

## WAC Results Sunday 5th October 2014

Women				Men			
<b>100m</b>				<b>100m</b>			
Zoe	Smith	U16	15.79	Ben	Boyd	Open	12.81
Natalie	Sharp	U16	16.60	Connor	Stanley	U16	14.37
Kiahna	Evans	U14	17.31	Gavin	Smith	40+	14.40
Janet	Crococ	50+	17.40	Dennis	Baker	60+	21.88
<b>Long Jump</b>				<b>Long Jump</b>			
Zoe	Smith	U16	3.39	Ben	Boyd	Open	5.05
Janet	Crococ	50+	3.20	Nick	Blackwell	U16	4.43
Kiahna	Evans	U14	3.16	Mathias	Eversheim	U18	4.39
Natalie	Sharp	U16	3.01	Ryan	Blackwell	U16	4.11
Debbie	Jones	50+	2.03	Connor	Stanley	U16	4.07
				Don	Chambers	70+	2.42
<b>5000m</b>				<b>5000m</b>			
Debbie	Jones	50+	28.06.05	Nick	Blackwell	U16	19.38.84
Fay	Pearce	60+	28.35.97	Peter	Norris	40+	19.43.34
<b>Shot Put</b>				<b>Shot Put</b>			
Kiahna	Evans	U14	11.83	Kevin	Muller	40+	19.50.57
Janet	Crococ	50+	6.74	Ryan	Blackwell	U16	21.29.08
Debbie	Jones	50+	5.96	Michael	Mellor	60+	22.15.96
				Bill	Pearce	60+	25.15.46
				Robert	Lindley	60+	36.54.23
<b>200m</b>				<b>Shot Put</b>			
Zoe	Smith	U16	32.13	Ben	Boyd	Open	9.78
Natalie	Sharp	U16	40.12	Steve	Boyd	50+	6.79
<b>Javelin</b>				<b>Javelin</b>			
Kiahna	Evans	U14	18.47	Don	Chambers	70+	6.95
Janet	Crococ	50+	17.98	<b>200m</b>			
Debbie	Jones	50+	11.08	Mathias	Eversheim	U18	27.07
Natalie	Sharp	U16	8.90	Connor	Stanley	U16	30.83
Zoe	Smith	U16	8.83	Gavin	Smith	40+	31.47
<b>Triple Jump</b>				<b>Triple Jump</b>			
Debbie	Jones	50+	4.76	Nick	Blackwell	U16	32.26
				Ryan	Blackwell	U16	37.52
<b>Hammer</b>				<b>Javelin</b>			
Kiahna	Evans	U14	32.84	Ben	Boyd	Open	46.52
Debbie	Jones	50+	20.80	Steve	Boyd	50+	24.14
<b>800m</b>				<b>Hammer</b>			
Zoe	Smith	U16	3.30.27	Connor	Stanley	U16	22.72
Natalie	Sharp	U16	4.14.08	Mathias	Eversheim	U18	22.41
				Gavin	Smith	40+	21.29
				Kevin	Muller	40+	20.96
				Bill	Pearce	60+	16.82
				Don	Chambers	70+	14.93
				Dennis	Baker	60+	12.74
				Ryan	Blackwell	U16	11.36
				<b>Triple Jump</b>			
				Ben	Boyd	Open	9.70
				Caleb	Parslow	U16	9.32
				Ted	Elkington	U20	8.69
				Connor	Stanley	U16	8.66
				Ryan	Blackwell	U16	7.97
				Don	Chambers	70+	5.46
				<b>Hammer</b>			
				Mathias	Eversheim	U18	24.04
				Caleb	Parslow	U16	20.53
				Nick	Blackwell	U16	19.89
				Don	Chambers	70+	17.21
				Dennis	Baker	60+	16.90
				Ryan	Blackwell	U16	7.98
				<b>800m</b>			
				Ted	Elkington	U20	2.35.03
				Gavin	Smith	40+	2.36.91
				Kevin	Muller	40+	2.45.69
				Ryan	Blackwell	U16	2.49.99
				Caleb	Parslow	U16	2.59.30
				Steve	Boyd	50+	3.07.23

## WAC Results Sunday 12th October 2014

WOMEN				MEN			
<b>400m</b>				<b>400m</b>			
Gabby	Boultan	U14	1.08.22	Jackson	Whiley	U16	58.55
Kiahna	Evans	U14	1.34.77	Ben	Boyd	Open	1.00.75
Tracey	Howse	40+	1.52.73	Angus	Ogilvie	U16	1.02.09
<b>Discuss</b>				<b>Discuss</b>			
Kiahna	Evans	U14	31.19	Peter	Norris	40+	1.03.73
Cheryl	Webster	40+	15.90	Matthew	Staley	U16	1.05.34
Tracey	Howse	40+	15.72	Michael	Howse	50+	1.09.15
<b>Shot Put</b>				<b>Shot Put</b>			
Kiahna	Evans	U14	12.01	Ben	Boyd	Open	25.96
Laura	Collins	U20	9.09	Matthew	Staley	U16	22.51
Emily	Woolford	U18	7.28	Scott	Parslow	40+	22.45
Cheryl	Webster	40+	6.11	Caleb	Parslow	U16	21.68
Tracey	Howse	40+	5.87	Dennis	Baker	60+	20.63
<b>3000m</b>				<b>3000m</b>			
Tracey	Howse	40+	22.26.57	Ted	Elkington	U20	20.46
<b>Long Jump</b>				<b>Long Jump</b>			
Gabby	Boultan	U14	4.13	Greg	Simpson	50+	19.46
Emily	Woolford	U18	3.85	Steve	Boyd	50+	18.24
Tracey	Howse	40+	3.20	Michael	Howse	50+	17.76
Cheryl	Webster	40+	3.01	<b>Shot Put</b>			
<b>100m</b>				<b>Shot Put</b>			
Emily	Woolford	U18	15.30	Jackson	Whiley	U16	10.68
Laura	Collins	U20	15.45	Ben	Boyd	Open	10.21
Gabby	Boultan	U14	16.09	Caleb	Parslow	U16	9.09
Cheryl	Webster	40+	16.53	Ben	Hugall	U20	8.97
Kiahna	Evans	U14	17.44	Scott	Parslow	40+	8.96
Tracey	Howse	40+	18.62	Ted	Elkington	U20	8.59
<b>High Jump</b>				<b>High Jump</b>			
Laura	Collins	U20	1.40	Steve	Boyd	50+	7.17
<b>Hammer</b>				<b>Hammer</b>			
Kiahna	Evans	U14	35.96	David	Elkington	50+	7.10
Emily	Woolford	U18	10.87	Michael	Howse	50+	6.91
Laura	Collins	U20	18.52	Greg	Simpson	50+	6.85
<b>1500m</b>				<b>1500m</b>			
Emily	Woolford	U18	6.33.79	Dennis	Baker	60+	6.31
Cindy	Elkington	50+	9.28.10	<b>3000m</b>			
Tracey	Howse	40+	11.38.44	Peter	Norris	40+	11.15.33
				<b>Long Jump</b>			
				Jackson	Whiley	U16	5.25
				Ben	Hugall	U20	5.12
				Matthew	Staley	U16	4.90
				Caleb	Parslow	U16	4.88
				Angus	Ogilvie	U16	4.81
				Michael	Howse	50+	4.80
				Peter	Norris	40+	4.62
				Scott	Parslow	40+	3.75
				Greg	Simpson	50+	3.30
				<b>100m</b>			
				Ben	Boyd	Open	11.93
				Ben	Hugall	U20	11.94
				Jackson	Whiley	U16	12.30
				Angus	Ogilvie	U16	13.00
				Matthew	Staley	U16	13.06
				Caleb	Parslow	U16	13.13
				Michael	Howse	50+	13.20
				Scott	Parslow	40+	15.89
				<b>High Jump</b>			
				Jackson	Whiley	U16	1.60
				Caleb	Parslow	U16	1.55
				Ben	Boyd	Open	1.45
				Michael	Howse	50+	1.35
				Scott	Parslow	40+	1.30
				Ben	Hugall	U20	1.30
				<b>Hammer</b>			
				Greg	Simpson	50+	19.45
				Caleb	Parslow	U16	18.15
				Scott	Parslow	40+	16.91
				Dennis	Baker	60+	14.80
				<b>1500m</b>			
				Jackson	Whiley	U16	5.12.44
				Ben	Hugall	U20	6.23.88
				Michael	Howse	50+	7.06.50
				David	Elkington	50+	8.13.41
				Steve	Boyd	50+	8.15.48

## WAC Results Sunday 19th October 2014

WOMEN				MEN			
<b>Triple Jump</b>				<b>Triple Jump</b>			
			<b>Distance</b>				<b>Distance</b>
Tracey	Howse	40+	6.23	Matthew	Stacey	U16	10.63
Debbie	Jones	50+	5.45	Ben	Hugall	U18	10.62
Cheryl	Webster	40+	5.43	Ryan	Blackwell	U16	8.63
				Warwick	Stacey	40+	8.48
				Michael	Howse	50+	8.17
				Don	Chambers	70+	5.16
<b>5000m</b>				<b>5000m</b>			
			<b>Time</b>				<b>Time</b>
Karen	Hill	Open	24.22.91	Hayden	Clarke	U16	21.41.91
Fay	Pearce	60+	28.18.86	Mick	Mellor	60+	21.47.20
				Billl	Pearce	60+	24.16.00
<b>Hammer</b>				<b>Hammer</b>			
			<b>Distance</b>				<b>Distance</b>
Debbie	Jones	50+	21.17	Ted	Elkington	U20	14.55
Lara	Friesen	Open	16.55	Roger	Blackwell	40+	14.52
Emily	woolford	U18	11.55	Don	Chambers	70+	14.52
Cheryl	Webster	40+	7.22				
<b>200m</b>				<b>200m</b>			
			<b>Time</b>				<b>Time</b>
Tracey	Howse	40+	41.75	Ben	Boyd	Open	26.02
				Matthew	Stacey	U16	27.22
<b>Hugh Jump</b>				<b>200m</b>			
			<b>Distance</b>				<b>Time</b>
Lara	Friesen	Open	1.45	Sajan	Tuapa	U16	28.20
Debbie	Jones	50+	0.90	Nick	Blackwell	U16	28.61
				Michael	Howse	50+	28.96
<b>800m</b>				<b>800m</b>			
			<b>Time</b>				<b>Time</b>
Emily	woolford	U18	2.51.10	Ryan	Blackwell	U16	32.52
Fay	Pearce	60+	4.13.75	Steve	Boyd	50+	36.11
Tracey	Howse	40+	4.43.12	Dennis	Baker	60+	39.41
<b>Discus</b>				<b>High Jump</b>			
			<b>Distance</b>				<b>Distance</b>
Lara	Friesen	Open	25.68	Matthew	Stacey	U16	1.50
Karen	Hill	Open	16.77	Nick	Blackwell	U16	1.40
Debbie	Jones	50+	11.73	Warwick	Stacey	40+	1.30
				Michael	Howse	50+	1.25
<b>100m</b>				<b>100m</b>			
			<b>Time</b>				<b>Time</b>
Emily	woolford	U18	15.35	Don	Chambers	70+	0.95
Cheryl	Webster	40+	16.30				
Tracey	Howse	40+	18.25	<b>800m</b>			
							<b>Time</b>
<b>Javelin</b>				<b>800m</b>			
			<b>Distance</b>				<b>Time</b>
Lara	Friesen	Open	20.70	Ben	Hugall	U18	2.14.99
Tracey	Howse	40+	17.64	Nick	Blackwell	U16	2.22.95
Emily	woolford	U18	14.53	Ted	Elkington	U20	2.24.45
Cheryl	Webster	40+	12.60	Ben	Boyd	Open	2.30.74
Debbie	Jones	50+	12.45	Ryan	Blackwell	U16	2.37.58
Fay	Pearce	60+	9.13	Hayden	Clarke	U16	2.56.75
				Matthew	Stacey	U16	3.02.55
				Michael	Howse	50+	3.03.05
				Dennis	Baker	60+	4.07.57
				<b>Discus</b>			
							<b>Distance</b>
				Ben	Boyd	Open	29.30
				Ted	Elkington	U20	21.40
				Dennis	Baker	60+	20.95
				Warwick	Stacey	40+	20.25
				Roger	Blackwell	40+	19.43
				Steve	Boyd	50+	19.07
				Ryan	Blackwell	U16	17.30
				<b>100m</b>			
							<b>Time</b>
				Ben	Hugall	U18	12.10
				Sajan	Tuapa	U16	12.98
				Matthew	Stacey	U16	13.18
				Michael	Howse	50+	13.80
				<b>Javelin</b>			
							<b>Distance</b>
				Ben	Boyd	Open	44.03
				Steve	Boyd	50+	26.92
				Warwick	Stacey	40+	26.72
				Michael	Howse	50+	23.56
				Matthew	Stacey	U16	22.75
				Ben	Hugall	U18	20.22
				Roger	Blackwell	40+	19.61
				Ryan	Blackwell	U16	18.23
				Billl	Pearce	60+	17.02
				Ted	Elkington	U20	15.82
				Don	Chambers	70+	14.79
				Dennis	Baker	60+	13.68

## WAC Results Sunday 26th October 2014

Women				Men			
<b>100m</b>				<b>100m</b>			
Zoe	Smith	U16	14.67	Ben	Hugall	U18	12.05
Amie	Antonello	U16	15.81	Jackson	Whiley	U16	12.17
Natalie	Sharp	U16	16.42	Angus	Ogilvey	U16	12.74
Cheryl	Webster	40+	16.51	Matthew	Stacey	U16	12.79
Janet	Crococ	50+	16.77	Josh	Hugall	U18	12.98
Tracey	Howse	40+	17.71	Sajan	Thapa	U16	13.04
Kate	Paris	50+	17.87	Aiden	Hughes	U16	13.07
<b>3000m</b>				<b>3000m</b>			
Emily	Woolford	U18	13.55.93	Matthew	Clemson	Open	13.25
Chris	Wilson	50+	15.07.38	Gavin	Smith	40+	14.32
Nadia	Mellor	50+	15.44.87	Greg	Simpson	50+	17.50
Debbie	Jones	50+	16.40.12	Dennis	Baker	60+	18.19
Laura	Collins	U18	16.42.97	Michael	Howse	50+	19.65
Fay	Pearce	60+	16.52.21	<b>3000m</b>			
Janet	Crococ	50+	21.02.14	Mick	Evan	Open	10.40.35
Tracey	Howse	40+	21.49.09	Nick	Blackwell	U16	11.06.43
<b>Discus</b>				<b>Discus</b>			
Amie	Antonello	U16	32.65	Ted	Elkington	U18	12.19.62
Lara	Friesen	Open	28.64	Mick	Mellor	60+	13.01.69
Laura	Collins	U18	25.93	Ben	Boyd	Open	13.07.41
Kate	Paris	50+	19.62	Jeff	Cave	40+	13.19.07
Janet	Crococ	50+	17.37	Declan	Pearce	U14	13.25.30
Cheryl	Webster	40+	16.59	Bil	Pearce	60+	14.22.15
Zoe	Smith	U16	15.07	Michael	Howse	50+	14.49.80
Tracey	Howse	40+	14.59	Greg	Simpson	50+	16.43.48
Emily	Woolford	U18	12.51	Robert	Lindley	60+	20.33.21
Chris	Wilson	50+	12.49	<b>Discus</b>			
Debbie	Jones	50+	11.73	Nick	Blackwell	U16	29.82
Natalie	Sharp	U16	10.36	Ben	Boyd	Open	27.55
<b>Shotput</b>				<b>Shotput</b>			
Amie	Antonello	U16	11.19	Warwick	Stacey	40+	22.44
Laura	Collins	U18	9.12	Matthew	Stacey	U16	21.47
Lara	Friesen	Open	8.88	Dennis	Baker	60+	20.90
Kate	Paris	50+	7.92	Bil	Pearce	60+	20.63
Emily	Woolford	U18	7.48	Michael	Howse	50+	19.46
Zoe	Smith	U16	6.95	Matthew	Clemson	Open	19.24
Cheryl	Webster	40+	6.38	Roger	Blackwell	40+	19.04
Janet	Crococ	50+	6.30	Ted	Elkington	U18	18.16
Chris	Wilson	50+	5.88	Ryan	Blackwell	U16	17.39
Tracey	Howse	40+	5.54	Steven	Boyd	50+	16.20
Natalie	Sharp	U16	5.50	<b>Shotput</b>			
<b>High Jump</b>				<b>High Jump</b>			
Laura	Collins	U18	1.35	Jackson	Whiley	U16	11.19
Amie	Antonello	U16	1.30	Warwick	Stacey	40+	9.67
Janet	Crococ	50+	1.10	Ben	Boyd	Open	9.56
Natalie	Sharp	U16	1.10	Ben	Hugall	U18	8.62
<b>Javelin</b>				<b>Javelin</b>			
Laura	Collins	U18	24.26	Matthew	Clemson	Open	8.22
Amie	Antonello	U16	20.19	Ted	Elkington	U18	7.81
Kate	Paris	50+	19.89	Josh	Hugall	U18	7.30
Chris	Wilson	50+	11.65	Steven	Boyd	50+	6.85
<b>Long Jump</b>				<b>Long Jump</b>			
Lara	Friesen	Open	4.58	Michael	Howse	50+	6.78
Emily	Woolford	U18	3.86	Greg	Simpson	50+	6.74
Zoe	Smith	U16	3.48	Dennis	Baker	60+	6.26
Tracey	Howse	40+	3.20	<b>High Jump</b>			
Janet	Crococ	50+	3.19	Jackson	Whiley	U16	1.65
Natalie	Sharp	U16	3.00	Matthew	Stacey	U16	1.50
Cheryl	Webster	40+	2.85	Gavin	Smith	40+	1.50
<b>1500m</b>				<b>1500m</b>			
Kate	Paris	50+	6.46.33	Roger	Blackwell	40+	1.50
<b>400m</b>				<b>400m</b>			
Emily	Woolford	U18	1.16.53	Michael	Howse	50+	1.35
Laura	Collins	U18	1.45.02	Warwick	Stacey	40+	1.25
<b>4 x 100 Relay</b>				<b>4 x 100 Relay</b>			
Jackson	Whiley	U16	54.19	<b>Javelin</b>			
Angus	Ogilvey	U16	54.19	Ben	Boyd	Open	41.70
Ryan	Blackwell	U16	54.19	Steven	Boyd	50+	25.20
Matthew	Stacey	U16	54.19	Matthew	Clemson	Open	21.25
<b>4 x 100 Relay</b>				<b>4 x 100 Relay</b>			
Zoe	Smith	U16	57.84	Bil	Pearce	60+	17.32
Gavin	Smith	40+	57.84	<b>Long Jump</b>			
Michael	Howse	50+	57.84	Jackson	Whiley	U16	5.20
Emily	Woolford	U18	57.84	Ben	Hugall	U18	4.83
<b>4 x 100 Relay</b>				<b>4 x 100 Relay</b>			
Chris	Wilson	50+	1.17.20	Angus	Ogilvey	U16	4.80
Fay	Pearce	60+	1.17.20	Matthew	Stacey	U16	4.77
Kate	Paris	50+	1.17.20	Aiden	Hughes	U16	4.15
Janet	Crococ	50+	1.17.20	Warwick	Stacey	40+	4.15
<b>400m</b>				<b>400m</b>			
Jackson	Whiley	U16	57.17	Sajan	Thapa	U16	3.93
Angus	Ogilvey	U16	1.01.67	Ryan	Blackwell	U16	3.71
Aiden	Hughes	U16	1.05.68	Michael	Howse	50+	3.63
Matthew	Stacey	U16	1.06.06	<b>1500m</b>			
Gavin	Smith	40+	1.08.26	Ted	Elkington	U18	5.25.54
Ryan	Blackwell	U16	1.09.34	Nick	Blackwell	U16	5.26.24
Sajan	Thapa	U16	1.13.03	Matthew	Clemson	Open	5.51.47
Michael	Howse	50+	1.24.25	Ben	Boyd	Open	5.54.77
Dennis	Baker	60+	1.36.75	Declan	Pearce	U14	5.58.22
Dave	Elkington	50+	1.55.20	Steven	Boyd	50+	8.01.08
<b>400m</b>				<b>400m</b>			
Jackson	Whiley	U16	57.17	Dave	Elkington	50+	8.29.72
Angus	Ogilvey	U16	1.01.67	Dennis	Baker	60+	8.44.46
Aiden	Hughes	U16	1.05.68	<b>400m</b>			
Matthew	Stacey	U16	1.06.06	Jackson	Whiley	U16	57.17
Gavin	Smith	40+	1.08.26	Angus	Ogilvey	U16	1.01.67
Ryan	Blackwell	U16	1.09.34	Aiden	Hughes	U16	1.05.68
Sajan	Thapa	U16	1.13.03	Matthew	Stacey	U16	1.06.06
Michael	Howse	50+	1.24.25	Gavin	Smith	40+	1.08.26
Dennis	Baker	60+	1.36.75	Ryan	Blackwell	U16	1.09.34
Dave	Elkington	50+	1.55.20	Sajan	Thapa	U16	1.13.03



## WAC Results Saturday 8th November 2014

WOMEN				MEN			
<b>400m</b>				<b>400m</b>			
			<b>Time</b>				<b>Time</b>
Gabby	Boulton	u14	1.07.02	Matthew	Stacey	u16	1.04.94
Zoe	Smith	u16	1.12.72	Ryan	Blackwell	u16	1.08.34
Emily	Woolford	u18	1.13.99	Ted	Elkington	u20	1.11.79
Sarah	Egan	u14	1.15.60	Declan	Pearce	u14	1.18.02
Janet	Crococ	50+	1.32.81	Warrick	Stacey	40+	1.45.16
<b>Discus</b>				<b>Discus</b>			
			<b>Distance</b>				<b>Distance</b>
Kiahna	Evans	u14	32.97	Nic	Blackwell	U16	34.51
Kate	Parris	50+	18.63	Ben	Boyd	Open	25.67
Janet	Crococ	50+	16.71	Matt	Stacey	U16	23.28
Gabby	Boulton	u14	16.20	Warwick	Stacey	40+	21.20
Zoe	Smith	u16	15.29	Bill	Pearce	60+	21.08
Donna	Evans	open	15.05	Dennis	Baker	60+	20.65
Emily	Woolford	u18	14.19	Ted	Elkington	U20	18.67
Debbie	Jones	50+	12.12	Michael	Fawkner	Open	18.45
Fay	Pearce	60+	9.73	Kevin	Muller	40+	16.74
<b>Shot Put</b>				<b>Shot Put</b>			
			<b>Distance</b>				<b>Distance</b>
Kiahna	Evans	U14	11.73	Warrick	Stacey	40+	9.16
Emily	Woolford	u18	7.94	Ted	Elkington	u18	8.14
Siobhan	Wilson	U18	7.51	Michael	Fawkner	open	8.14
Kate	Parris	50+	7.33	Kevin	Muller	40+	6.08
Donna	Evans	40+	7.23	Dennis	Baker	60+	6.04
Janet	Crococ	50+	6.89	<b>3000m</b>			
Zoe	Smith	U16	6.63				<b>Time</b>
Gabbie	Boulton	U14	6.62	Nic	Blackwell	u16	10.45
Debbie	Jones	50+	6.23	Alan	Pearce	open	11.05
<b>3000m</b>				<b>Shot Put</b>			
			<b>Time</b>				<b>Distance</b>
Siobhan	Wilson	u18	13.27	Warrick	Stacey	40+	9.16
Emily	Woolford	U18	14.08	Ted	Elkington	u18	8.14
Karen	Hill	open	14.36	Michael	Fawkner	open	8.14
Nadia	Mellor	50+	15.53	Kevin	Muller	40+	6.08
Fay	Pearce	60+	17.14	Dennis	Baker	60+	6.04
<b>Long Jump</b>				<b>3000m</b>			
			<b>Distance</b>				<b>Time</b>
Kellei	Gambling	Open	4.40	Nic	Blackwell	u16	10.45
Siobhan	Wilson	U18	4.25	Alan	Pearce	open	11.05
Gabbie	Boulton	U14	4.06	Hayden	Clark	u16	12.27
Karen	Hill	Open	3.98	Ted	Elkington	u20	12.32
Emily	Woolford	U18	3.89	Mike	Mellor	60+	12.51
Zoe	Smith	U16	3.44	Declan	Pearce	u14	13.1
Janet	Crococ	50+	3.23	Bill	Pearce	60+	14.25
Sarah	Egan	U14	3.10	Dave	Elkington	50+	16.15
Debbie	Jones	50+	2.34	Robert	Lindley	70+	21.43
Fay	Pearce	60+	2.05	<b>Long Jump</b>			
<b>100m</b>				<b>Distance</b>			
			<b>Time</b>				<b>Distance</b>
Gabbie	Boulton	U14	13.90	Ben	Boyd	Open	5.05
Zoe	Smith	U16	14.29	Matt	Stacey	U16	4.71
Siobhan	Wilson	U18	14.29	David	Flyod	Open	4.71
Emily	Woolford	U18	14.90	Josh	Egan	U16	4.42
Kellie	Gambling	Open	15.34	Ted	Elkington	U20	4.29
Sarah	Egan	U14	16.11	Ryan	Blackwell	U16	4.05
Karen	Hill	Open	16.25	Warwick	Stacey	40+	3.85
Kiahna	Evans	U14	16.71	Bill	Pearce	60+	2.82
<b>High Jump</b>				<b>Long Jump</b>			
			<b>Distance</b>				<b>Distance</b>
Sarah	Egan	U14	1.20	Don	Chambers	70+	2.14
Emily	Woolford	U18	1.20	Dave	Elkington	50+	1.70
<b>Hammer</b>				<b>100m</b>			
			<b>Distance</b>				<b>Time</b>
Kiahna	Evans	U14	35.63	Ben	Boyd	Open	11.47
Janet	Crococ	50+	23.25	John	Adams	Open	11.51
Kate	Parris	50+	22.33	Ben	Hugall	U20	11.56
Donna	Evans	40+	19.29	Leigh	Miller	Open	12.11
Debbie	Jones	50+	18.11	David	Floyd	Open	12.18
Tracey	Howse	40+	14.67	Matt	Stacey	U16	13.06
Nadia	Mellor	50+	9.84	Connor	Stanley	U16	13.42
<b>1500m</b>				<b>High Jump</b>			
			<b>Distance</b>				<b>Distance</b>
Sarah	Egan	U14	5.54.69	Nic	Blackwell	U16	1.50
Siobhan	Wilson	U18	6.00.09	Ted	Elkington	U18	1.40
Karen	Hill	Open	6.51.84	Matt	Stacey	U16	1.40
Chris	Wilson	50+	7.06.47	Connor	Stanley	U16	1.40
Debbie	Jones	50+	7.54.79	Kevin	Muller	40+	1.20
Janet	Crococ	50+	7.59.75	Michael	Howse	50+	1.05
Fay	Pearce	60+	8.09.18	Don	Chambers	70+	0.95
Tracey	Howse	40+	9.17.08	<b>Hammer</b>			
<b>1500m</b>				<b>Distance</b>			
			<b>Time</b>				<b>Distance</b>
Kevin	Muller	40+	4.51.61	Nic	Blackwell	U16	21.12
Ted	Elkington	U20	5.10.87	Michael	Fawkner	Open	19.89
Ryan	Blackwell	U16	5.11.25	Ben	Boyd	Open	19.04
Ben	Hugall	U20	5.26.19	Don	Chambers	70+	16.87
Hayden	Clarke	U16	5.36.46	Dennis	Baker	60+	16.75
Declan	Pearce	U14	5.56.50	Josh	Egan	U16	13.68
Michael	Howse	50+	6.30.93	<b>1500m</b>			
Josh	Egan	U16	6.34.36				<b>Time</b>
Bill	Pearce	60+	6.41.59	Kevin	Muller	40+	4.51.61
Dennis	Baker	60+	8.51.67	Ted	Elkington	U20	5.10.87
NB Austn record for disability F01							

## WAC Results Saturday 15th November 2014

Throws relay				Distance	Sweedish Relay				Time
Roger	Blackwell	SP	7.46		Johua	Hugall			
Dennis	Baker	Dis	20.18		Ben	Hugall			
Kate	Parris	Jav	20.25		Michael	Howse			
					Nathan	Howse		2.18.36	
Throws Relay				Distance	Sweedish Relay				Time
Emily	Woolford	SP	7.30		Jackson	Whiley			
Zoe	Smith	Dis	14.61		Matthew	Stacey			
Clare	McCormack	Jav	18.25		Ryan	Blackwell			
					Nic	Blackwell		2.29.05	
Throws Relay				Distance	Sweedish Relay				Time
Ben	Hugall	SP	8.22		Fay	Pearce			
Cheryl	Webster	Dis	19.35		Bill	Pearce			
Tracey	Howse	Jav	17.63		Dennis	Baker			
					Joe	Hill		3.24.94	
Throws Relay				Distance	Sweedish Relay				Time
Debbie	Jones	SP	6.41		Kiahna	Evans			
Karen	Hill	Dis	15.87		Zoe	Smith			
Fay	Pearce	Jav	8.70		Emily	Woolford			
					Greg	Simpson		2.53.79	
Throws Relay				Distance	4 x 1500 Relay				Time
Warrick	Stacey	SP	9.60		Greg	Simpson			
Matthew	Stacey	Dis	22.93		Nic	Blackwell			
Ryan	Blackwell	Jav	15.80		Ryan	Blackwell			
					Jackson	Whiley		22.58.76	
Throws Relay				Distance	4 x 1500 Relay				Time
Donna	Evans	SP	7.85		Tracey	Howse			
Kiahna	Evans	Dis	32.06		Dennis	Baker			
Ben	Boyd	Jav	37.80		Nathan	Howse			
					Ben	Boyd		28.47.14	
3x Jumps Relay				Distance	3000m				Time
Cheryl	Webster	LJ	2.92		Masange	Runezerwa	open	10.17.38	
Nathan	Howse	HJ	1.60		Ryan	Blackwell	u16	12.27.96	
Tracey	Howse	TJ	6.33		Roger	Blackwell	40+	12.45.67	
					Karen	Hill	open	13.57.27	
3 x Jumps Relay				Distance	Bill	Pearce	60+	14.16.87	
Bill	Pearce	LJ	3.64		Debbie	Jones	50+	16.26.67	
Clare	McCormack	HJ	1.15		Fay	Pearce	60+	16.44.04	
Emily	Woolford	TJ	8.45						
3 x Jumps Relay				Distance	4 X 400m Relay				Time
Fay	Pearce	LJ	1.95		Jackson	Whiley			
Debbie	Jones	HJ	0.95		Ben	Hugall			
Karen	Hill	TJ	8.07		Joshua	Hugall			
					Kiahna	Evans		4.30.75	
3 x Jumps Relay				Distance	4 x 400m Relay				Time
Joshua	Hugall	LJ	4.13		Roger	Blackwell			
Masange	Runezerwa	HJ	1.20		Zoe	Smith			
Warrick	Stacey	TJ	7.90		Emily	Woolford			
					Michael	Howse		4.53.43	
3 x Jumps Relay				Distance					
Michael	Howse	LJ	3.61						
Roger	Blackwell	HJ	1.90						
Greg	Simpson	TJ	7.28						
3 x Jumps Relay				Distance					
Ben	Hugall	LJ	5.13						
Kiahna	Evans	HJ	1.20						
Zoe	Smith	TJ	7.61						
3 x Jumps Relay				Distance					
Jackson	Whiley	LJ	5.09						
Mitchell	o'Neill	HJ	1.75						
Matthew	Stacey	TJ	10.59						
4 x 100m Relay				Time					
Ryan	Blackwell	u16							
Matthew	Stacey	u16							
Warrick	Stacey	40+							
Michael	Howse	50+	55.88						
4 x 100m Relay				Time					
Kiahna	Evans	u14							
Emily	Woolford	u18							
Zoe	Smith	u16							
Jackson	Whiley	u16	56.34						
4 x 100m Relay				Time					
Ben	Hugall	u20							
Nathan	Howse	u20							
Cheryl	Webster	40+							
Tracey	Howse	40+	56.64						
4 x 100m Relay				Time					
Dennis	Baker	60+							
Joshua	Hugall	u20							
Joe	Hill	u14							
Aiden	Hill	u14	1.10.01						

## WAC Results Sunday 22 November 2014

Women			
<b>Javelin</b>			
Amie	Antonello	U16	29.43
Laura	Collins	U20	21.45
Clare	McCormack	U14	20.04
Cheryl	Webster	40+	13.04
<b>Long Jump</b>			
Siohban	Wilson	U18	4.65
Emily	Woolford	U18	3.99
Zoe	Smith	U16	3.63
Tracey	Howse	40+	3.38
<b>400m</b>			
Lisa	Ryan	Open	1.06.13
Emily	Woolford	U18	1.09.96
Zoe	Smith	U16	1.11.48
Tracey	Howse	40+	1.42.92
Fay	Pearce	60+	1.48.24
<b>Shotput</b>			
Amie	Antonello	U16	11.27
Clare	McCormack	U14	9.81
Laura	Collins	U20	9.80
Siohban	Wilson	U18	7.34
Zoe	Smith	U16	7.14
Emily	Woolford	U18	6.99
Cheryl	Webster	40+	6.15
Tracey	Howse	40+	5.94
<b>Discuss</b>			
Amie	Antonello	U16	33.03
Laura	Collins	U20	24.77
Cheryl	Webster	40+	16.14
Clare	McCormack	U14	15.14
Emily	Woolford	U18	14.88
Tracey	Howse	40+	14.20
Zoe	Smith	U16	14.00
<b>High Jump</b>			
Laura	Collins	U20	1.40
Amie	Antonello	U16	1.25
Clare	McCormack	U14	1.20
<b>1500m</b>			
Siohban	Wilson	U18	6.00.72
Emily	Woolford	U18	6.40.10
Fay	Pearce	60+	8.06.57
Tracey	Howse	40+	8.59.48
<b>100m</b>			
Laura	Collins	U20	14.00
Zoe	Smith	U16	14.19
Lisa	Ryan	Open	14.37
Siohban	Wilson	U18	14.44
Emily	Woolford	U18	14.83
Amie	Antonello	U16	15.70
Cheryl	Webster	40+	15.81
Clare	McCormack	U14	16.50
Tracey	Howse	40+	17.64
<b>3000m</b>			
Siohban	Wilson	U18	12.54.17
Chris	Wilson	50+	15.17.11
Fay	Pearce	60+	17.02.78
<b>4 x 400 Relay</b>			
Siohban	Wilson	U18	
Emily	Woolford	U18	
Zoe	Smith	U16	
Ben	Hugall	U20	4.58.10
<b>4 x 400 Relay</b>			
Dave	Elkington	50+	
Steve	Boyd	50+	
Dennis	Baker	60+	
Michael	Howse	50+	5.56.28

Men			
<b>Javelin</b>			
Ben	Boyd	Open	44.43
Michael	Howse	50+	23.54
Steve	Boyd	50+	21.90
Greg	Simpson	50+	21.17
Bill	Pearce	60+	16.46
Dennis	Baker	60+	15.04
<b>Long Jump</b>			
Peter	Norris	40+	5.05
Ben	Hugall	U20	5.02
Jeremy	Henderson	Open	4.64
Ted	Elkington	U20	4.46
Kevin	Muller	40+	3.59
<b>400m</b>			
Ben	Hugall	U20	52.31
Ben	Boyd	Open	56.34
Ted	Elkington	U20	1.02.66
Michael	Howse	50+	1.05.84
Kevin	Muller	40+	1.07.34
Hayden	Clarke	U16	1.07.42
Declan	Pearce	U14	1.13.52
Ethan	Ryan	U14	1.15.51
Greg	Simpson	50+	1.20.25
Steve	Boyd	50+	1.23.82
Dave	Elkington	50+	1.31.83
<b>Shotput</b>			
Ben	Boyd	Open	9.13
Ben	Hugall	U20	8.59
Jeremy	Henderson	Open	8.47
Ted	Elkington	U20	8.34
Michael	Howse	50+	7.13
Steve	Boyd	50+	7.12
Greg	Simpson	50+	7.05
Dennis	Baker	60+	6.45
<b>Discuss</b>			
Ben	Boyd	Open	28.30
Dennis	Baker	60+	21.79
Bill	Pearce	60+	21.65
Greg	Simpson	50+	21.22
Michael	Howse	50+	19.63
Jeremy	Henderson	Open	19.41
Ted	Elkington	U20	19.10
Steve	Boyd	50+	18.34
Kevin	Muller	40+	16.72
<b>High Jump</b>			
Ben	Boyd	Open	1.55
Peter	Norris	40+	1.50
Jeremy	Henderson	Open	1.50
Greg	Simpson	50+	1.20
<b>1500m</b>			
Ted	Elkington	U20	5.11.03
Peter	Norris	40+	5.14.71
Hayden	Clarke	U16	5.37.54
Declan	Pearce	U14	5.52.55
Jeremy	Henderson	Open	6.15.54
Mike	Mellor	60+	6.23.53
Fay	Pearce	60+	6.54.85
Michael	Howse	50+	7.28.75
Dave	Elkington	50+	7.32.27
Dennis	Baker	60+	8.51.78
<b>100m</b>			
Ben	Hugall	U20	11.69
Ted	Elkington	U20	13.19
Hayden	Clarke	U16	13.75
Kevin	Muller	40+	14.93
Declan	Pearce	U14	15.40
Ethan	Ryan	U14	15.84
Dennis	Baker	60+	18.47
Dave	Elkington	50+	22.24
<b>3000m</b>			
Peter	Norris	40+	11.28.54
Declan	Pearce	U14	12.27.74
Mike	Mellor	60+	12.55.81
Jeff	Cave	40+	13.31.99
Bill	Pearce	60+	14.23.88
Des	Rees	60+	16.23.07



## WAC Results Saturday 29th November 2014

Women				Men			
<b>800m</b>				<b>800m</b>			
Siobhan	Wilson	U18	2.48.67	Ted	Elkington	U20	2.29.16
Mary	Toney	Open	3.05.26	Ryan	Blackwell	U16	2.31.90
Kate	Paris	50+	3.07.21	Gavin	Smith	40+	2.32.66
Nadia	Mellor	50+	3.54.86	Peter	Norris	40+	2.43.00
Tracey	Howse	40+	4.10.77	Michael	Howse	50+	2.58.13
				Roger	Blackwell	40+	3.04.33
				Greg	Simpson	50+	3.13.50
				Dave	Elkington	50+	4.03.27
				Dennis	Baker	60+	4.09.98
<b>Hammer</b>				<b>Hammer</b>			
Kiahna	Evans	U14	34.55	Warwick	Stacey	40+	23.56
Kate	Paris	50+	23.95	Greg	Simpson	50+	21.95
Amie	Antonello	U16	22.18	Nick	Blackwell	U16	20.75
Debbie	Jones	50+	20.10	Scott	Parslow	40+	20.25
Donna	Evans	Open	18.47	Ben	Boyd	Open	19.99
Mary	Toney	Open	17.05	Caleb	Parslow	U16	19.31
Tracey	Howse	40+	14.47	Dennis	Baker	60+	16.27
Siobhan	Wilson	U18	10.70	Roger	Blackwell	40+	14.45
Cheryl	Webster	40+	9.29	Mathew	Stacey	U16	14.09
				Ryan	Blackwell	U16	8.49
<b>Triple Jump</b>				<b>Triple Jump</b>			
Siobhan	Wilson	U18	9.45	Mathew	Stacey	U16	11.08
Mary	Toney	Open	9.21	Ben	Hugall	U20	10.71
Emily	Woolford	U18	8.39	Jackson	Whiley	U16	10.10
Chris	Wilson	50+	6.20	Peter	Norris	40+	9.99
Debbie	Jones	50+	5.81	Caleb	Parslow	U16	9.91
Nadia	Mellor	50+	4.89	Michael	Howse	50+	9.14
Cheryl	Webster	40+	4.43	Ben	Boyd	Open	8.55
				Gavin	Smith	40+	8.16
<b>Javelin</b>				<b>Javelin</b>			
Amie	Antonello	U16	27.81	Warwick	Stacey	40+	7.91
Kiahna	Evans	U14	20.18	Greg	Simpson	50+	7.65
Tracey	Howse	40+	17.76	Scott	Parslow	40+	7.60
Kate	Paris	50+	17.18	Dave	Elkington	50+	4.93
Mary	Toney	Open	16.84				
Emily	Woolford	U18	15.94	<b>Javelin</b>			
Nadia	Mellor	50+	12.90	Ben	Boyd	Open	43.56
Debbie	Jones	50+	12.75	Scott	Parslow	40+	32.15
Cheryl	Webster	40+	12.36	Warwick	Stacey	40+	25.73
				Connor	Stanley	U16	25.09
<b>200m</b>				<b>200m</b>			
Mary	Toney	Open	29.36	Mathew	Stacey	U16	24.96
Siobhan	Wilson	U18	31.56	Steve	Boyd	50+	24.80
Emily	Woolford	U18	31.97	Jackson	Whiley	U16	24.53
Cheryl	Webster	40+	35.20	Roger	Blackwell	40+	23.93
Kate	Paris	50+	38.58	Michael	Howse	50+	22.08
Tracey	Howse	40+	40.72	Greg	Simpson	50+	20.79
Chris	Wilson	50+	42.50	Nick	Blackwell	U16	20.74
				Ted	Elkington	U20	19.72
<b>Shot Put</b>				<b>Shot Put</b>			
Kiahna	Evans	U14	10.89	Bill	Pearce	60+	18.36
Amie	Antonello	U16	10.79	Ryan	Blackwell	U16	15.52
Donna	Evans	Open	6.87	Dennis	Baker	60+	13.52
<b>Long Jump</b>				<b>200m</b>			
Siobhan	Wilson	U18	4.64	Jackson	Whiley	U16	25.64
Mary	Toney	Open	4.52	Mathew	Stacey	U16	27.11
Emily	Woolford	U18	4.04	Ted	Elkington	U20	27.67
Tracey	Howse	40+	3.49	Michael	Howse	50+	27.85
Cheryl	Webster	40+	3.12	Sajan	Thapa	U16	28.25
Kate	Paris	50+	2.94	Caleb	Parslow	U16	29.01
Debbie	Jones	50+	2.42	Nick	Blackwell	U16	29.15
				Connor	Stanley	U16	29.20
<b>100m</b>				<b>100m</b>			
Mary	Toney	Open	14.25	Ryan	Blackwell	U16	30.92
Siobhan	Wilson	U18	14.67	Roger	Blackwell	40+	31.18
Emily	Woolford	U18	15.66	Warwick	Stacey	40+	34.48
Tracey	Howse	40+	17.82	Greg	Simpson	50+	34.79
Kate	Paris	50+	18.51	Dennis	Baker	60+	39.71
				Dave	Elkington	50+	42.00
<b>10,000m</b>				<b>Shot Put</b>			
Chris	Lithgow	50+	47.48.65	Ben	Boyd	Open	9.17
Wendy	Bassett	50+	53.27.35	Scott	Parslow	40+	8.95
Debbie	Jones	50+	59.42.75	Ben	Hugall	U20	8.77
				Steve	Boyd	50+	7.21
				Gavin	Smith	40+	6.43
				<b>100m</b>			
				Ben	Hugall	U20	11.85
				Jackson	Whiley	U16	12.04
				Mathew	Stacey	U16	13.21
				Sajan	Thapa	U16	13.22
				Ted	Elkington	U20	13.37
				Michael	Howse	50+	13.54
				Peter	Norris	40+	13.68
				Gavin	Smith	40+	14.13
				Warwick	Stacey	40+	14.85
				Steve	Boyd	50+	15.88
				Dennis	Baker	60+	19.09
				<b>Long Jump</b>			
				Jackson	Whiley	U16	5.70
				Ben	Hugall	U20	5.42
				Ben	Boyd	Open	5.22
				Peter	Norris	40+	4.86
				Ted	Elkington	U20	4.84
				Mathew	Stacey	U16	4.81
				Gavin	Smith	40+	4.14
				Warwick	Stacey	40+	4.14
				Sajan	Thapa	U16	4.01
				Ryan	Blackwell	U16	3.97
				Greg	Simpson	50+	3.26
				Steve	Boyd	50+	2.85
				<b>10,000m</b>			
				Michael	Mellor	60+	45.10.85
				Bill	Pearce	60+	51.28.25
				Robert	Lindley	70+	76.53.26

