

WODONGA ATHLETICS CLUB 10-12-2011

Women

800m		Distance
Donna Burgess	40+	2.39.05
Siobhan Wilson	U16	2.55.91
Rikki Sproule	U14	3.08.74
Jaimi Dove	U16	3.10.21
Talia Patterson	Open	3.18.72
Zoe Smith	U14	3.40.75
Victoria Jones	Open	3.52.70
Ruth Smith	40+	4.41.53

Long Jump		Distance
Talia Patterson	Open	4.40
Karen Hill	Open	4.15
Siobhan Wilson	U16	4.11
Mary Toney	U20	3.80
Jaimi Dove	U16	3.57
Rikki Sproule	U14	3.47
Ruth Smith	40+	2.55
Debbie Jones	40+	2.48
Zoe Smith	U14	2.46
Nadia Mellor	50+	2.15
Janet Crocos	50+	2.09

Javelin		Distance
Jaimi Dove	U16	16.25
Mary Toney	U20	15.29
Debbie Jones	40+	14.31
Janet Crocos	50+	13.05
Karen Hill	Open	12.53
Talia Paterson	Open	12.45
Zoe Smith	U14	11.61
Rikki Sproule	U14	11.08
Nadia Mellor	50+	10.39
Victoria Jones	Open	10.26
Ruth Smith	40+	5.34

Men

800m		Distance
Brian Allen	U18	2.16.80
Jordan Smith	U18	2.30.40
Trent Turner	Open	2.58.11
Ben Hugall	U16	3.06.54
Bill Pearce	60+	3.07.17
Michael Howse	50+	3.09.45
Luke Smith	U16	3.10.41
Frank Scurr	60+	3.54.93
Dennis Baker	60+	3.58.83

Long Jump		Distance
Ben Cook	Open	6.08
Zac Jones	Open	4.96
Ben Boyd	Open	4.86
Brian Allen	U18	4.85
Jordan Smith	U18	4.14
Ben Hugall	U16	4.10
Nick Houston	U14	4.05
Luke Smith	U16	3.97
Ollie Greenhill	U14	3.83
Michael Howse	50+	3.80
Don Chambers	60+	3.25
Bill Pearce	60+	2.88
Kevin Jones	40+	1.55

Javelin		Distance
Ben Boyd	Open	44.17
Ben Cook	Open	43.42
Nathan Howse	U18	36.52
Zac Jones	Open	31.50
Brian Allen	U18	28.87
Preston Hill	Open	26.37
Franck Longo	Open	20.29
Trent Turner	Open	19.60
Michael Howse	50+	18.84
Don Chambers	60+	16.41
Luke Smith	U16	16.10

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200m		Distance
Mary Toney	U20	30.11
Talia Paterson	Open	30.63
Sobhan Wilson	U16	32.90
Ruth Smith	40+	44.00

5000m		Distance
Karen Hill	Open	25.42.94
Debbie Jones	40+	29.17.92

Triple Jump		Distance
Talia Paterson	Open	9.79
Karen Hill	Open	8.67
Siobhan Wilson	U16	7.68
Debbie Jones	40+	6.25
Zoe Smith	U14	6.22
Nadia Mellor	50+	4.88
Ruth Smith	40+	4.73

Hammer		Distance
Jaimi Dove	U16	22.94
Janet Crocos	50+	20.21
Debbie Jones	40+	17.70
Donna Burgess	40+	17.08
Mary Toney	U20	13.83
Victoria Jones	Open	11.05
Nadia Mellor	50+	8.32

100m		Distance
Mary Toney	U20	14.55
Talia Paterson	Open	14.62
Rikki Sproule	U14	15.40
Zoe Smith	U14	16.16
Siobhan Wilson	U16	16.18
Jaimi Dove	U16	16.39
Debbie Jones	40+	17.80
Ruth Smith	40+	20.81

Dennis Baker	60+	14.46
Kevin Jones	40+	14.39
Ben Hugall	U16	12.91

200m		Distance
Nathan Howse	U18	23.49
Ryan Lieschke	U18	25.35
Brian Allen	U18	25.94
Ben Hugall	U16	27.30
Michael Howse	50+	27.84
Zac Jones	Open	28.81
Trent Turner	Open	29.83
Nick Houston	U14	30.26
Ollie Greenhill	U14	31.19
Preston Hill	Open	31.49
Bill Pearce	60+	34.22
Don Chambers	60+	34.84
Frank Scurr	60+	36.94
Dennis Baker	60+	38.63

5000m		Distance
Mike Mellor	60+	20.38.49
Tim Hinds	Open	21.19.52
Jordan Smith	U18	22.19.39
Bill Peace	60+	23.41.56
Luke Smith	U16	29.05.85
Franck Longo	Open	29.09.43
Robert Lindley	60+	36.06.01

Triple Jump		Distance
Brian Allen	U18	9.95
Ben Hugall	U16	9.59
Nick Houston	U14	8.63
Ollie Greenhill	U14	8.48
Don Chambers	60+	7.32
Dennis Baker	60+	4.48

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Hammer		Distance
Zac Jones	Open	23.64
Guy Telford	Open	20.71
Don Chambers	60+	20.14
Brian Allen	U18	18.75
Trent Turner	Open	17.31
Dennis Baker	60+	15.98
Kevin Jones	40+	15.26
Preston Hill	Open	14.86
Franck Longo	Open	12.59
Luke Smith	U16	10.06

100m		Distance
Ben Cook	Open	11.51
Ryan Lieschke	U18	12.11
Brian Allen	U18	12.18
Ben Boyd	Open	12.62
Troy Megson	40+	13.96
Trent Turner	Open	13.96
Nick Houston	U14	14.30
Ollie Greenhill	U14	14.31
Franck Longo	Open	14.34
Don Chambers	60+	15.86
Dennis Baker	60+	17.46
Frank Scurr	60+	18.93