

## WAC Results Saturday 15th November 2014

---

Throws relay			Distance
Roger	Blackwell	SP	7.46
Dennis	Baker	Dis	20.18
Kate	Parris	Jav	20.25

Throws Relay			Distance
Emily	Woolford	SP	7.30
Zoe	Smith	Dis	14.61
Clare	McCormack	Jav	18.25

Throws Relay			Distance
Ben	Hugall	SP	8.22
Cheryl	Webster	Dis	19.35
Tracey	Howse	Jav	17.63

Throws Relay			Distance
Debbie	Jones	SP	6.41
Karen	Hill	Dis	15.87
Fay	Pearce	Jav	8.70

Throws Relay			Distance
Warrick	Stacey	SP	9.60
Matthew	Stacey	Dis	22.93
Ryan	Blackwell	Jav	15.80

Throws Relay			Distance
Donna	Evans	SP	7.85
Kiahna	Evans	Dis	32.06
Ben	Boyd	Jav	37.80

Sweedish Relay			Time
Johua	Hugall		
Ben	Hugall		
Michael	Howse		
Nathan	Howse		2.18.36

Sweedish Relay			Time
Jackson	Whiley		
Matthew	Stacey		
Ryan	Blackwell		
Nic	Blackwell		2.29.05

Sweedish Relay			Time
Fay	Pearce		
Bill	Pearce		
Dennis	Baker		
Joe	Hill		3.24.94

Sweedish Relay			Time
Kiahna	Evans		
Zoe	Smith		
Emily	Woolford		
Greg	Simpson		2.53.79

4 x 1500 Relay			Time
Greg	Simpson		
Nic	Blackwell		
Ryan	Blackwell		
Jackson	Whiley		22.58.76

---

Throws Relay			Distance
Kevin	Muller	SP	6.04
Joe	Hill	Dis	11.79
Bill	Pearce	Jav	18.48

3x Jumps Relay			Distance
Cheryl	Webster	LJ	2.92
Nathan	Howse	HJ	1.60
Tracey	Howse	TJ	6.33

3 x Jumps Relay			Distance
Bill	Pearce	LJ	3.64
Clare	McCormack	HJ	1.15
Emily	Woolford	TJ	8.45

3 x Jumps Relay			Distance
Fay	Pearce	LJ	1.95
Debbie	Jones	HJ	0.95
Karen	Hill	TJ	8.07

3 x Jumps Relay			Distance
Joshua	Hugall	LJ	4.13
Masange	Runezerwa	HJ	1.20
Warrick	Stacey	TJ	7.90

3 x Jumps Relay			Distance
Michael	Howse	LJ	3.61
Roger	Blackwell	HJ	1.90
Greg	Simpson	TJ	7.28

4 x 1500 Relay			Time
Tracey	Howse		
Dennis	Baker		
Nathan	Howse		
Ben	Boyd		28.47.14

3000m			Time
Masange	Runezerwa	open	10.17.38
Ryan	Blackwell	u16	12.27.96
Roger	Blackwell	40+	12.45.67
Karen	Hill	open	13.57.27
Bill	Pearce	60+	14.16.87
Debbie	Jones	50+	16.26.67
Fay	Pearce	60+	16.44.04

4 X 400m Relay			Time
Jackson	Whiley		
Ben	Hugall		
Joshua	Hugall		
Kiahna	Evans		4.30.75

4 x 400m Relay			Time
Roger	Blackwell		
Zoe	Smith		
Emily	Woolford		

3 x Jumps Relay			Distance
Ben	Hugall	LJ	5.13
Kiahna	Evans	HJ	1.20
Zoe	Smith	TJ	7.61

Michael	Howse		4.53.43
---------	-------	--	---------

3 x Jumps Relay			Distance
Jackson	Whiley	LJ	5.09
Mitchell	o'Neill	HJ	1.75
Matthew	Stacey	TJ	10.59

4 x 100m Relay			
Ryan	Blackwell	u16	
Matthew	Stacey	u16	
Warrick	Stacey	40+	
Michael	Howse	50+	55.88

4 x 100m Relay			Time
Kiahna	Evans	u14	
Emily	Woolford	u18	
Zoe	Smith	u16	
Jackson	Whiley	u16	56.34

4 x 100m Relay			Time
Ben	Hugall	u20	
Nathan	Howse	u20	
Cheryl	Webster	40+	
Tracey	Howse	40+	56.64

4 x 100m Relay			Time
Dennis	Baker	60+	
Joshua	Hugall	u20	
Joe	Hill	u14	

Aiden	Hill	u14	1.10.01
-------	------	-----	---------