

WODONGA ATHLETICS CLUB - 06-11-2011

Women

800m		Distance
Siobhan Wilson	U16	2.59.99
Karen Hill	Open	3.08.72
Rikki Sproule	U14	3.09.71
Talia Paterson	Open	3.23.56
Emma Hicks	Open	3.38.60
Zoe Smith	U14	3.39.37
Janet Crocos	50+	3.48.89
Chris Wilson	50+	3.49.30
Fay Pearce	60+	3.53.25

Long Jump		Distance
Karen Hill	Open	4.14
Siobhan Wilson	U16	3.94
Mary Toney	U20	3.93
Talia Paterson	Open	3.83
Janet Crocos	50+	3.45
Alana Cartner	U18	3.38
Rikki Sroule	U14	3.30
Chris Wilson	50+	3.06
Franziska Eversheim	40+	2.90
Victoria Jones	Open	2.86
Emma Hicks	Open	2.78
Erin Lancaster	U18	2.70
Zoe Smith	U14	2.69
Debbie Jones	40+	2.45
Ruth Smith	40+	2.00

Javelin		Distance
Zoey Gow	U18	29.93
Talia Paterson	Open	17.87
Janet Crocos	50+	17.65
Erin Lancaster	U18	17.5
Gabby Knight	Open	16.4
Debbie Jones	40+	15.95
Mary Toney	20	13.57
Emma Hicks	Open	12.24
Zoe Smith	U14	10.68
Franziska Eversheim	40+	10.65
Karen Hill	Open	10.48
Chris Wilson	50+	9.95
Fay Pearce	60+	9.63
Victoria Jones	Open	9.43

Men

800m		Distance
Brian Alan	U18	2.09.76
Zach Jones	Open	2.40.97
Ben Hugall	U16	2.42.89
Ted Elkington	U16	2.52.90
Preston Hill	Open	3.09.91
Michael Howse	50+	3.25.24
Steve Boyd	40+	3.45.49
Kevin Jones	40+	5.14.23

Long Jump		Distance
Nathan Howse	U18	5.94
Zach Jones	Open	5.35
Brian Allen	U18	5.03
James Morley	U16	4.50
Ben Hugall	U18	4.18
Ted Elkington	U16	4.15
Philipp Eversheim	U14	3.97
Alan Morris	60+	3.85
Nick Houston	U14	3.79
Ollie Greenhill	U14	3.75
Will Ellis	40+	3.57
Don Chambers	60+	3.45
Michael Howse	50+	2.72
Steve Boyd	40+	2.64
Dennis Baker	60+	2.08

Javelin		Distance
Ben Boyd	Open	37.94
Zach Jones	Open	35.45
Nathan Howse	U18	34.70
Brian Allen	U18	31.05
Preston Hill	Open	28.71
Alan Morris	60+	27.57
Steve Boyd	40+	24.09
Don Chambers	60+	18.18
Kevin Jones	40+	17.11
Ben Hugall	U 16	14.67
Nick Houston	u14	13.57
Dennis Baker	60+	12.34
Ollie Greenhill	U14	9.86

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Women

200m		Distance
Mary Toney	U20	29.33
Talia Paterson	Open	32.03
Siobhan Wilson	U16	32.86
Chris Wilson	50+	38.52
Franziska Eversheim	40+	40.07

5000m		Distance
Alana Cartner	U18	25.15.99
Karen Hill	Open	28.44.01
Emma Hicks	Open	29.33.31

Triple Jump		Distance
Talia Paterson	Open	9.26
Siobhan Wilson	U16	8.63
Mary Toney	U20	8.57
Janet Crocos	50+	6.69
Victoria Jones	Open	6.22
Zoe Smith	U14	6.03
Erin Lancaster	U18	5.91
Debbie Jones	40+	5.59
Chris Wilson	50+	5.46

Hammer		Distance
Gabby Knight	Open	25.36
Janet Crocos	50+	22.08
Debbie Jones	40+	10.65
Erin Lancaster	U18	9.92
Talia Paterson	Open	6.41

100m		Distance
Mary Toney	U20	13.92
Alex Ziersch	U4	14.40
Talia Paterson	Open	14.89
Rikki Sproule	U14	15.49
Zoe Smith	U14	15.74
Siobhan Wilson	U16	15.84
Debbie Jones	40+	17.97
Erin Lancaster	U18	18.13
Ruth Smith	40+	21.03

Men

200m		Distance
Nathan Howse	U18	22.96
Ben Hugall	U16	24.92
Brian Allen	U18	25.37
Michael Howse	50+	27.03
Ted Elkington	U16	28.49
Nick Houston	U14	29.38
Will Ellis	40+	30.33
Ollie Greenhill	U14	30.42
Philipp Eversheim	U14	30.87
Preston Hill	Open	32.43
Alan Morris	60+	34.81
Don Chambers	60+	35.59
Dennis Baker	60+	37.53

5000m		Distance
Zac Jones	Open	19.21.14
Jeff Cave	40+	21.04.60
Patrick Josephs	Open	23.22.31

Triple Jump		Distance
Nathan Howse	U18	11.99
Brian Allen	U18	10.77
Ted Elkington	U16	9.21
Zac Jones	Open	9.12
Nick Houston	U14	8.54
Ollie Greenhill	U14	8.52
Allen Morris	60+	8.32
Don Chambers	60+	7.49

Hammer		Distance
Don Chambers	60+	22.22
Alan Morris	60+	18.78
Dennis Baker	60+	16.25
Kevin Jones	40+	13.97
Brian Allen	U18	13.46

100m		Distance
Nathan Howse	U18	11.37
Ben Hugall	U16	12.39
Brian Allen	U18	12.43
Michael Howse	50+	13.18
Ted Elkington	U16	13.94
Nick Houston	U14	13.98
James Morley	U18	14.17
Ollie Greehill	U14	14.39
Preston Hill	Open	15.23
Alan Morris	60+	16.10
Don Chambers	60+	16.64
Dennis Baker	60+	18.17