

## Wodonga Athletics Club Results 21st of November

Shot Put			Distance
Helen	Collins	40+	
Rachel	Little	40+	7.69
Jane	Cook	U14	6.98
Jaimi	Dove	U14	6.65
Abbie	Little	U14	6.32
Emilya	Toney	U20	6.17
Tracey	Howse	40+	6.03
Debbie	Jones	40+	5.97
Samantha	Little	U16	5.05
Mary	Toney	U18	4.26
Victoria	Jones	Open	3.83

100m			Time
Samantha	Little	U16	13.72
Emilya	Toney	U20	13.80
Mary	Toney	U18	13.91
Laura	Collins	U18	14.15
Jessica	Scott	Open	14.70
Rachel	Little	40+	14.80
Abbie	Little	U14	15.15
Victoria	Jones	Open	15.29
Donna	Burges	40+	15.60
Helen	Collins	40+	16.82
Ankio	Flemming	U16	16.83
Fay	Pearce	50+	17.41
Tracey	Howse	40+	17.68
Debbie	Jones	40+	17.87

10000m			Time
Christine	Simmons	50+	50.51
Kate	Sewell	40+	51.57
Julie	Boyd	50+	51.57
Emilya	Toney	U20	54.16
Nardia	Mellor	50+	55.43
Jackie	Roberston	Open	59.15

Javelin			Distance
Donna	Burges	40+	24.51
Mary	Toney	U18	17.68
Emilya	Toney	U20	17.26
Abbie	Little	U14	16.66
Rachel	Little	40+	15.59
Jane	Cook	U14	15.18

Shot Put			Distance
Chris	Barton	Open	11.68
Guy	Telford	Open	11.04
Ben	Cook	U20	10.38
Joe	Petulla	U16	10.07
Nick	Raymond	U20	9.57
Nathan	Howse	U18	9.55
Zach	Jones	Open	9.47
Adam	Corcoran	Open	9.32
Ben	Boyd	U20	9.18
Ben	Nicholson	Open	8.41
Brian	Allen	U18	8.24
Ted	Elkington	U16	8.18
Garry	Cook	40+	8.15
Don	Chambers	50+	7.8
Trent	Turner	Open	7.78
Kevin	Jones	40+	7.01
Dennis	Baker	50+	6.5
Michael	Howse	40+	6.13

100m			Time
Nathan	Howse	U18	11.59
Ben	Cook	U20	11.80
Zachary	Jones	Open	11.93
Chris	Barton	Open	11.96
Nick	Raymond	U20	12.37
Ben	Hugall	U16	12.55
Brian	Allen	U18	12.76
Ben	Nicholson	Open	12.79
Adam	Corcoran	Open	12.85
Alex	Takle	U18	13.29
Trent	Turner	Open	13.60
Ted	Elkington	U16	13.95
Guy	Telford	Open	13.99
Don	Chambers	50+	15.14
Michael	Howse	40+	15.52
Kevin	Jones	40+	16.98
Dennis	Baker	50+	17.05

10000m			Time
Adam	Byles	Open	37.36
Kevin	Muller	40+	38.53
Alan	Pearce	Open	39.33
Dve	Cromdrty	50+	40.02

Debbie	Jones	40+	14.64
Jessica	Scott	Open	14.62
Victoria	Jones	Open	14.29
Samantha	Little	U16	13.71
Tracey	Howse	40+	13.5
Helen	Collins	40+	12.59
Jaimi	Dove	U14	11.98
Karen	Hill	Open	11.9
Laura	Collins	U16	10.97
Aniko	Fleming	U16	10.46
Fay	Pearce	50+	9.98

200m			Time
Samantha	Little	U16	28.82
Mary	Toney	U18	29.68
Rachel	Little	40+	30.15
Laura	Collins	U18	31.27
Jessica	Scott	Open	31.81
Siobhan	Wilson	U14	31.93
Emilya	Toney	U20	32.23
Abbie	Little	U14	32.83
Donna	Burgess	40+	32.85
Karen	Hill	Open	33.05
Helen	Collins	40+	38.76
Tracey	Howse	40+	41.12
Fay	Pearce	50+	41.48

Triple Jump			Distance
Laura	Collins	U16	9.39
Mary	Toney	U18	9.16
Abbie	Little	U14	8.91
Emilya	Toney	U20	8.81
Karen	Hill	Open	8.54
Rachel	Little	40+	8.44
Siobhan	Willson	U14	7.19
Jaimi	Dove	U14	7.12
Samantha	Little	U16	7.07
Victoria	Jones	Open	6.7
Jessica	Scott	Open	6.67
Helen	Collins	40+	6.67
Tracey	Howse	40+	5.82
Debbie	Jones	40+	5.80

800m			Time
Rachel	Little	40+	2.47.91
Donna	Burgess	40+	2.48.55

Terry	Burges	40+	41.41
Brian	Simmons	50+	42.35
Mike	Mello	50+	42.46
Darren	Warner	Open	43.04
Jeff	Cave	40+	44.03
Tony	Perrott	50+	46.23
Bill	Pearce	50+	48.32
Robert	Lindley	50+	1.04.5
Ben	Boyd	U20	1.04.51

Javelin			Distance
Chris	Barton	Open	53.86
Ben	Cook	U20	45.33
Zach	Jones	Open	39.09
Ben	Boyd	U20	35.69
Brian	Allen	U18	32.82
Ben	Nicholson	Open	30.89
Garry	Cook	40+	29.2
Trent	Turner	Open	28.23
Guy	Telford	Open	26.88
Kevin	Jones	40+	25.11
Nathan	Howse	U18	21.95
Kevin	Mellor	40+	21.02
Don	Chambers	50+	19.16
Alex	Takle	U18	17.26
Dennis	Baker	50+	14.4

200m			Time
Ben	Cook	U20	23.97
Nathan	Howse	U18	23.98
Joe	Petulla	U16	24.61
Brian	Allen	U18	25.96
Ben	Hugall	U16	27.45
Kevin	Muller	40+	27.72
Alex	Takle	U18	28.47
Jordan	Smith	U16	28.55
Trent	Turner	Open	28.63
Ted	Elkington	U16	29.38
Don	Chambers	50+	34.66
Michael	Howse	40+	37.24
Dennis	Baker	50+	37.65

High Jump			Height
Chris	Barton	Open	1.50
Ben	Cook	U20	1.50
Zachary	Jones	Open	1.50

Siobhan	Willson	U14	2.56.52
Abbie	Little	U14	3.08.10
Karen	Hill	Open	3.08.62
Laura	Collins	U16	3.10.73
Mary	Toney	U18	3.21.41
Nardia	Mellor	50+	3.46.98
Fay	Pearce	50+	3.48.68
Helen	Collins	40+	4.08.30
Tracey	Howse	40+	4.41.24

Hammer			Distance
Jaimi	Dove	U	20.66
Debbie	Jones	40+	17.83
Emilya	Toney	U20	16.53
Abbie	Little	U14	15.54
Rachel	Little	40+	15.45
Helen	Collins	40+	12.58
Victoria	Jones	Open	6.32

High Jump			Height
Laura	Collins	U16	1.30
Aniko	Flemming	U16	1.30
Mary	Toney	U18	1.30
Abbie	Little	U14	1.30
Jessica	Scott	Open	1.20
Karen	Hill	Open	1.20
Rachel	Little	40+	1.20
Samantha	Little	U16	1.20
Jaimi	Dove	U14	1.15
Victoria	Jones	Open	1.15
Donna	Burges	40+	1.15
Helen	Collins	40+	1.10
Jane	Cook	U14	1.05
Debbie	Jones	40+	1.00
Fay	Pearse	50+	0.95
Tracey	Howse	40+	0.95

Alex	Takle	U18	1.50
Guy	Telford	Open	1.4
Garry	Cook	40+	1.30
Michael	Howse	40+	1.2
Ted	Elkington	U16	1.2
Kevin	Muller	40+	1.2
Don	Chambers	50+	1.05
Kevin	Jones	40+	1.05

Triple Jump			Distance
Ben	Cook	U20	11.23
Nathan	Howse	U18	11.17
Zachary	Jones	Open	11.03
Chris	Barton	Open	10.95
Alex	Takle	U18	10.53
Brian	Allen	U18	9.98
Guy	Telford	Open	9.76
Kevin	Muller	40+	8.98
Trent	Turner	Open	8.64
Jordan	Smith	U16	8.54
Ted	Elkington	U16	8.48
Don	Chambers	50+	7.65

800m			Time
James	Ellis	U16	2.06.60
Brian	Allen	U18	2.12.18
Kevin	Muller	40+	2.36.57
Ben	Hugall	U16	2.41.36
Jordan	Smith	U16	2.42.01
Ted	Elkington	U16	2.46.32
Terry	Burgers	40+	2.47.19
Michael	Howse	40+	3.21.41
Dennis	Baker	50+	3.48.11
Kevin	Jones	40+	4.00.20

Hammer			Distance
Chris	Barton	Open	37
Guy	Telford	Open	26.57
Ben	Cook	U20	24.84
Don	Chambers	50+	24.04
Zach	Jones	Open	23
Nathan	Howse	U18	19.51
Trent	Turner	Open	17.43
Alex	Takle	U18	17.03
Kevin	Jones	40+	16.74