

Weekly Results 26th October 2008

Women			Men		
100 metres			100 metres		
Emilya Toney	(18)	14.12	Royston Bassman	(18)	12.29
Sarah Maclure	(18)	14.76	Ben Cook	(18)	12.32
Janet Crocos	(50+)	16.04	Ben Boyd	(18)	12.75
Jodi Elkington	(16)	16.73	Daniel Ryan	(16)	12.95
Jane Cook	(14)	21.29	Matt Cullen	(16)	13.37
Marlise Cook	(35+)	21.29	Brock Knights	(16)	13.38
400 metres			400 metres		
Emilya Toney	(18)	1.19.06	Michael Howse	(40+)	13.76
Jodi Elkington	(16)	1.21.35	James Ryan	(Open)	13.86
Kerry Lykles	(Open)	1.23.53	Don Chambers	(50+)	14.43
Fay Pearce	(50+)	1.40.56	Kevin Muller	(Open)	14.68
1500 metres			400 metres		
Jane Cook	(14)	10.01.94	Ben Boyd	(18)	55.8
Marlise Cook	(35+)	10.52.32	Alan Pearce	(Open)	57.54
Sonya Fitzsimmons	(Open)	6.25.40	Daniel Ryan	(16)	1.00.32
Rebecca Parry Bolton	(16)	6.37.84	Kevin Muller	(Open)	1.02.38
Emilya Toney	(18)	7.18.42	James Ryan	(Open)	1.06.50
Nadia Mellor	(50+)	7.45.40	Matt Cullen	(16)	1.07.70
3000 metres			400 metres		
Lisa Ryan	(Open)	12.24.54	Don Chambers	(50+)	1.18.95
Sonya Fitzsimmons	(Open)	13.39.83	Alan Morris	(50+)	1.22.34
Emilya Toney	(18)	14.27.30	Dennis Baker	(50+)	1.31.68
Nadia Mellor	(50+)	14.53.91	1500 metres		
Jacki Rogerson	(20)	15.31.50	Alan Pearce	(Open)	4.56.80
Shelley Bowey	(Open)	15.56.58	James Ellis	(14)	5.02.45
Fay Pearce	(50+)	17.06.94	Kevin Muller	(Open)	5.20.68
Carina Heppell	(Open)	21.54.20	Harrison Hem	(14)	5.31.50
High Jump			3000 metres		
Sarah Maclure	(18)	1.50	James Ryan	(Open)	5.33.43
Kerry Lykles	(Open)	1.20	Mike Mellor	(50+)	5.35.99
Janet Crocos	(50+)	1.15	Bill Pearce	(50+)	6.12.11
Marlise Cook	(35+)	1.00	Matt Cullen	(16)	7.11.97
Long Jump			3000 metres		
Sarah Maclure	(18)	4.37	Alan Pearce	(Open)	10.43.63
Kerry Lykles	(Open)	3.41	James Ellis	(14)	11.21.03
Jodi Elkington	(16)	3.09	Kevin Muller	(Open)	11.32.70
Fay Pearce	(50+)	2.52	Mike Mellor	(50+)	11.35.65
Nadia Mellor	(50+)	2.37	Bill Pearce	(50+)	13.02.73
Jane Cook	(14)	2.22	Matt Cullen	(16)	14.29.28
Marlise Cook	(35+)	2.22	Peter Rogerson	(50+)	14.47.23
			Doug Lloyd	(50+)	14.57.02
			Garry Cook	(40+)	16.59.61
			Dennis Baker	(50+)	19.31.99

Discus

Emilya Toney	(18)	20.07
Marlise Cook	(35+)	18.14
Carina Heppell	(Open)	18.12
Janet Crocos	(50+)	17.59
Shelley Bowey	(Open)	15.33
Kerry Lykles	(Open)	14.00
Jane Cook	(14)	9.10

Shot Put

Janet Crocos	(50+)	7.43
Marlise Cook	(35+)	6.62
Jodi Elkington	(16)	6.22
Carina Heppell	(Open)	5.89
Jane Cook	(14)	5.01
Kerry Lykles	(Open)	4.86

High Jump

Zach Jones	(20)	1.70
Ben Cook	(18)	1.65
Brock Knights	(16)	1.55
James Ryan	(Open)	1.55
Daniel Ryan	(16)	1.50
Callum Sutter	(16)	1.45
Harrison Hem	(14)	1.40
Garry Cook	(40+)	1.30
Alan Morris	(50+)	1.30

Long Jump

Zach Jones	(20)	6.02
Brock Knights	(16)	5.13
Daniel Ryan	(16)	5.09
Matt Cullen	(16)	4.76
James Ryan	(Open)	4.63
Alan Morris	(50+)	4.01
Don Chambers	(50+)	3.79

Discus

Daniel Ryan	(16)	32.28
Zach Jones	(20)	29.26
Ben Cook	(18)	27.80
Ben Boyd	(18)	27.59
Andrew Bowey	(Open)	26.69
Callum Sutter	(16)	24.08
Royston Bassman	(18)	21.22
James Ryan	(Open)	20.67
Matt Cullen	(16)	20.64
Garry Cook	(40+)	20.63
Alan Pearce	(Open)	19.40
Don Chambers	(50+)	17.94
Alan Morris	(50+)	17.82
Dennis Baker	(50+)	17.71
Kevin Muller	(Open)	15.77

Shot Put

Ben Cook	(18)	10.93
Zach Jones	(20)	10.59
Ben Boyd	(18)	10.52
Daniel Ryan	(16)	8.80
Don Chambers	(50+)	8.30
James Ryan	(Open)	8.20
Garry Cook	(40+)	7.93
Alan Morris	(50+)	7.27
Dennis Baker	(50+)	6.73

4 x Medley Relay

<i>1st</i>	(20) Record	1.41.31
	Zach	Jones
	Royston	Bassman
	Ben	Cook
	Ben	Boyd
<i>2nd</i>	(Open)	2.06.45
	Alan	Pearce
	Harrison	Hem
	James	Ellis
	Matt	Cullen
<i>3rd</i>	(50+) Record	2.24.10
	Bill	Pearce
	Dennis	Baker
	Mike	Mellor
	Don	Chambers
<i>4th</i>	(18)	2.28.65
	Sarah	Maclure
	Jodi	Elkington
	Jane	Cook
	Emilyya	Toney
<i>5th</i>	(Open)	2.31.25
	Shelley	Bowey
	Sonja	Fitzsimmons
	Jacki	Rogerson
	Rebecca	Parry Bolton
<i>6th</i>	(35+)	3.11.41
	Nadia	Mellor
	Fay	Pearce
	Janet	Crococ
	Marlise	Cook