

Wodonga Athletics Club Results 17th of October

Women

100m				
name		age	CLUB	time
Samantha	Little	U16	WAC	13.76
Emilya	Toney	U20		13.95
Mary	Toney	U18		14.2
Jacquie	Star	U18	WAC	14.84
Victoria	Jones	Open	WAC	15.01
Abbie	Little	U14	WAC	15.58
Rachel	Little	40+	WAC	15.66
Janet	Crococ	50+	WAC	17.1
Tracey	Howse	40+	WAC	18.12
Debbie	Jones	40+	WAC	18.31
5000m				
name		age	CLUB	time
Rachel	Little	40+	WAC	22.19.15
Christine	Simmons	50+	WAC	24.44.29
Fay	Pearce	50+	WAC	27.56.93
Jean	Hutchings	Open		29.38.10
shot put				
name		age	CLUB	distance
Zoey	Gow	U16		7.63
Janet	Crococ	50+	WAC	7.62
Lisa	Knipping	Open		7.43
Rachel	Little	40+	WAC	6.84
Jacquie	Star	U18	WAC	6.5
Erin	Lancaster	U16	WAC	6.17
Debbie	Jones	40+	WAC	5.51
Tracey	Howse	40+	WAC	5.14
Victoria	Jones	Open	WAC	4.95
javelin				
name		age	CLUB	distance
Zoey	Gow	U16		28.78
Lisa	Knipping	Open		19.89
Emilya	Toney	U20		16.81
Jacquie	Star	U18	WAC	16.56
Abbie	Little	U14	WAC	15.75
Rachel	Little	40+	WAC	14.83
Debbie	Jones	40+	WAC	14.48
Erin	Lancaster	U16	WAC	14.16
Janet	Crococ	50+	WAC	14.01
Mary	Toney	U18		13.85
Tracey	Howse	40+	WAC	12.37
Victoria	Jones	Open	WAC	12.14
Fay	Pearce	50+	WAC	8.48
Samantha	Little	U16	WAC	5.99
200M				
name		age	CLUB	height

Men

100m				
name		age	CLUB	time
Ethan	Alban	U18		11.71
Nathan	Howse	U16	WAC	11.78
Ben	Cook	U20	WAC	11.79
Jordan	Milgate	U16		12.26
Joe	Petulla	U16		12.32
Ben	Hugall	U16		12.36
Luke	Milgate	U18		12.45
Michael	Howse	40+	WAC	12.46
Brian	Allen	U18	WAC	12.66
Michael	Daly	U16		13.45
Alex	Takle		WAC	13.63
Trent	Turner	Open		13.8
Ted	Elkington	U16	WAC	14.33
Don	Chambers	50+	WAC	14.9
Greg	Simpson	50+		15.65
5000m				
name		age	CLUB	time
James	Ellis	U16	WAC	19.32.50
Zachary	Jones	Open	WAC	20.06.15
Brian	Simmons	50+	WAC	20.25.50
Michael	Mellor	50+	WAC	20.48.76
Bill	Pearce	50+	WAC	23.23.23
Des	Rees	50+		23.38.01
Peter	Rogerson	50+	WAC	27.18.17
Dennis	Baker	50+	WAC	30.53.47
shot put				
name		age	CLUB	time
Ben	Cook	U20	WAC	10.56
Nathan	Howse	U18		10.5
Nick	Raymond	U20		8.98
Alex	Takle	U18	WAC	8.37
Ted	Elkington	U16	WAC	7.92
Don	Chambers	50+	WAC	7.54
Ben	Boyd	U20		7.23
Greg	Simpson	50+		6.94
Kevin	Jones	40+	WAC	6.88
Michael	Howse	40+	WAC	6.17
Steven	Boyd	40+		5.94
javelin				
name		age	CLUB	distance
Ben	Cook	U20	WAC	44.98
Zachary	Jones	Open	WAC	30.27
Brian	Allen	U18	WAC	30.25
Michael	Daly	U16		28.28
Ben	Boyd	U20		26.83

Samantha	Little	U16	WAC	29.08
Mary	Toney	U18		29.73
Emilya	Toney	U20		30.47
Rachel	Little	40+	WAC	31.82
Abbie	Little	U14	WAC	33.36
Alana	Cartner	U18		34.22
Debbie	Jones	40+	WAC	42.14
Tracey	Howse	40+	WAC	43.25
triple jump				
name		age	CLUB	distance
Emilya	Toney	U20		8.92
Jacquie	Star	U18	WAC	8.67
Lisa	Knipping	Open		8.55
Michelle	Crococ	Open	WAC	8.44
Rachel	Little	40+	WAC	8.43
Abbie	Little	U14	WAC	8.3
Samantha	Little	U16	WAC	8.05
Victoria	Jones	Open	WAC	6.76
Tracey	Howse	40+	WAC	5.69
Debbie	Jones	40+	WAC	5.58
800m				
name		age	CLUB	time
Samantha	Little	U16	WAC	3.01.41
Rachel	Little	40+	WAC	3.02.24
Michelle	Crococ	Open	WAC	3.02.50
Alana	Cartner	U18		3.06.88
Lisa	Knipping	Open		3.26.15
Emilya	Toney	U20		3.31.25
Victoria	Jones	Open	WAC	3.47.31
Fay	Pearce	50+	WAC	4.00.87
Tracey	Howse	40+	WAC	4.56.68
Highjump				
name		age	CLUB	time
Jacquie	Star	U18	WAC	1.5
Lisa	Knipping	Open		1.3
Rachel	Little	40+	WAC	1.25
Janet	Crococ	50+	WAC	1.1
Abbie	Little	U14	WAC	1.1
Alana	Cartner	U18		0.95
Tracey	Howse	40+	WAC	0.95
Victoria	Jones	Open	WAC	0.9
hammer				
name		age	CLUB	distance
Janet	Crococ	50+	WAC	22.3
Debbie	Jones	40+	WAC	17.13
Mary	Toney	U18		16.02
Rachel	Little	40+	WAC	15.23
Michelle	Crococ	Open	WAC	14.9
Victoria	Jones	Open	WAC	10.55
Jacquie	Star	U18	WAC	9.95

Nick	Raymond	U20		24.88
Steven	Boyd	40+		22.93
Greg	Simpson	50+		22.63
Don	Chambers	50+	WAC	21.78
Alex	Takle	U18	WAC	18.29
Kevin	Jones	40+	WAC	18.11
Trent	Turner	Open		17.47
Ted	Elkington	U16	WAC	17.4
Bill	Pearce	50+	WAC	16.61
Dennis	Baker	50+	WAC	13.34
200M				
name		age	CLUB	time
Nathan	Howse	U16	WAC	23.53
Ethan	Alban	U18		23.96
Ben	Cook	U20	WAC	24.02
Joe	Petulla	U16		25.47
Brian	Allen	U18	WAC	26.19
Alex	Takle	U16	WAC	26.19
Zachary	Jones	Open	WAC	26.41
Michael	Howse	40+	WAC	26.54
Trent	Turner	Open		28.9
Jordan	Smith	U16		29.1
Ted	Elkington	U16	WAC	29.87
Greg	Simpson	50+		32.5
Don	Chambers	50+	WAC	33.64
Frank	Scurr	50+		33.71
Dennis	Baker	50+	WAC	38.62
triple jump				
name		age	CLUB	time
Joseph	Petulla	16		11.13
Jordan	Milgate	U16		10.89
Nathan	Howse	U16	WAC	10.59
Alex	Takle		WAC	10.33
Luke	Milgate	U18		10.19
Brian	Allen	U18	WAC	9.38
Trent	Turner	Open		8.77
Ted	Elkington	U16	WAC	8.4
Don	Chambers	50+	WAC	8.02
Jordan	Smith	16		7.42
800m				
name		age	CLUB	time
James	Ellis	U16	WAC	2.10.32
Mitchell	Hibbens	Open	WAC	2.11.31
Brian	Allen	U18	WAC	2.14.43
Jordan	Smith	U16		2.44.38
Ted	Elkington	U16	WAC	2.50.01
Trent	Turner	Open		3.04.46
Steven	Boyd	40+		3.15.91
Michael	Howse	40+	WAC	3.38.32
Frank	Scurr	50+		3.59.30

Emilya	Toney	U20		7.76
Abbie	Little	U14	WAC	6.61
Samantha	Little	U16	WAC	5.87

Kevin	Jones	40+	WAC	4.14.06
Highjump				
name		age	CLUB	time
Ben	Cook	U20	WAC	1.8
Michael	Daley	U16		1.6
Alex	Takle	U18	WAC	1.55
Ethan	Alban	U18		1.55
Jordan	Milgate	U16		1.4
Luke	Milgate	U18		1.4
Greg	Simpson	50+		1.25
Michael	Howse	40+	WAC	1.2
Jordan	Smith	U16		1.2
Ted	Elkington	U16	WAC	1.15
Kevin	Jones	40+	WAC	1.1
Don	Chambers	50+	WAC	1.05
hammer				
name		age	CLUB	
Ben	Cook	40+	WAC	25.97
Greg	Simpson	50+		21.34
Don	Chambers	50+	WAC	20.96
Kevin	Jones	40+	WAC	18.28
Trent	Turner	Open		16.82
Brian	Allen	U18	WAC	15.94
Alex	Takle	U16	WAC	15.23