

WAC Results 21.11.2015

WOMEN

100m			
Miranda	Williams	20	13.77
Claudia	Grogan	14	13.88
Zoe	Smith	18	14.02
Janet	Crococ	50	16.57
Tracey	Howse	50	18.21

1500m			
Kate	Parris	50	6:33.63
Fay	Pearce	60	7:40.49

3000m			
Fay	Pearce	60	16:06.36
Debbie	Jones	50	16:29.31

400m			
Siobhan	Wilson	20	1:06.84
Zoe	Smith	18	1:12.76
Fay	Pearce	60	1:42.99

Discus			
Kate	Parris	50	19.35
Emily	Woolford	20	19.11
Clare	McCormack	16	18.17
Claudia	Grogan	14	17.80
Janet	Crococ	50	17.62
Siobhan	Wilson	20	16.19
Zoe	Smith	18	14.55
Debbie	Jones	50	12.52

Hammer Throw			
Clare	McCormack	16	30.78
Janet	Crococ	50	22.15
Debbie	Jones	50	19.92
Kate	Parris	50	19.66
Tracey	Howse	50	13.16
Siobhan	Wilson	20	12.33
Emily	Woolford	20	12.22

MEN

100			
Cameron	Singleton	18	12.09
Jackson	Whiley	16	12.11
Thomas	Snook	30	12.80
Joshua	Scammell	18	12.98
Flynn	Eriksson	14	13.12
Michael	Howse	50	13.99
Ryan	Blackwell	16	15.00
David	Williams	50	16.92
Dennis	Baker	60	18.67

1500m			
Nicholas	Blackwell	18	4:45.58
Alex	Race-Stelling	16	4:47.49
Ted	Elkington	20	4:49.63
Ryan	Blackwell	16	4:55.88
Nathan	Regan	20	5:02.87
Declan	Pearce	14	5:23.99
Gavin	Smith	40	6:30.96
Des	Rees	60	6:56.24
Warwick	Stacey	40	7:31.47

3000m			
Alex	Race-Stelling	16	10:35.98
Digby	Race	50	10:40.08
Nathan	Regan	20	11:35.84
Peter	Norris	40	11:39.85
Declan	Pearce	14	12:02.60
Ted	Elkington	20	12:03.42
Gavin	Smith	40	14:21.12
Des	Rees	60	14:35.83
William	Pearce	60	14:55.67
Kevin	Jones	50	15:20.16
Dennis	Baker	60	20:17.23

400m			
Jackson	Whiley	16	52.77
Cameron	Singleton	18	53.52
Matthew	Stacey	16	59.39
Joshua	Scammell	18	61.21
Dennis	Baker	60	93.21

Javelin			
Clare	McCormack	16	20.92
Janet	Crococ	50	18.43
Tracey	Howse	50	16.33
Emily	Woolford	20	15.88
Siobhan	Wilson	20	15.15
Claudia	Grogan	14	13.78
Debbie	Jones	50	12.13
Fay	Pearce	60	10.20
Zoe	Smith	18	10.11

Long Jump			
Miranda	Williams	20	4.98
Siobhan	Wilson	20	4.56
Claudia	Grogan	14	3.59
Zoe	Smith	18	3.41
Janet	Crococ	50	3.35
Tracey	Howse	50	3.07
Debbie	Jones	50	2.31

Triple Jump			
Siobhan	Wilson	20	8.98
Zoe	Smith	18	7.47
Clare	McCormack	16	6.88
Janet	Crococ	50	6.72
Tracey	Howse	50	6.10
Debbie	Jones	50	5.50

Discus			
Chris	Lewis	50	30.15
Nicholas	Blackwell	18	29.04
Stan	Grant	40	28.56
Jackson	Whiley	16	24.74
William	Pearce	60	22.03
Michael	Howse	50	20.69
Dennis	Baker	60	20.28
Flynn	Eriksson	14	19.79
Ryan	Blackwell	16	18.70
Greg	Simpson	50	18.49
Harrison	Young	14	18.24
Ted	Elkington	20	17.95

Hammer Throw			
Stan	Grant	40	22.94
Chris	Lewis	50	21.10
Jackson	Whiley	16	20.69
Flynn	Eriksson	14	18.81
Greg	Simpson	50	18.18
David	Williams	50	18.07
Ted	Elkington	20	12.44
Dennis	Baker	60	11.31
Harrison	Young	14	10.76

Javelin			
Stan	Grant	40	36.26
Warwick	Stacey	40	29.15
Jackson	Whiley	16	27.61
David	Williams	50	26.07
Nicholas	Blackwell	18	23.72
Matthew	Stacey	16	23.41
Harrison	Young	14	20.58
Ryan	Blackwell	16	20.49
Flynn	Eriksson	14	19.72
Gavin	Smith	40	15.88
Greg	Simpson	50	15.42
Dennis	Baker	60	13.90
William	Pearce	60	13.75
Declan	Pearce	14	13.44

Long Jump			
Cameron	Singleton	18	5.43
Matthew	Stacey	16	5.39
Joshua	Scammell	18	5.24
Jackson	Whiley	16	5.23
Flynn	Eriksson	14	5.05
Ted	Elkington	20	4.68
Ryan	Blackwell	16	4.26
Thomas	Snook	30	3.75
Harrison	Young	14	3.66
Warwick	Stacey	40	3.65
Gavin	Smith	40	3.55
David	Williams	50	3.22
Greg	Simpson	50	2.40

Triple Jump			
Matthew	Stacey	16	11.38
Cameron	Singleton	18	11.37
Joshua	Scammell	18	11.10
Flynn	Eriksson	14	9.95
Thomas	Snook	30	9.67
Peter	Norris	40	9.50
Michael	Howse	50	8.65
Harrison	Young	14	7.99
David	Williams	50	6.75