

Program 4**5pm, Saturday 24 October 2015****Women**

Name	Age group	Result
100m		
Claudia Grogan	U14	14.97
Zoe Smith	U18	15.27
Siobhan Wilson	U20	15.50
Janet Crocos	50+	16.98
Tracey Howse	50+	18.99
Marian Wolmarans	40+	19.32
Paula Wolmarans	U14	20.04
1500m		
Siobhan Wilson	U20	5:52.69
Karen Hill	Open	6:45.91
Fay Pearce	60+	7:51.56
Debbie Jones	50+	8:08.87
3000m		
Siobhan Wilson	U20	13:17.24
Karen Hill	Open	14:24.91
Debbie Jones	50+	16:44.99
Fay Pearce	60+	16:50.60
Marian Wolmarans	40+	18:46.24
Paula Wolmarans	U14	20:29.86
Tracey Howse	50+	23:24.82
300m		
Zoe Smith	U18	52.59
Fay Pearce	60+	1:12.18
Tracey Howse	50+	1:20.66
Hammer Throw		
Clare McCormack	U16	32.46
Janet Crocos	50+	22.89
Kate Parris	50+	21.46
Debbie Jones	50+	18.17
Helen McCormack	U14	14.59
Claudia Grogan	U14	6.06
High Jump		
Clare McCormack	U16	1.15
Claudia Grogan	U14	1.15
Javelin		
Clare McCormack	U16	26.77
Janet Crocos	50+	17.00
Tracey Howse	50+	15.79
Claudia Grogan	U14	13.43
Zoe Smith	U18	13.23
Debbie Jones	50+	12.93
Helen McCormack	U14	10.31
Fay Pearce	60+	9.08
Paula Wolmarans	U14	8.25

Men

Name	Age group	Result
100m		
Jackson Whiley	U16	11.81
Matthew Stacey	U16	12.68
Flynn Eriksson	U14	13.19
Thomas Snook	Open	13.68
Michael Howse	50+	13.84
Nicholas Blackwell	U18	14.72
Warwick Stacey	40+	15.82
Ryan Blackwell	U16	16.35
Stan Grant	40+	16.48
1500m		
Nicholas Blackwell	U18	4:50.90
Ryan Blackwell	U16	5:11.91
Declan Pearce	U14	5:35.45
Michael Mellor	60+	6:06.90
Matthew Stacey	U16	6:31.30
Chris Lewis	50+	7:02.76
Dennis Baker	60+	9:00.80
3000m		
Nathan Regan	U20	11:22.82
Declan Pearce	U14	11:45.07
Michael Mellor	60+	12:46.66
Cameron Singleton	U18	13:52.35
Flynn Eriksson	U14	13:53.44
William Pearce	60+	15:29.77
Kevin Jones	50+	15:42.22
Robert Lindley	70+	20:21.00
300m		
Benjamin Hugall	U20	38.46
Cameron Singleton	U18	41.07
Matthew Stacey	U16	42.71
Nicholas Blackwell	U18	44.53
Thomas Snook	Open	45.75
Michael Howse	50+	48.29
Ryan Blackwell	U16	49.62
Hammer Throw		
Jackson Whiley	U16	24.83
Flynn Eriksson	U14	24.57
Stan Grant	40+	22.20
Marco Lane	U14	20.90
Greg Simpson	50+	18.95
Nicholas Blackwell	U18	18.32
Dennis Baker	60+	16.39
Harrison Young	U14	14.66
High Jump		

Nadia Mellor	50+	7.93
Long Jump		
Siobhan Wilson	U20	4.58
Karen Hill	Open	3.89
Claudia Grogan	U14	3.42
Zoe Smith	U18	3.36
Clare McCormack	U16	2.88
Tracey Howse	50+	2.70
Debbie Jones	50+	2.11
Shot Put		
Clare McCormack	U16	10.64
Claudia Grogan	U14	7.92
Kate Parris	50+	7.87
Janet Crocos	50+	7.13
Zoe Smith	U18	6.89
Tracey Howse	50+	6.64
Debbie Jones	50+	6.45
Helen McCormack	U14	5.27
Marian Wolmarans	40+	4.96
Paula Wolmarans	U14	4.84

Jackson Whiley	U16	1.75
Thomas Snook	Open	1.35
Warwick Stacey	40+	1.30
Greg Simpson	50+	1.15
Javelin		
Stan Grant	40+	36.28
Jackson Whiley	U16	28.60
Michael Howse	50+	24.42
Chris Lewis	50+	23.78
Matthew Stacey	U16	21.41
Harrison Young	U14	20.31
Ryan Blackwell	U16	18.23
Marco Lane	U14	17.35
Flynn Eriksson	U14	16.18
William Pearce	60+	15.87
Greg Simpson	50+	15.57
Declan Pearce	U14	12.05
Dennis Baker	60+	11.97
Long Jump		
Jackson Whiley	U16	5.12
Cameron Singleton	U18	5.03
Matthew Stacey	U16	4.96
Flynn Eriksson	U14	4.94
Thomas Snook	Open	4.69
Ryan Blackwell	U16	4.15
Warwick Stacey	40+	3.88
Harrison Young	U14	3.76
Shot Put		
Jackson Whiley	U16	12.52
Flynn Eriksson	U14	10.67
Stan Grant	40+	10.18
Matthew Stacey	U16	8.82
Warwick Stacey	40+	8.69
Harrison Young	U14	7.37
Marco Lane	U14	7.28
Kevin Jones	50+	7.11
Michael Howse	50+	6.88
Greg Simpson	50+	6.37
Dennis Baker	60+	5.52

