

## WAC Results Saturday 20th December 2014

### WOMEN

1500m			Time
Siobhan	Wilson	U18	5.57.05
Fay	Pearce	60+	7.50.96
Tracey	Howse	40+	9.03.51

High Jump			Distance
Siobhan	Wilson	U18	1.35
Tracey	Howse	40+	0.95

Hammer			Distance
Janet	Crocos	50+	22.58
Clare	McCormack	U14	19.73
Debbie	Jones	50+	19.10
Emily	Woolford	U18	12.64

100m			Time
Zoe	Smith	U16	13.84
Siobhan	Wilson	U18	14.00
Emily	Woolford	U18	14.54
Karen	Hill	Open	15.96
Tracey	Howse	40+	17.36
Chris	Wilson	50+	18.19
Debbie	Jones	50+	18.67
Nadia	Mellor	50+	22.38

Discus			Distance
Laura	Collins	U20	21.97
Clare	McCormack	U14	19.09
Karen	Hill	Open	16.30
Emily	Woolford	U18	16.02
Zoe	Smith	U16	13.84
Fay	Pearce	60+	10.49
Siobhan	Wilson	U18	4.80

Shot Put			Time
Clare	McCormack	U14	9.19
Laura	Collins	U20	8.04
Emily	Woolford	U18	7.47
Janet	Crocos	50+	7.21
Siobhan	Wilson	U18	7.13
Zoe	Smith	U16	6.71
Debbie	Jones	50+	6.49
Tracey	Howse	40+	5.91

### MEN

1500m			Time
Alan	Pearce	Open	4.54.67
Kevin	Muller	40+	4.54.94
Ted	Elkington	U20	4.57.54
Peter	Norris	40+	5.18.28
Declan	Pearce	U14	5.56.26
Matt	Stacey	U16	6.29.61
Bill	Pearce	60+	6.48.06
Dennis	Baker	60+	8.52.82

High Jump			Distance
Gavin	Smith	40+	1.60
Ben	Boyd	Open	1.55
Peter	Norris	40+	1.50
Connor	Stanley	U16	1.50
Ted	Elkington	U20	1.40
Matt	Stacey	U16	1.35
Michael	Howse	50+	1.30
Ben	Hugall	U20	1.30

Hammer			Distance
Warwick	Stacey	40+	20.06
Dennis	Baker	60+	17.26

100m			Time
Ben	Hugall	U20	11.74
Josh	Hugall	U20	12.55
Matt	Stacey	U16	12.56
Michael	Howse	50+	12.92
Connor	Stanley	U16	13.39
Kevin	Muller	40+	14.52
Warwick	Stacey	40+	15.66
Bill	Pearce	60+	16.64
Declan	Pearce	U14	16.81
Dennis	Baker	60+	19.04

Discus			Distance
Ben	Boyd	Open	27.87
Matt	Stacey	U16	26.43
Warwick	Stacey	40+	23.05
Jeremy	Henderson	Open	22.67
Bill	Pearce	60+	22.11
Dennis	Baker	60+	22.06
Michael	Howse	50+	20.75
Ted	Elkington	U20	17.53
Kevin	Muller	40+	16.65
Declan	Pearce	U14	13.66

Long Jump			Distance
Siobhan	Wilson	U18	4.60
Karen	Hill	Open	4.13
Emily	Woolford	U18	3.80
Zoe	Smith	U16	3.59
Laura	Collins	U20	3.36
Tracey	Howse	40+	3.26
Clare	McCormack	U14	2.70
Debbie	Jones	50+	2.13
Nadia	Mellor	50+	2.08
Fay	Pearce	60+	2.05

3000m			Distance
Karen	Hill	Open	14.21.33
Wendy	Bassett	50+	14.36.61
Chris	Wilson	50+	15.06.97
Nadia	Mellor	50+	15.41.31
Debbie	Jones	50+	16.34.62
Fay	Pearce	60+	16.49.98
Tracey	Howse	40+	22.02.13

400m			Distance
Emily	Woolford	U18	1.09.20
Zoe	Smith	U16	1.09.64
Siobhan	Wilson	U18	1.11.69

Shot Put			Time
Ben	Boyd	Open	9.65
Ted	Elkington	U20	8.83
Warwick	Stacey	40+	8.77
Jeremy	Henderson	Open	8.19
Josh	Hugall	U20	7.51
Michael	Howse	50+	7.00
Don	Chambers	70+	6.60
Dennis	Baker	60+	6.24

Long Jump			Distance
Ben	Hugall	U20	5.26
Peter	Norris	40+	4.55
Jeremy	Henderson	Open	4.42
Josh	Hugall	U20	4.21
Matt	Stacey	U16	4.20
Michael	Howse	50+	3.96
Warwick	Stacey	40+	3.81
Bill	Pearce	60+	3.21

3000m			Distance
Kevin	Muller	40+	10.55.08
Alan	Pearce	Open	11.39.18
Peter	Norris	40+	11.50.30
Declan	Pearce	U14	12.33.50
Mike	Mellor	50+	12.36.08
Gavin	Smith	40+	12.53.95
Ben	Boyd	Open	13.03.55
Bill	Pearce	60+	14.14.23
Robert	Lindley	70+	21.03.23

400m			Time
Ben	Hugall	U20	53.73
Matt	Stacey	U16	1.04.54
Michael	Howse	50+	1.07.07
Ted	Elkington	U20	1.08.57