

Wodonga Athletics Club Results 3rd October 2010

Women

100m				
Jean	Hutchings	Open		20.81
Tracey	Howse	40+	WAC	18.64
Debbie	Jones	40+	WAC	18.64
Helen	Collins	40+	WAC	17.60
Alana	Cartner	U18		16.83
Janet	Crococ	50+	WAC	16.40
Karen	Hill	Open	WAC	16.00
Talia	Paterson	Open		15.42
Gabby	Knight	U20		15.20
Laura	Collins	U16	WAC	15.07
Brooke	Hunchings	U20	WAC	14.43
Emilyya	Toney	U20		14.10
Chloe	Thomas	U20	WAC	14.00
400m				
Brooke	Hutchings	U20	WAC	1.07.50
Lisa	Knipping	Open		1.13.22
Alana	Cartner	U18		1.15.97
Emilyya	Toney	U20		1.27.58
Christine	Simmons	50+	WAC	1.38.78
Helen	Collins	40+	WAC	1.39.62
Cindy	Elkington	40+	WAC	1.43.47
Jane	Cook	U14	WAC	1.52.34
Fay	Pearce	50+	WAC	1.52.80
Tracey	Howse	40+	WAC	1.53.18
Jean	Hutchings	Open		1.54.53
Debbie	Jones	40+	WAC	2.06.53
1500m				
Karen	Hill	Open	WAC	6.47.51
Christine	Simmons	50+	WAC	6.53.29
Jacki	Rogerson	Open	WAC	7.11.30
Fay	Pearce	50+	WAC	7.38.11
Jean	Hutchings	Open		7.49.19
Cindy	Elkington	40+	WAC	8.17.52
Debbie	Jones	40+	WAC	9.02.65
3000m				
Alana	Cartner	U18		14.17.56
Christine	Simmons	50+	WAC	14.29.82
Jacki	Rogerson	Open	WAC	15.59.20
Fay	Pearce	50+	WAC	16.18.78
Jean	Hutchings	Open		16.56.05
Victoria	Jones	Open	WAC	17.19.54

Men

hurdles				
name		age		time
Ben	Cook	U20	WAC	19.85
Don	Chambers	50+	WAC	27.08
100m				
Dennis	Baker	50+	WAC	17.60
Steven	Boyd	40+		15.90
Don	Chambers	50+	WAC	15.61
Ted	Elkington	U16	WAC	14.30
Trent	Turner	Open		14.09
Alex	Takle	U16	WAC	13.33
Michael	Howse	40+	WAC	13.32
Justin	King	U18	WAC	13.09
Jordan	Milgate	U16		12.99
Ben	Boyd	U20		12.98
Matthew	Cullen	U18		12.90
Luke	Milgate	U18		12.84
Chris	Barton	Open	WAC	12.81
Ben	Cook	U20	WAC	12.03
Nathan	Howse	U16	WAC	11.94
400m				
Mitchell	Hibbens	Open	WAC	0.54.94
Ben	Cook	U20	WAC	0.55.10
Justin	King	U18	WAC	1.02.45
Luke	Milgate	U18		1.06.83
Ben	Boyd	U20		1.07.00
Nathan	Howse	U16	WAC	1.07.29
Clancy	Lloyd	U14		1.07.53
Michael	Howse	40+	WAC	1.08.47
Matthew	Cullen	U18		1.08.98
Jordan	Smith	U16		1.09.71
Alex	Takle	U18	WAC	1.10.25
Ted	Elkington	U16	WAC	1.13.01
Brian	Simmons	50+	WAC	1.17.10
Trent	Turner	Open		1.27.50
Frank	Scurr	50+		1.29.37
David	Elkington	50+	WAC	1.41.65

javelin				
Gabby	Knight	U20		28.59
Zoey	Gow	U16		27.31
Lisa	Knipping	Open		19.05
Janet	Crococ	50+	WAC	18.84
Emilya	Toney	U20		17.30
Talia	Paterson	Open		15.32
Debbie	Jones	40+	WAC	14.31
Jane	Cook	U14	WAC	13.95
Victoria	Jones	Open	WAC	12.34
Tracey	Howse	40+	WAC	12.16
Jean	Hutchings	Open		5.90
shot put				
Gabby	Knight	U20		9.19
Zoey	Gow	U16		7.87
Janet	Crococ	50+	WAC	7.20
Lisa	Knipping	Open		7.15
Laura	Collins	U16	WAC	7.12
Brooke	Hutchings	U20	WAC	6.67
Talia	Paterson	Open		6.61
Emilya	Toney	U20		6.45
Jane	Cook	U14	WAC	6.44
Tracey	Howse	40+	WAC	5.97
Debbie	Jones	40+	WAC	5.72
Victoria	Jones	Open	WAC	5.04
Helen	Collins	40+	WAC	4.49
Alana	Cartner	U18		2.71
discus				
Gabby	Knight	U20		30.67
Emilya	Toney	U20		22.22
Zoey	Gow	U16		22.04
Talia	Paterson	Open		21.76
Janet	Crococ	50+	WAC	19.16
Brooke	Hutchings	U20	WAC	15.76
Lisa	Knipping	Open		15.73
Laura	Collins	U16	WAC	15.52
Jane	Cook	U14	WAC	15.29
Tracey	Howse	40+	WAC	14.66
Helen	Collins	40+	WAC	14.20
Debbie	Jones	40+	WAC	14.13
Victoria	Jones	Open	WAC	13.73
High Jump				
Janet	Crococ	50+	WAC	1.0
Lisa	Knipping	Open		1.40
Brooke	Hutchings	U20	WAC	1.40
Laura	Collins	U16	WAC	1.30
Talia	Paterson	Open		1.30
Emilya	Toney	U20		1.30
Gabby	Knight	U20		1.20
Jane	Cook	U14	WAC	1.10

1500m				
James	Ellis	U16	WAC	4.41.09
Zachary	Jones	Open	WAC	4.54.63
Mitchell	Hibbens	Open	WAC	4.55.50
James	Boyd	Open		5.17.41
Brian	Simmons	50+	WAC	5.38.76
Jeff	Cave	40+		5.46.72
Michael	Mellor	50+	WAC	5.49.81
Ted	Elkington	U16	WAC	6.17.00
Trent	Turner	Open		6.22.35
Steven	Boyd	40+		6.40.05
Peter	Rogerson	50+	WAC	7.13.35
David	Elkington	50+	WAC	7.58.01
Dennis	Baker	50+	WAC	8.02.16
Kevin	Jones	40+	WAC	8.36.61
3000m				
Brian	Simmons	50+	WAC	11.45.89
Jeff	Cave	40+		11.58.15
Ben	Boyd	U20		12.07.85
Michael	Mellor	50+	WAC	12.11.63
Charles	Aitken	50+	WAC	12.59.86
Hugh	Aitken	Open	WAC	13.04.76
Bill	Pearce	50+	WAC	13.38.42
Des	Rees	50+		14.07.83
Peter	Rogerson	50+	WAC	15.39.05
David	Elkington	50+	WAC	16.19.41
Robert	Lindley	50+	WAC	17.33.85
javelin				
Chris	Barton	Open	WAC	47.23
Ben	Cook	U20	WAC	44.98
Ben	Boyd	U20		42.69
Zachary	Jones	Open	WAC	36.15
Nick	Raymond	U20		33.45
Justin	King	U18	WAC	29.28
Steven	Boyd	40+		23.15
Don	Chambers	50+	WAC	19.90
Kevin	Jones	40+	WAC	18.60
Bill	Pearce	50+	WAC	16.87
Lincoln	Budge	Open		14.50
Dennis	Baker	50+	WAC	13.72
Jordan	Smith	U16		12.18

long jump				
Emilya	Toney	U20		4.09
Laura	Collins	U16	WAC	4.04
Lisa	Knipping	Open		3.98
Chloe	Thomas	U20	WAC	3.92
Talia	Paterson	Open		3.86
Brooke	Hutchings	U20	WAC	3.85
Gabby	Knight	U20		3.73
Helen	Collins	40+	WAC	3.23
Tracey	Howse	40+	WAC	2.93
Jane	Cook	U14	WAC	2.57
Debbie	Jones	40+		2.44
Fay	Pearce	50+	WAC	2.32
Cindy	Elkington	40+	WAC	1.77

shot put				
Chris	Barton	Open	WAC	11.63
Ben	Cook	U20	WAC	10.21
Nick	Raymond	U20		10.18
Ben	Boyd	U20		9.77
Matthew	Cullen	U18		9.22
Alex	Takle	U18	WAC	9.01
Garry	Cook	40+	WAC	8.10
Don	Chambers	50+	WAC	7.71
Trent	Turner	Open		7.41
Ted	Elkington	U16	WAC	7.06
Michael	Howse	40+	WAC	6.75
Kevin	Jones	40+	WAC	6.63
Lincoln	Budge	Open		6.45
Steven	Boyd	40+		6.06
Dennis	Baker	50+	WAC	5.95
discus				
Ben	Cook	U20	WAC	30.44
Chris	Barton	Open	WAC	30.21
Ben	Boyd	U20		27.51
Zachary	Jones	Open	WAC	26.62
Brian	Simmons	50+	WAC	23.21
Nick	Raymond	U20		21.92
Garry	Cook	40+	WAC	21.38
Alex	Takle	U18	WAC	20.31
Ted	Elkington	U16	WAC	20.13
Trent	Turner	Open		19.08
Dennis	Baker	50+	WAC	18.94
Don	Chambers	50+	WAC	17.92
Michael	Howse	40+	WAC	17.61
Kevin	Jones	40+	WAC	16.03
Jordan	Smith	U16		14.90
Lincoln	Budge	Open		14.42
high jump				
Ben	Cook	U20	WAC	1.75
Nathan	Howse	U16	WAC	1.60
Justin	King	U18	WAC	1.60
Jordan	Milgate	U16		1.60
Alex	Takle	U18	WAC	1.60
Matthew	Cullen	U18		1.50
Luke	Milgate	U18		1.45
Chris	Barton	Open	WAC	1.40
Ben	Boyd	U20		1.40
Garry	Cook	40+	WAC	1.30
Zachary	Jones	Open	WAC	1.30
Nick	Raymond	U20		1.30
Jordan	Smith	U16		1.30

long jump				
Ben	Cook	U20	WAC	6.00
Matthew	Cullen	U18		5.75
Nathan	Howse	U16	WAC	5.68
Jordan	Milgate	U16		5.58
Chris	Barton	Open	WAC	5.57
Nick	Raymond	U20		5.28
Luke	Milgate	U18		4.91
Justin	King	U18	WAC	4.77
Alex	Takle	U18	WAC	4.51
Jordan	Smith	U16		4.34
Zachary	Jones	Open	WAC	3.94
Michael	Howse	40+	WAC	3.80
Don	Chambers	50+	WAC	3.61
Trent	Turner	Open		3.52
Steven	Boyd	40+		3.30
Kevin	Jones	40+	WAC	2.45