

Victorian Country Athletics Championships

24/01/2009 to 26/01/2009

Landy Field

Geelong

MEN				WOMEN			
Age	Event	Place	Time/Distance	Age	Event	Place	Time/Distance
U16	James Ellis			U14	Abbie Little		
	1500m	bronze	4.43.08		1500m	6th	7.00.21
	400m	6th	60.35		800m	10th	3.11.92
	800m	bronze	2.13.98	U14	Samantha Little		
	3000m	bronze	10.46.63		400m	5th	73.44
					100m	4th	14.86
U16	Nathan Howse				Long Jump	9th	3.78m
	100m	6th	13.18		200m	4th	28.54.42
	Long Jump	silver	4.84m	U14	Charlotte Wallace		
U18	Matthew Cullen				100m	2nd	14.59
	100m	10th H1	13.27		Long Jump	7th	3.92
	shot put	8th	7.83m		200m	5th	28.60.42
	high jump	8th	1.60m		Shot Put	bronze	6.31m
	long jump	10th	5.18m	U14	Jemma Power		
U18	Callum Sutter				High Jump	silver	1.40m
	100m	12th H	13.49		Discus	bronze	17.02m
	Triple Jump	10th	10.23m		Long Jump	4th	4.34m
	High Jump	5th	1.70m	U18	Mary Toney		
U18	Daniel Ryan				400m	10th	71.12
	Discus	6th	27.48		200m	17th	30.13
	High Jump	5th	1.70m		Long Jump	15th	3.84m
	Long Jump	bronze	5.70m		100m Hurdles	7th	18.49
					Triple Jump	7th	9.12m
U20	Ben Buckingham			U18	Jodi Elkington		
	1500m	5th	4.17.75		Discus	8th	13.55m
	3000m steeple	silver	10.08.80		200m	22nd	33.57
U20	Chris Barton				Shot Put	7th	6.42
	javelin	silver	50.43m		Long Jump	16th	3.17
	hammer	silver	29.73m		Javelin	7th	13.36
	discus	4th	32.50m		400m Ambulant	gold	1.23.24
	shot put	silver	12.75m		Discus Ambulant	gold	10.96
Open	javelin	bronze	48.49m		100m Ambulant	gold	16.29
U20	Brendan Ashcroft			U18	Sarah Maclure		
	100m	silver	11.59		100 M	12th	14.62
	200m	5th	22.85		High Jump	6th	1.45m
					Pole Vault	4th	2.10m
U20	Ben Boyd				200m	16th	29.82
	100m	11th H	12.59		Long Jump	13th	4.17m
	Javelin	5th	39.26m		Triple Jump	8th	9.01m

	400m	8th	55.08				
	200m	9th	23.63	U20	Emilya Toney		
					100m	6th	13.97
U20	Zachary Jones				Discus	7th	20.32
	100m	6th	12.29		3000m steeple	silver	15.19.55
	Javelin	7th	37.75m		3000m	5th	13.43.54
	200m	10th	23.72		triple jump	5th	8.94m
	400m	12th	56.18				
	Discus	5th	31.26m	U20	Gabby Knight		
	Long Jump	7th	5.30m		Shot Put	5th	9.44m
	Pole Vault	bronze	2.15m		Discus	6th	21.59
	High Jump	6th	1.65m		Javelin	4th	28.75m
					hammer	gold	19.64
				Open	Discus	9th	22.09
					shot put	6th	8.79m
U20	Ben Cook				hammer	9th	18.34
	100m	7th	12.43				
	Javelin	6th	38.68m	Open	Michelle Crocos		
	discus	7th	29.88m		100m hurdles	gold	17.68
	high jump	silver	1.85m		400m hurdles	silver	75.99
					hammer	12th	12.09m
U20	Nicholas Raymond		12.89				
	100m	16th H		Open	Victoria Jones		
	Javelin	9th	31.68m		Discus	15th	14.95m
	Long Jump	4th	5.87m		Javelin	14th	13.99
	Triple Jump	silver	12.23m		Long Jump	16th	3.64m
					Triple Jump	8th	7.79m
Open	Simon Crocos						
	100m	10th	13.08	Open	Carina Heppell		
					Javelin	12th	16.74m
Open	Alan Pearce				Shot Put	13th	6.89
	5000m	7th	16.31.28		hammer	7th	22.52m
	10000	5th	36.20.65				
				40+	Deborah Jones		
40+	Michael Howse				Javelin	7th	14.41m
	100m	7th	13.52		shot put	7th	5.77m
	200m	5th	27.14		hammer	4th	19.14m
					triple jump	4th	5.31
40+	Ian Smith				long jump	5th	2.40m
	Triple Jump	silver	11.51m		discus	8th	12.82m
	Long Jump	silver	5.28m				
	400m Hurdles	silver	71.81	40+	Annette Zukowski	6th	1.37
					1500m	silver	8.04.68
40+	Kevin Jones				400m	6th	1.37.45
	discus	10th	19.48m				
	shot put	8th	7.52m	40+	Rachel Little		
	javelin	9th	20.97m		400m	5th	74.34
	hammer	bronze	17.05		200m	silver	31.09.27
					Long Jump	silver	3.65m
50+	Greg Simpson				100m	bronze	15.55

	1500m	9th	6.39.82				
	shot put	bronze	7.09m	50+	Nadia Mellor		
	long jump	silver	3.49m		1500m	bronze	6.39.05
	high jump	silver	1.15m		long jump	4th	2.52m
	hammer	bronze	21.75m		triple jump	silver	5.95m
	discus	bronze	16.15m		800m	bronze	3.18.40
	400m Hurdles	silver	1.30.22		javelin	8th	13.52m
	3000m steeple	silver	17.47.52		2000m steeple	silver	10.29.46
	javelin	7th	17.46m		3000m	bronze	13.59.97
	100m hurdles	gold	29.66				
	triple jump	bronze	5.70m	50+	Fay Pearce		
40+	pole vault	4th	1.90m		1500m	4th	7.04.06
					long jump	5th	2.44m
50+	Mike Mellor				800m	4th	3.32.31
	1500m	7th	5.24.56		3000m	5th	15.15.07
	10000m	silver	41.29.88				
	800m	8th	2.42.39	50+	Sally Buckingham		
	3000m	5th	11.35.13		1500m	5th	7.20.81
					800m	6th	3.42.13
50+	Dennis Baker				2000m steeple	bronze	11.10.77
	800m	10th	3.52.80		3000m	6th	15.20.65
	400m	7th	1.27.16				
	100m	5th	18.04	50+	Janet Crocos		
	Discus	4th	22.72m		100m	gold	15.99
					80m hurdles	gold	14.77
					200m	gold	34.21
					long jump	gold	3.74m
60+	Donald Chambers				high jump	gold	1.20m
	Hammer	silver	24.96m		hammer	gold	23.90
	discus	5th	22.05m		Javelin	silver	18.73m
	shot put	silver	8.91m		discus	silver	15.42m
	javelin	6th	21.08m		shot put	4th	7.15m
	100m	gold	14.72				
	100m hurdles	gold	20.30		Relays		
	high jump	silver	1.10m		4 x 400 Meter Relay 40 and Over		
	Triple Jump	gold	8.26m		WODONGA A	gold	5.43.79
	Long Jump	gold	4.02m				
50+	400m hurdles	gold	1.29.66		4x400 Meter Relay Open		
	200m	4th	30.14		WODONGA A	7th	4.52.34
40+	Pole Vault	5th	1.75m				
					4x100 Meter Relay Under 14		
60+	Bill Pearce				WODONGA A	bronze	58.04
	10000m	gold	46.59.83				
	3000m	gold	13.24.14		4x100 Meter Relay Under 20		
	1500m	gold	6.05.64		WODONGA A	bronze	55.51
	Long Jump	bronze	3.77m				
	Triple Jump	silver	8.04m		4x100 Meter Relay 50 and Over		
					WODONGA A	gold	79.92
Relays							
U18	4x100 Meter Relay				4x100 Meter Relay 40 and Over		

	Wodonga A	bronze	49.22	WODONGA A	bronze	68.72
U20	4x100 Meter Relay			4x100 Meter Relay Open		
	Wodonga B	5th	47.19	WODONGA A	4th	55.57
	Wodonga C	7th	50.82	WODONGA B	7th	60.27
Open	4x100 Meter Relay					
	WODONGA B	3rd	46.46			
	WODONGA A	8th	49.18			
	4x400m					
	WODONGA A	7th	3.49.44			
	WODONGA B	6th	59.74			
40+	4x400m					
	WODONGA A	4th	42.99			
	4x100m					
	WODONGA A	6th	64.20			
50+	WODONGA A	bronze	65.99			