

Wodonga Athletics Club Results 3rd October 2010

Women

| 100m | | | | |
|-----------|-----------|------|-----|----------|
| | | | | |
| Jean | Hutchings | Open | | 20.81 |
| Tracey | Howse | 40+ | WAC | 18.64 |
| Debbie | Jones | 40+ | WAC | 18.64 |
| Helen | Collins | 40+ | WAC | 17.60 |
| Alana | Cartner | U18 | | 16.83 |
| Janet | Crococ | 50+ | WAC | 16.40 |
| Karen | Hill | Open | WAC | 16.00 |
| Talia | Paterson | Open | | 15.42 |
| Gabby | Knight | U20 | | 15.20 |
| Laura | Collins | U16 | WAC | 15.07 |
| Brooke | Hunchings | U20 | WAC | 14.43 |
| Emilyya | Toney | U20 | | 14.10 |
| Chloe | Thomas | U20 | WAC | 14.00 |
| 400m | | | | |
| Brooke | Hutchings | U20 | WAC | 1.07.50 |
| Lisa | Knipping | Open | | 1.13.22 |
| Alana | Cartner | U18 | | 1.15.97 |
| Emilyya | Toney | U20 | | 1.27.58 |
| Christine | Simmons | 50+ | WAC | 1.38.78 |
| Helen | Collins | 40+ | WAC | 1.39.62 |
| Cindy | Elkington | 40+ | WAC | 1.43.47 |
| Jane | Cook | U14 | WAC | 1.52.34 |
| Fay | Pearce | 50+ | WAC | 1.52.80 |
| Tracey | Howse | 40+ | WAC | 1.53.18 |
| Jean | Hutchings | Open | | 1.54.53 |
| Debbie | Jones | 40+ | WAC | 2.06.53 |
| 1500m | | | | |
| Karen | Hill | Open | WAC | 6.47.51 |
| Christine | Simmons | 50+ | WAC | 6.53.29 |
| Jacki | Rogerson | Open | WAC | 7.11.30 |
| Fay | Pearce | 50+ | WAC | 7.38.11 |
| Jean | Hutchings | Open | | 7.49.19 |
| Cindy | Elkington | 40+ | WAC | 8.17.52 |
| Debbie | Jones | 40+ | WAC | 9.02.65 |
| 3000m | | | | |
| Alana | Cartner | U18 | | 14.17.56 |
| Christine | Simmons | 50+ | WAC | 14.29.82 |
| Jacki | Rogerson | Open | WAC | 15.59.20 |
| Fay | Pearce | 50+ | WAC | 16.18.78 |
| Jean | Hutchings | Open | | 16.56.05 |
| Victoria | Jones | Open | WAC | 17.19.54 |

Men

| hurdles | | | | |
|----------|-----------|------|-----|---------|
| name | | age | | time |
| Ben | Cook | U20 | WAC | 19.85 |
| Don | Chambers | 50+ | WAC | 27.08 |
| 100m | | | | |
| Dennis | Baker | 50+ | WAC | 17.60 |
| Steven | Boyd | 40+ | | 15.90 |
| Don | Chambers | 50+ | WAC | 15.61 |
| Ted | Elkington | U16 | WAC | 14.30 |
| Trent | Turner | Open | | 14.09 |
| Alex | Takle | U16 | WAC | 13.33 |
| Michael | Howse | 40+ | WAC | 13.32 |
| Justin | King | U18 | WAC | 13.09 |
| Jordan | Milgate | U16 | | 12.99 |
| Ben | Boyd | U20 | | 12.98 |
| Matthew | Cullen | U18 | | 12.90 |
| Luke | Milgate | U18 | | 12.84 |
| Chris | Barton | Open | WAC | 12.81 |
| Ben | Cook | U20 | WAC | 12.03 |
| Nathan | Howse | U16 | WAC | 11.94 |
| 400m | | | | |
| Mitchell | Hibbens | Open | WAC | 0.54.94 |
| Ben | Cook | U20 | WAC | 0.55.10 |
| Justin | King | U18 | WAC | 1.02.45 |
| Luke | Milgate | U18 | | 1.06.83 |
| Ben | Boyd | U20 | | 1.07.00 |
| Nathan | Howse | U16 | WAC | 1.07.29 |
| Clancy | Lloyd | U14 | | 1.07.53 |
| Michael | Howse | 40+ | WAC | 1.08.47 |
| Matthew | Cullen | U18 | | 1.08.98 |
| Jordan | Smith | U16 | | 1.09.71 |
| Alex | Takle | U18 | WAC | 1.10.25 |
| Ted | Elkington | U16 | WAC | 1.13.01 |
| Brian | Simmons | 50+ | WAC | 1.17.10 |
| Trent | Turner | Open | | 1.27.50 |
| Frank | Scurr | 50+ | | 1.29.37 |
| David | Elkington | 50+ | WAC | 1.41.65 |

| javelin | | | | |
|------------------|-----------|------|-----|-------|
| Gabby | Knight | U20 | | 28.59 |
| Zoey | Gow | U16 | | 27.31 |
| Lisa | Knipping | Open | | 19.05 |
| Janet | Crococ | 50+ | WAC | 18.84 |
| Emilya | Toney | U20 | | 17.30 |
| Talia | Paterson | Open | | 15.32 |
| Debbie | Jones | 40+ | WAC | 14.31 |
| Jane | Cook | U14 | WAC | 13.95 |
| Victoria | Jones | Open | WAC | 12.34 |
| Tracey | Howse | 40+ | WAC | 12.16 |
| Jean | Hutchings | Open | | 5.90 |
| shot put | | | | |
| Gabby | Knight | U20 | | 9.19 |
| Zoey | Gow | U16 | | 7.87 |
| Janet | Crococ | 50+ | WAC | 7.20 |
| Lisa | Knipping | Open | | 7.15 |
| Laura | Collins | U16 | WAC | 7.12 |
| Brooke | Hutchings | U20 | WAC | 6.67 |
| Talia | Paterson | Open | | 6.61 |
| Emilya | Toney | U20 | | 6.45 |
| Jane | Cook | U14 | WAC | 6.44 |
| Tracey | Howse | 40+ | WAC | 5.97 |
| Debbie | Jones | 40+ | WAC | 5.72 |
| Victoria | Jones | Open | WAC | 5.04 |
| Helen | Collins | 40+ | WAC | 4.49 |
| Alana | Cartner | U18 | | 2.71 |
| discus | | | | |
| Gabby | Knight | U20 | | 30.67 |
| Emilya | Toney | U20 | | 22.22 |
| Zoey | Gow | U16 | | 22.04 |
| Talia | Paterson | Open | | 21.76 |
| Janet | Crococ | 50+ | WAC | 19.16 |
| Brooke | Hutchings | U20 | WAC | 15.76 |
| Lisa | Knipping | Open | | 15.73 |
| Laura | Collins | U16 | WAC | 15.52 |
| Jane | Cook | U14 | WAC | 15.29 |
| Tracey | Howse | 40+ | WAC | 14.66 |
| Helen | Collins | 40+ | WAC | 14.20 |
| Debbie | Jones | 40+ | WAC | 14.13 |
| Victoria | Jones | Open | WAC | 13.73 |
| High Jump | | | | |
| Janet | Crococ | 50+ | WAC | 1.0 |
| Lisa | Knipping | Open | | 1.40 |
| Brooke | Hutchings | U20 | WAC | 1.40 |
| Laura | Collins | U16 | WAC | 1.30 |
| Talia | Paterson | Open | | 1.30 |
| Emilya | Toney | U20 | | 1.30 |
| Gabby | Knight | U20 | | 1.20 |
| Jane | Cook | U14 | WAC | 1.10 |

| 1500m | | | | |
|----------------|-----------|------|-----|----------|
| James | Ellis | U16 | WAC | 4.41.09 |
| Zachary | Jones | Open | WAC | 4.54.63 |
| Mitchell | Hibbens | Open | WAC | 4.55.50 |
| James | Boyd | Open | | 5.17.41 |
| Brian | Simmons | 50+ | WAC | 5.38.76 |
| Jeff | Cave | 40+ | | 5.46.72 |
| Michael | Mellor | 50+ | WAC | 5.49.81 |
| Ted | Elkington | U16 | WAC | 6.17.00 |
| Trent | Turner | Open | | 6.22.35 |
| Steven | Boyd | 40+ | | 6.40.05 |
| Peter | Rogerson | 50+ | WAC | 7.13.35 |
| David | Elkington | 50+ | WAC | 7.58.01 |
| Dennis | Baker | 50+ | WAC | 8.02.16 |
| Kevin | Jones | 40+ | WAC | 8.36.61 |
| 3000m | | | | |
| Brian | Simmons | 50+ | WAC | 11.45.89 |
| Jeff | Cave | 40+ | | 11.58.15 |
| Ben | Boyd | U20 | | 12.07.85 |
| Michael | Mellor | 50+ | WAC | 12.11.63 |
| Charles | Aitken | 50+ | WAC | 12.59.86 |
| Hugh | Aitken | Open | WAC | 13.04.76 |
| Bill | Pearce | 50+ | WAC | 13.38.42 |
| Des | Rees | 50+ | | 14.07.83 |
| Peter | Rogerson | 50+ | WAC | 15.39.05 |
| David | Elkington | 50+ | WAC | 16.19.41 |
| Robert | Lindley | 50+ | WAC | 17.33.85 |
| javelin | | | | |
| Chris | Barton | Open | WAC | 47.23 |
| Ben | Cook | U20 | WAC | 44.98 |
| Ben | Boyd | U20 | | 42.69 |
| Zachary | Jones | Open | WAC | 36.15 |
| Nick | Raymond | U20 | | 33.45 |
| Justin | King | U18 | WAC | 29.28 |
| Steven | Boyd | 40+ | | 23.15 |
| Don | Chambers | 50+ | WAC | 19.90 |
| Kevin | Jones | 40+ | WAC | 18.60 |
| Bill | Pearce | 50+ | WAC | 16.87 |
| Lincoln | Budge | Open | | 14.50 |
| Dennis | Baker | 50+ | WAC | 13.72 |
| Jordan | Smith | U16 | | 12.18 |

| long jump | | | | |
|------------------|-----------|------|-----|------|
| Emilya | Toney | U20 | | 4.09 |
| Laura | Collins | U16 | WAC | 4.04 |
| Lisa | Knipping | Open | | 3.98 |
| Chloe | Thomas | U20 | WAC | 3.92 |
| Talia | Paterson | Open | | 3.86 |
| Brooke | Hutchings | U20 | WAC | 3.85 |
| Gabby | Knight | U20 | | 3.73 |
| Helen | Collins | 40+ | WAC | 3.23 |
| Tracey | Howse | 40+ | WAC | 2.93 |
| Jane | Cook | U14 | WAC | 2.57 |
| Debbie | Jones | 40+ | | 2.44 |
| Fay | Pearce | 50+ | WAC | 2.32 |
| Cindy | Elkington | 40+ | WAC | 1.77 |

| shot put | | | | |
|------------------|-----------|------|-----|-------|
| Chris | Barton | Open | WAC | 11.63 |
| Ben | Cook | U20 | WAC | 10.21 |
| Nick | Raymond | U20 | | 10.18 |
| Ben | Boyd | U20 | | 9.77 |
| Matthew | Cullen | U18 | | 9.22 |
| Alex | Takle | U18 | WAC | 9.01 |
| Garry | Cook | 40+ | WAC | 8.10 |
| Don | Chambers | 50+ | WAC | 7.71 |
| Trent | Turner | Open | | 7.41 |
| Ted | Elkington | U16 | WAC | 7.06 |
| Michael | Howse | 40+ | WAC | 6.75 |
| Kevin | Jones | 40+ | WAC | 6.63 |
| Lincoln | Budge | Open | | 6.45 |
| Steven | Boyd | 40+ | | 6.06 |
| Dennis | Baker | 50+ | WAC | 5.95 |
| discus | | | | |
| Ben | Cook | U20 | WAC | 30.44 |
| Chris | Barton | Open | WAC | 30.21 |
| Ben | Boyd | U20 | | 27.51 |
| Zachary | Jones | Open | WAC | 26.62 |
| Brian | Simmons | 50+ | WAC | 23.21 |
| Nick | Raymond | U20 | | 21.92 |
| Garry | Cook | 40+ | WAC | 21.38 |
| Alex | Takle | U18 | WAC | 20.31 |
| Ted | Elkington | U16 | WAC | 20.13 |
| Trent | Turner | Open | | 19.08 |
| Dennis | Baker | 50+ | WAC | 18.94 |
| Don | Chambers | 50+ | WAC | 17.92 |
| Michael | Howse | 40+ | WAC | 17.61 |
| Kevin | Jones | 40+ | WAC | 16.03 |
| Jordan | Smith | U16 | | 14.90 |
| Lincoln | Budge | Open | | 14.42 |
| high jump | | | | |
| Ben | Cook | U20 | WAC | 1.75 |
| Nathan | Howse | U16 | WAC | 1.60 |
| Justin | King | U18 | WAC | 1.60 |
| Jordan | Milgate | U16 | | 1.60 |
| Alex | Takle | U18 | WAC | 1.60 |
| Matthew | Cullen | U18 | | 1.50 |
| Luke | Milgate | U18 | | 1.45 |
| Chris | Barton | Open | WAC | 1.40 |
| Ben | Boyd | U20 | | 1.40 |
| Garry | Cook | 40+ | WAC | 1.30 |
| Zachary | Jones | Open | WAC | 1.30 |
| Nick | Raymond | U20 | | 1.30 |
| Jordan | Smith | U16 | | 1.30 |

| long jump | | | | |
|-----------|----------|------|-----|------|
| Ben | Cook | U20 | WAC | 6.00 |
| Matthew | Cullen | U18 | | 5.75 |
| Nathan | Howse | U16 | WAC | 5.68 |
| Jordan | Milgate | U16 | | 5.58 |
| Chris | Barton | Open | WAC | 5.57 |
| Nick | Raymond | U20 | | 5.28 |
| Luke | Milgate | U18 | | 4.91 |
| Justin | King | U18 | WAC | 4.77 |
| Alex | Takle | U18 | WAC | 4.51 |
| Jordan | Smith | U16 | | 4.34 |
| Zachary | Jones | Open | WAC | 3.94 |
| Michael | Howse | 40+ | WAC | 3.80 |
| Don | Chambers | 50+ | WAC | 3.61 |
| Trent | Turner | Open | | 3.52 |
| Steven | Boyd | 40+ | | 3.30 |
| Kevin | Jones | 40+ | WAC | 2.45 |