

Weekly Results 8th November 2009

Women			Men		
100 metres			100 metres		
Chloe Thomas	-16	13.72	Brendon Ashcroft	-20	11.29
Tahlia Paterson	(Open)	15	Zach Jones	-20	11.65
Victoria Jones	(Open)	15.39	Nick Raymond	-20	11.82
Courtney Turner	-16	16.14	Daniel Ryan	-18	11.89
Janet Crocos	(50+)	16.92	Callum Sutter	-18	12.09
Carina Heppell	(Open)	17.58	Luke Milgate	-16	12.5
Cynthia Power	(35+)	18.02	Matt Cullen	-18	12.7
Deborah Jones	(35+)	18.81	Jordan Milgate	-16	13
Marlise Cook	(35+)	19.44	James Ryan	(Open)	13.89
Jane Cook	-14	20.31	Don Chambers	(50+)	14.68
Annie Ryan	-20	20.62	Alan Morris	(50+)	14.85
Rosemary Turner	(35+)	25.59	James Morley	-14	15.06
400 metres			Ted Elkington	-14	15.68
Emilya Toney	-20	1.17.22	Greg Newbold	(40+)	15.82
Gabriel Knight	-20	1.19.20	Jay Turner	-14	18.08
Melissa Mulraney	-20	1.22.35	Dennis Baker	(50+)	18.31
Jodi Elkington	-18	1.22.87	Tyler	-14	18.74
Courtney Turner	-16	1.23.66	400 metres		
Karen Hill	(Open)	1.25.56	Zach Jones	-20	53.56
Victoria Jones	(Open)	1.27.42	Mitchell Hibbens	(Open)	54.67
Janet Crocos	(50+)	1.32.49	Ben Boyd	-20	54.8
Cynthia Power	(35+)	1.33.04	Ben Cook	-20	55.87
Joanne McConnell	(35+)	1.38.51	James Ellis	-16	57.58
Jane Cook	-14	1.45.86	Trent Turner	(Open)	1.11.83
Fay Pearce	(50+)	1.50.15	Ted Elkington	-14	1.18.56
Annie Ryan	-20	1.55.62	Don Chambers	(50+)	1.18.86
Deborah Jones	(35+)	1.57.52	Garry Cook	(40+)	1.22.15
Carina Heppell	(Open)	1.57.59	Jay Turner	-14	1.25.20

1500 metres			Dennis Baker	(50+)	1.34.48
Sonya Fitzsimmons	(Open)	6.21.55	Kevin Jones	(40+)	2.10.71
Jodi Elkington	-18	6.57.56	1500 metres		
Jacki Rogerson	(Open)	7.02.57	James Ellis	-16	4.39.81
Fay Pearce	(50+)	7.49.02	Zach Jones	-20	5.06.79
Jean Hutchings	(35+)	8.14.04	Ben Boyd	-20	5.22.07
Cindy Elkington	(35+)	8.15.98	Ben Cook	-20	5.29.97
Courtney Turner	-16	8.37.65	James Ryan	(Open)	5.33.75
Victoria Jones	(Open)	8.47.55	Jeff Cave	(40+)	5.42.97
Annie Ryan	-20	9.41.33	Ashley Ellis	-20	5.49.05
Deborah Jones	(35+)	9.48.34	Greg Newbold	(40+)	5.53.61
3000 metres			Luke Milgate	-16	6.04.43
Sonya Fitzsimmons	(Open)	13.45.07	Bill Pearce	(50+)	6.10.27
Melissa Mulraney	-20	14.23.77	Trent Turner	(Open)	6.13.50
Karen Hill	(Open)	15.11.46	Ted Elkington	-14	6.48.29
Jacki Rogerson	(Open)	15.36.72	Jay Turner	-14	7.09.21
Fay Pearce	(50+)	16.44.69	Peter Rogerson	(50+)	7.09.50
Cindy Elkington	(35+)	17.37.75	Steven Boyd	(40+)	7.17.87
Janet Crocos	(50+)	18.45.84	David Elkington	(50+)	8.16.25
High Jump			Dennis Baker	(50+)	8.35.83
Tahlia Paterson	(Open)	1.3	Kevin Jones	(40+)	9.17.61
Jane Cook	-14	1.15	3000 metres		
Gabriel Knight	-20	1.15	James Ellis	-16	10.36.53
Marlise Cook	(35+)	1.05	Jeff Cave	(40+)	11.48.87
Long Jump			Nick Raymond	-20	12.28.63
Chloe Thomas	-16	4.19	Greg Newbold	(40+)	12.58.92
Karen Hill	(Open)	3.78	Ashley Ellis	-20	13.26.58
Tahlia Paterson	(Open)	3.58	Bill Pearce	(50+)	13.36.86

Melissa Mulraney	-20	3.39	Peter Rogerson	(50+)	15.00.91
Janet Crocos	(50+)	3.3	David Elkington	(50+)	16.45.22
Jacki Rogerson	(Open)	2.81	Robert Lindley	(50+)	17.37.33
Carina Heppell	(Open)	2.77	Kevin Jones	(40+)	23.22.69

Joanne McConnell	(35+)	2.75	100 Metres Hurdles		
Victoria Jones	(Open)	2.71	Daniel Ryan	-18	16.89
Jane Cook	-14	2.51	Jordan Milgate	-16	17.3
Cynthia Power	(35+)	2.49	Callum Sutter	-18	18.68
Deborah Jones	(35+)	2.45	Luke Milgate	-16	19.02
Fay Pearce	(50+)	2.37	Don Chambers	(50+)	20.68

Shot Put

Gabriel Knight	-20	8.57
Janet Crocos	(50+)	7.09
Jodi Elkington	-18	7.02
Marlise Cook	(35+)	6.7
Carina Heppell	(Open)	6.59
Joanne McConnell	(35+)	6.35
Deborah Jones	(35+)	5.99
Rosemary Turner	(35+)	5.51
Annie Ryan	-20	5.09
Cynthia Power	(35+)	4.97
Victoria Jones	(Open)	4.75

High Jump

Daniel Ryan	-18	1.7
Matt Cullen	-18	1.6
Jordan Milgate	-16	1.55
Callum Sutter	-18	1.5
James Ellis	-16	1.5
Zach Jones	-20	1.45
James Ryan	(Open)	1.45
Luke Milgate	-16	1.4
Jason Morris	(Open)	1.4
Garry Cook	(40+)	1.35
James Morley	-14	1.35
Alan Morris	(50+)	1.3
Don Chambers	(50+)	1.1

Discus

Gabriel Knight	-20	27.42
Nyree Terry	(50+)	18.09
Victoria Jones	(Open)	17.6
Jodi Elkington	-18	16.94

Long Jump

Brendon Ashcroft	-20	6.16
Callum Sutter	-18	5.25

Carina Heppell	(Open)	16.84	Daniel Ryan	-18	5.19
Marlise Cook	(35+)	16.28	Jordan Milgate	-16	5.04
Tahlia Paterson	(Open)	15.23	Luke Milgate	-16	4.56
Rosemary Turner	(35+)	13.58	Alan Morris	(50+)	4.03
Annie Ryan	-20	12.96	Don Chambers	(50+)	3.85
Deborah Jones	(35+)	12.53	Garry Cook	(40+)	3.75
Jane Cook	-14	12.43	Ted Elkington	-14	3.44
Cynthia Power	(35+)	10.42			
	Javelin			Shot Put	
Nyree Terry	(50+)	18.11	Nick Raymond	-20	10.45
Carina Heppell	(Open)	17.15	Zach Jones	-20	10.16
Janet Crocos	(50+)	15.39	Brendon Ashcroft	-20	9.9
Tahlia Paterson	(Open)	15.26	Don Chambers	(50+)	9.11
Emilya Toney	-20	14.95	Ted Elkington	-14	8.36
Deborah Jones	(35+)	13.33	Luke Milgate	-16	8.18
Cynthia Power	(35+)	12	James Ryan	(Open)	8.03
Marlise Cook	(35+)	11.91	Daniel Ryan	-18	7.99
Victoria Jones	(Open)	11.62	Trent Turner	(Open)	7.02
Jodi Elkington	-18	11.35	Kevin Jones	(40+)	6.12
Jane Cook	-14	9.96	Dennis Baker	(50+)	5.7
Annie Ryan	-20	8.75		Discus	
			Zach Jones	-20	30.02
			Nick Raymond	-20	26.11
			Daniel Ryan	-18	25.95
			Brendon Ashcroft	-20	25.25
			James Ryan	(Open)	23.26
			Callum Sutter	-18	22.64
			Trent Turner	(Open)	20.44
			Don Chambers	(50+)	19.14
			Dennis Baker	(50+)	18.7
			Ted Elkington	-14	17.02
			Luke Milgate	-16	14.35
				Javelin	
			Ben Cook	-20	41.17
			Ben Boyd	-20	40.79
			Zach Jones	-20	40.12

Nick Raymond	-20	37.96
Daniel Ryan	-18	31.17
Alan Morris	(50+)	29.75
Garry Cook	(40+)	27.68
James Morley	-14	27.07
Callum Sutter	-18	26.44
Jason Morris		23.92
Lee Forrest	-16	23.56
Don Chambers	(50+)	20.78
Kevin Jones	(40+)	20.09
Steven Boyd	(40+)	16.67
Ted Elkington	-14	15.1