

WAC Results Sunday 19th October 2014

WOMEN

Triple Jump			Distance
Tracey	Howse	40+	6.23
Debbie	Jones	50+	5.45
Cheryl	Webster	40+	5.43

5000m			Distance
Karen	Hill	Open	24.22.91
Fay	Pearce	60+	28.18.86

Hammer			Distance
Debbie	Jones	50+	21.17
Lara	Friesen	Open	16.55
Emily	woolford	U18	11.55
Cheryl	Webster	40+	7.22

200m			Distance
Tracey	Howse	40+	41.75

Hugh Jump			Distance
Lara	Friesen	Open	1.45
Debbie	Jones	50+	0.90

MEN

Triple Jump			Distance
Matthew	Stacey	U16	10.63
Ben	Hugall	U18	10.62
Ryan	Blackwell	U16	8.63
Warwick	Stacey	40+	8.48
Michael	Howse	50+	8.17
Don	Chambers	70+	5.16

5000m			Distance
Hayden	Clarke	U16	21.41.91
Mick	Mellor	60+	21.47.20
Billl	Pearce	60+	24.16.00

Hammer			Distance
Ted	Elkington	U20	14.55
Roger	Blackwell	40+	14.52
Don	Chambers	70+	14.52

200m			Distance
Ben	Boyd	Open	26.02
Matthew	Stacey	U16	27.22
Sajan	Tuapa	U16	28.20

800m			Distance
Emily	woolford	U18	2.51.10
Fay	Pearce	60+	4.13.75
Tracey	Howse	40+	4.43.12

Discus			Distance
Lara	Friesen	Open	25.68
Karen	Hill	Open	16.77
Debbie	Jones	50+	11.73

100m			Distance
Emily	woolford	U18	15.35
Cheryl	Webster	40+	16.30
Tracey	Howse	40+	18.25

Javelin			Distance
Lara	Friesen	Open	20.70
Tracey	Howse	40+	17.64
Emily	woolford	U18	14.53
Cheryl	Webster	40+	12.60
Debbie	Jones	50+	12.45
Fay	Pearce	60+	9.13

Nick	Blackwell	U16	28.61
Michael	Howse	50+	28.96
Ryan	Blackwell	U16	32.52
Steve	Boyd	50+	36.11
Dennis	Baker	60+	39.41

High Jump			Distance
Matthew	Stacey	U16	1.50
Nick	Blackwell	U16	1.40
Warwick	Stacey	40+	1.30
Michael	Howse	50+	1.25
Don	Chambers	70+	0.95

800m			Distance
Ben	Hugall	U18	2.14.99
Nick	Blackwell	U16	2.22.95
Ted	Elkington	U20	2.24.45
Ben	Boyd	Open	2.30.74
Ryan	Blackwell	U16	2.37.58
Hayden	Clarke	U16	2.56.75
Matthew	Stacey	U16	3.02.55
Michael	Howse	50+	3.03.05
Dennis	Baker	60+	4.07.57

Discus			Distance
Ben	Boyd	Open	29.30
Ted	Elkington	U20	21.40
Dennis	Baker	60+	20.95
Warwick	Stacey	40+	20.25
Roger	Blackwell	40+	19.43
Steve	Boyd	50+	19.07
Ryan	Blackwell	U16	17.30

100m			Distance
Ben	Hugall	U18	12.10
Sajan	Tuapa	U16	12.98
Matthew	Stacey	U16	13.18
Michael	Howse	50+	13.80

Javelin			Distance
Ryan	Blackwell	U16	18.23
Matthew	Stacey	U16	22.75
Ted	Elkington	U20	15.82
Ben	Hugall	U18	20.22
Ben	Boyd	Open	44.03
Warwick	Stacey	40+	26.72
Roger	Blackwell	40+	19.61
Steve	Boyd	50+	26.92
Michael	Howse	50+	23.56
Dennis	Baker	60+	13.68
Billl	Pearce	60+	17.02

Don	Chambers	70+	14.79
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