

Weekly Results 24th October 2009

Women			Men		
100 metres			100 metres		
Sarah Maclure	-18	13.94	Zach Jones	-20	11.34
Lisa Ryan	(Open)	13.99	Ben Boyd	-20	11.46
Victoria Jones	(Open)	15.87	Nathan Howse	-16	11.6
Janet Crocos	(50+)	16.48	Ben Cook	-20	11.75
Rebecca Eberle	(Open)	17.22	Callum Sutter	-18	11.92
Deborah Jones	(35+)	18.94	Chris Barton	-20	11.97
Marlise Cook	(35+)	19.79	Daniel Ryan	-18	12.08
400 metres			Matt Cullen	-18	12.28
Lisa Ryan	(Open)	1.07.06	Luke Milgate	-16	12.32
Lisa Knipping	-20	1.13.33	Michael Howse	(40+)	12.61
Mellissa Mulraney	20	1.22.34	Brian Allen	-16	13
Janet Crocos	(50+)	1.25.81	Robert Wilson	-18	13.42
Karen Hill	(Open)	1.26.78	James Ryan	(Open)	13.61
Victoria Jones	(Open)	1.40.99	Steven Boyd	(40+)	13.98
Deborah Jones	(35+)	2.17.59	Don Chambers	(50+)	14.39
1500 metres			Garry Cook	(40+)	15.03
Deborah Jones	(35+)	10.28.07	Ted Elkington	-14	15.43
Rebecca Eberle	(Open)	5.39.14	Greg Newbold	(40+)	17.01
Sonya Fitzsimmons	(Open)	6.34.55	400 metres		
Jodi Elkington	-18	6.48.46	Zach Jones	-20	53.83
Nadia Mellor	(50+)	7.25.37	Mitchell Hibbens	(Open)	54.89
Karen Hill	(Open)	7.33.85	Ben Boyd	-20	57.96
Gabriel Knight	-20	7.40.78	Brian Allen	-16	58.16
Fay Pearce	(50+)	7.53.41	Nathan Howse	-16	58.58

Ann Visser	(35+)	8.35.55	Daniel Ryan	-18	1.00.94
Cindy Elkington	(35+)	8.51.18	Cameron Newbold	-18	1.01.46
Victoria Jones	(Open)	9.01.39	Matt Cullen	-18	1.02.08
3000 metres			James Ryan	(Open)	1.10.29
Lisa Ryan	(Open)	11.57.84	Kevin Muller	(Open)	1.10.35
Rebecca Eberle	(Open)	12.14.22	Michael Howse	(40+)	1.12.63
Sonya Fitzsimmons	(Open)	13.53.73	Greg Newbold	(40+)	1.13.84
Melissa Mulranry	20	14.27.48	Ted Elkington	-14	1.16.89
Karen Hill	(Open)	15.50.89	1500 metres		
Shelley Bowey	35+	15.54.21	Riza Guttekin	(Open)	4.16.49
Fay Pearce	(50+)	16.53.55	Damian Clark	(Open)	4.42.57
High Jump			Brian Allen	-16	4.48.74
Lisa Knipping	-20	1.35	Kevin Muller	(Open)	5.27.83
Sarah Maclure	-18	1.3	James Ryan	(Open)	5.35.56
Emilya Toney	-20	1.3	Jeff Cave	(40+)	5.47.42
Melanie John	(Open)	1.25	Greg Newbold	(40+)	6.04.37
Gabriel Knight	-20	1.15	Ted Elkington	-14	6.41.44
Lisa Ryan	(Open)	1.15	Greg Simpson	(50+)	6.50.09
Jane Cook	-14	1.1	Trent Turner	(Open)	6.51.16
Janet Crocos	(50+)	1.1	David Rees	(Open)	8.06.67
Long Jump			Kevin Jones	(40+)	9.32.56
Lisa Knipping	-20	3.7	3000 metres		
Karen Hill	(Open)	3.68	Jeff Cave	(40+)	11.40.42
Janet Crocos	(50+)	3.34	Kevin Muller	(Open)	11.48.83
Melissa Mulraney		3.28	Mike Mellor	(50+)	11.50.16
Lisa Ryan	(Open)	3.1	Greg Newbold	(40+)	13.09.59
Victoria Jones	(Open)	2.69	Peter Rogerson	(50+)	14.54.73
Jane Cook	-14	2.68	Robert Lindley	(50+)	18.31.59
Terry Rees	(35+)	2.51	Kevin Jones	(40+)	23.07.29

Tracey Howse	(35+)	2.35	80 metre Hurdles		
Fay Pearce	(50+)	2.27	Don Chambers	(50+)	14.58
Deborah Jones	(35+)	2.21	100 metre Hurdles		
Ann Visser	(35+)	2.02	Justin King	-16	16.97
Nadia Mellor	(50+)	1.92	Brian Allen	-16	20.18
Shot Put			High Jump		
Gabriel Knight	-20	8.68	Ben Cook	-20	1.7
Janet Crocos	(50+)	7.79	Daniel Ryan	-18	1.6
Nyree Terry	(50+)	6.91	Nathan Howse	-16	1.55
Jodi Elkington	-18	6.75	Justin King	-16	1.55
Shelley Bowey	(35+)	6.43	Callum Sutter	-18	1.55
Jane Cook	-14	6.24	Matt Cullen	-18	1.5
Terry Rees	(35+)	6.24	Luke Milgate	-16	1.45
Deborah Jones	(35+)	6.11	James Ryan	(Open)	1.45
Marlise Cook	(35+)	5.72	Brian Allen	-16	1.4
Emilya Toney	-20	5.65	Chris Barton	-20	1.4
Tracey Howse	(35+)	5.15	James Morley	-14	1.4
Ann Visser	(35+)	4.62	Garry Cook	(40+)	1.35
Discus			Alan Morris	(50+)	1.2
Gabriel Knight	-20	27.03	Robert Wilson	-18	1.2
Emilya Toney	-20	19.87	Long Jump		
Janet Crocos	(50+)	18.39	Chris Barton	-20	5.57
Nyree Terry	50+	17.88	Callum Sutter	-18	5.49
Melanie John	Open	16.43	Nathan Howse	-16	5.47
Jodi Elkington	-18	16.24	Zach Jones	-20	5.27
Lisa Ryan	(Open)	15.49	Daniel Ryan	-18	4.99
Terry Rees	(35+)	15.06	Matt Cullen	-18	4.91
Marlise Cook	(35+)	14.3	Luke Milgate	-16	4.71

Lisa Knipping	-20	14.1	Brian Allen	-16	4.54
Jane Cook	-14	12.1	Kevin Muller	(Open)	3.88
Victoria Jones	(Open)	12.1	Don Chambers	(50+)	3.8
Deborah Jones	(35+)	11.48	Ted Elkington	-14	3.54
Tracey Howse	(35+)	10.02	Michael Howse	(40+)	3.35
	Javelin		Steven Boyd	(40+)	2.83
Gabriel Knight	-20	26.88	Kevin Jones	(40+)	1.03
Nyree Terry	50+	19.03		Shot Put	
Lisa Knipping	-20	17.45	Chris Barton	-20	12.17
Janet Crocos	(50+)	15.72	Zach Jones	-20	10.39
Emilya Toney	-20	15.16	Ben Boyd	-20	10.24
Terry Rees	(35+)	14.17	Ben Cook	-20	9.9
Lisa Ryan	(Open)	13.68	Andrew Bowey	(40+)	9.81
Deborah Jones	(35+)	13.45	Baylee Rees	-14	8.88
Nadia Mellor	(50+)	12.63	Don Chambers	(50+)	8.28
Marlise Cook	(35+)	11.85	James Ryan	(Open)	8.19
Jane Cook	-14	11.25	Brian Allen	-16	8.11
Victoria Jones	(Open)	11.15	Ted Elkington	-14	8.11
Jodi Elkington	-18	10.95	Garry Cook	(40+)	8.09
Tracey Howse	(35+)	10.88	Justin King	-16	7.65
Rosalie Wilson	(35+)	10.38	Trent Turner	(Open)	7.33
			Kevin Jones	(40+)	7.22
			Greg Simpson	(50+)	7.06
			David Rees	(Open)	6.7
			Michael Howse	(40+)	6.49
			Steven Boyd	(40+)	5.92
				Discus	
			Chris Barton	-20	34.38
			Zach Jones	-20	31.14
			Ben Boyd	-20	29.37
			Andrew Bowey	(40+)	28.54

Ben Cook	-20	27.95
Greg Simpson	(50+)	23.53
Brian Allen	-16	22.41
Garry Cook	(40+)	21.29
James Ryan	(Open)	19.75
Justin King	-16	18.37
David Rees	(Open)	17.73
Ted Elkington	-14	17.68
Don Chambers	(50+)	16.71
Trent Turner	(Open)	16.7
Michael Howse	(40+)	14.82

Javelin

Chris Barton	-20	50.1
Ben Boyd	-20	41.26
Zach Jones	-20	40.77
Ben Cook	-20	34.7
Andrew Bowey	(40+)	33.55
Garry Cook	(40+)	28.68
Brian Allen	-16	23.04
Nathan Howse	-16	22.09
Don Chambers	(50+)	21.26
Bill Pearce	(50+)	20.52
Kevin Jones	(40+)	18.93
Greg Simpson	(50+)	15.93
Ted Elkington	-14	14.94