

WAC Results Saturday 20th December 2014

WOMEN

| 1500m | | | Time |
|---------|--------|-----|---------|
| Siobhan | Wilson | U18 | 5.57.05 |
| Fay | Pearce | 60+ | 7.50.96 |
| Tracey | Howse | 40+ | 9.03.51 |

| High Jump | | | Distance |
|-----------|--------|-----|----------|
| Siobhan | Wilson | U18 | 1.35 |
| Tracey | Howse | 40+ | 0.95 |

| Hammer | | | Distance |
|--------|-----------|-----|----------|
| Janet | Crocos | 50+ | 22.58 |
| Clare | McCormack | U14 | 19.73 |
| Debbie | Jones | 50+ | 19.10 |
| Emily | Woolford | U18 | 12.64 |

| 100m | | | Time |
|---------|----------|------|-------|
| Zoe | Smith | U16 | 13.84 |
| Siobhan | Wilson | U18 | 14.00 |
| Emily | Woolford | U18 | 14.54 |
| Karen | Hill | Open | 15.96 |
| Tracey | Howse | 40+ | 17.36 |
| Chris | Wilson | 50+ | 18.19 |
| Debbie | Jones | 50+ | 18.67 |
| Nadia | Mellor | 50+ | 22.38 |

| Discus | | | Distance |
|---------|-----------|------|----------|
| Laura | Collins | U20 | 21.97 |
| Clare | McCormack | U14 | 19.09 |
| Karen | Hill | Open | 16.30 |
| Emily | Woolford | U18 | 16.02 |
| Zoe | Smith | U16 | 13.84 |
| Fay | Pearce | 60+ | 10.49 |
| Siobhan | Wilson | U18 | 4.80 |

| Shot Put | | | Time |
|----------|-----------|-----|------|
| Clare | McCormack | U14 | 9.19 |
| Laura | Collins | U20 | 8.04 |
| Emily | Woolford | U18 | 7.47 |
| Janet | Crocos | 50+ | 7.21 |
| Siobhan | Wilson | U18 | 7.13 |
| Zoe | Smith | U16 | 6.71 |
| Debbie | Jones | 50+ | 6.49 |
| Tracey | Howse | 40+ | 5.91 |

MEN

| 1500m | | | Time |
|--------|-----------|------|---------|
| Alan | Pearce | Open | 4.54.67 |
| Kevin | Muller | 40+ | 4.54.94 |
| Ted | Elkington | U20 | 4.57.54 |
| Peter | Norris | 40+ | 5.18.28 |
| Declan | Pearce | U14 | 5.56.26 |
| Matt | Stacey | U16 | 6.29.61 |
| Bill | Pearce | 60+ | 6.48.06 |
| Dennis | Baker | 60+ | 8.52.82 |

| High Jump | | | Distance |
|-----------|-----------|------|----------|
| Gavin | Smith | 40+ | 1.60 |
| Ben | Boyd | Open | 1.55 |
| Peter | Norris | 40+ | 1.50 |
| Connor | Stanley | U16 | 1.50 |
| Ted | Elkington | U20 | 1.40 |
| Matt | Stacey | U16 | 1.35 |
| Michael | Howse | 50+ | 1.30 |
| Ben | Hugall | U20 | 1.30 |

| Hammer | | | Distance |
|---------|--------|-----|----------|
| Warwick | Stacey | 40+ | 20.06 |
| Dennis | Baker | 60+ | 17.26 |

| 100m | | | Time |
|---------|---------|-----|-------|
| Ben | Hugall | U20 | 11.74 |
| Josh | Hugall | U20 | 12.55 |
| Matt | Stacey | U16 | 12.56 |
| Michael | Howse | 50+ | 12.92 |
| Connor | Stanley | U16 | 13.39 |
| Kevin | Muller | 40+ | 14.52 |
| Warwick | Stacey | 40+ | 15.66 |
| Bill | Pearce | 60+ | 16.64 |
| Declan | Pearce | U14 | 16.81 |
| Dennis | Baker | 60+ | 19.04 |

| Discus | | | Distance |
|---------|-----------|------|----------|
| Ben | Boyd | Open | 27.87 |
| Matt | Stacey | U16 | 26.43 |
| Warwick | Stacey | 40+ | 23.05 |
| Jeremy | Henderson | Open | 22.67 |
| Bill | Pearce | 60+ | 22.11 |
| Dennis | Baker | 60+ | 22.06 |
| Michael | Howse | 50+ | 20.75 |
| Ted | Elkington | U20 | 17.53 |
| Kevin | Muller | 40+ | 16.65 |
| Declan | Pearce | U14 | 13.66 |

| Long Jump | | | Distance |
|-----------|-----------|------|----------|
| Siobhan | Wilson | U18 | 4.60 |
| Karen | Hill | Open | 4.13 |
| Emily | Woolford | U18 | 3.80 |
| Zoe | Smith | U16 | 3.59 |
| Laura | Collins | U20 | 3.36 |
| Tracey | Howse | 40+ | 3.26 |
| Clare | McCormack | U14 | 2.70 |
| Debbie | Jones | 50+ | 2.13 |
| Nadia | Mellor | 50+ | 2.08 |
| Fay | Pearce | 60+ | 2.05 |

| 3000m | | | Distance |
|--------|---------|------|----------|
| Karen | Hill | Open | 14.21.33 |
| Wendy | Bassett | 50+ | 14.36.61 |
| Chris | Wilson | 50+ | 15.06.97 |
| Nadia | Mellor | 50+ | 15.41.31 |
| Debbie | Jones | 50+ | 16.34.62 |
| Fay | Pearce | 60+ | 16.49.98 |
| Tracey | Howse | 40+ | 22.02.13 |

| 400m | | | Distance |
|---------|----------|-----|----------|
| Emily | Woolford | U18 | 1.09.20 |
| Zoe | Smith | U16 | 1.09.64 |
| Siobhan | Wilson | U18 | 1.11.69 |

| Shot Put | | | Time |
|----------|-----------|------|------|
| Ben | Boyd | Open | 9.65 |
| Ted | Elkington | U20 | 8.83 |
| Warwick | Stacey | 40+ | 8.77 |
| Jeremy | Henderson | Open | 8.19 |
| Josh | Hugall | U20 | 7.51 |
| Michael | Howse | 50+ | 7.00 |
| Don | Chambers | 70+ | 6.60 |
| Dennis | Baker | 60+ | 6.24 |

| Long Jump | | | Distance |
|-----------|-----------|------|----------|
| Ben | Hugall | U20 | 5.26 |
| Peter | Norris | 40+ | 4.55 |
| Jeremy | Henderson | Open | 4.42 |
| Josh | Hugall | U20 | 4.21 |
| Matt | Stacey | U16 | 4.20 |
| Michael | Howse | 50+ | 3.96 |
| Warwick | Stacey | 40+ | 3.81 |
| Bill | Pearce | 60+ | 3.21 |

| 3000m | | | Distance |
|--------|---------|------|----------|
| Kevin | Muller | 40+ | 10.55.08 |
| Alan | Pearce | Open | 11.39.18 |
| Peter | Norris | 40+ | 11.50.30 |
| Declan | Pearce | U14 | 12.33.50 |
| Mike | Mellor | 50+ | 12.36.08 |
| Gavin | Smith | 40+ | 12.53.95 |
| Ben | Boyd | Open | 13.03.55 |
| Bill | Pearce | 60+ | 14.14.23 |
| Robert | Lindley | 70+ | 21.03.23 |

| 400m | | | Time |
|---------|-----------|-----|---------|
| Ben | Hugall | U20 | 53.73 |
| Matt | Stacey | U16 | 1.04.54 |
| Michael | Howse | 50+ | 1.07.07 |
| Ted | Elkington | U20 | 1.08.57 |