14.87	Greg Simpson	(50+)	22.5
Fiona Saxton	(14)	13.89	Matt Cullen	(16)	21.7
Deborah Jones	(35+)	13.67	Garry Cook	(40+)	21.44
Jemma Power	(14)	13.33	Kevin Jones	(40+)	18.43
Rosalie Wilson	(35+)	12.65	Brian Allen	(18)	18.03
Jane Cook	(14)	12.17	Dennis Baker	(50+)	17.32
Anjil Henry	(14)	9.81	Kevin Muller	(Open)	15.46
Shot Put			Ben Cook	(18)	7.03
Gabriel Knight	(18)	8.70	Shot Put		
Nyree Terry	(50+)	7.15	Chris Barton	(20)	12.12
Janet Crocos	(50+)	7.12	Ben Boyd	(18)	10.79
Carina Heppell	(Open)	6.84	Nick Raymond	(18)	10.43
Jodi Elkington	(16)	6.75	Ben Cook	(18)	10.29
Emilya Toney	(18)	6.66	Zach Jones	(20)	8.54
Lisa Ryan	(Open)	6.49	Garry Cook	(40+)	8.36
Marlise Cook	(35+)	6.40	Greg Simpson	(50+)	7.29
Fiona Saxton	(14)	6.17	Kevin Jones	(40+)	6.58
Deborah Jones	(35+)	6.03	Brian Allen	(16)	6.47
Anjil Henry	(14)	5.93	Kevin Muller	(Open)	6.17
Jemma Power	(14)	5.71	Dennis Baker	(50+)	5.96
Mary Toney	(16)	5.56			
Rosalie Wilson	(35+)	4.80			
Jane Cook	(14)	4.36			

4 x 200m Relay

1st (16) 1.47.02

Daniel Ryan
Matt Cullen
Callum Sutter
Nathan Howse

2nd Open 2.07.70

Emilyya Toney
Sarah Maclure
Lisa Ryan
Fiona Saxton

3rd (16) 2.20.63

Jodi Elkington
Jemma Power
Mary Toney
Jacquie Star

4th (50+) 2.32.32

Dennis Baker
Bill Pearce
Michael Mellor
Peter Rogerson

5th Open 2.41.86

Fay Pearce
Nadia Mellor
Brian Allen
Peter Allen

6th Open 2.47.37

Lisa Knipping
Amber Cook
Marlise Cook
Jane Cook