

Wodonga Athletic Club Pentathlon Championship 5th December 2015

WOMEN

			Long Jump		Javelin		200M			Discus		800M			Total
Competitor		Age Grp	Distance	Score	Distance	Score	Time	Timing	Score	Distance	Score	Mins	Secs	Score	
						e / m?									
Allison	Williams	U16	4.79	503	21.71	331	28.97	e	556	19.36	266	2	54.55	417	2073
Siobhan	Wilson	U20	4.29	376	16.86	239	31.3	e	395	14.69	184	2	45.16	515	1709
Gemma	Fenn	U14	4.51	431	12.32	154	29.94	e	486	11.13	123	2	55.07	412	1606
Ivy	Kusmierski	U14	4.49	426	8.22	78	30.67	e	436	14.95	188	4	7.39	3	1131
Claudia	Grogan	U14	3.10	124	13.40	174	29.55	e	514	20.14	280	6	7.63	0	1092
Victoria	Turner	open	3.19	140	15.44	212	35.37	e	174	16.01	207	3	44.52	64	797
Janet	Crococ	50+	3.43	186	15.39	211	37.16	e	103	16.89	222	4	14.16	0	722
Kate	Lowe	U20	3.03	112	11.24	134	38.21	e	69	14.23	176	4	15.16	0	491
Fay	Pearce	60+	2.09	0	11.14	132	43.72	e	0	8.30	77	4	2.8	10	219

			Long Jump		Javelin		200M			Discus		1500M			Total
Competitor		Age Grp	Distance	Score	Distance	Score	Time	Timing	Score	Distance	Score	Mins	Secs	Score	
						e / m?									
Jackson	Whiley	U16	5.54	490	33.17	344	24.46	e	652	27.63	418	4	47.09	636	2540
Christian	Paynter	U20	6.13	615	49.38	579	25.35	e	577	32.93	522	6	20.54	186	2479
Nathan	Howse	Open	6.39	673	29.54	293	23.78	e	713	22.11	312	7	3.07	66	2057
Matthew	Stacey	U16	5.50	481	23.11	204	25.91	e	531	28.93	443	6	6.1	240	1899
Michael	Howse	50+	3.78	171	23.02	202	29.78	e	264	19.88	270	7	6.98	58	965
Gavin	Smith	40+	3.70	159	18.75	145	31.14	e	190	21.72	304	6	26.76	165	963
Declan	Pearce	U14	3.42	119	10.20	35	32.70	e	119	17.47	225	5	38.18	360	858
Bill	Pearce	60+	3.04	70	15.47	101	41.04	e	0	20.86	288	7	36.59	12	471

Women

Long Jump			
Allison	Williams	U16	4.79
Siobhan	Wilson	U20	4.29
Gemma	Fenn	U14	4.51
Ivy	Kusmierski	U14	4.49
Claudia	Grogan	U14	3.10
Victoria	Turner	open	3.19
Janet	Crococ	50+	3.43
Kate	Lowe	U20	3.03
Fay	Pearce	60+	2.09
Debbie	Jones	50+	2.02

Javelin			
Allison	Williams	U16	21.71
Siobhan	Wilson	U20	16.86
Gemma	Fenn	U14	12.32
Ivy	Kusmierski	U14	8.22
Claudia	Grogan	U14	13.40
Victoria	Turner	open	15.44
Janet	Crococ	50+	15.39
Kate	Lowe	U20	11.24
Fay	Pearce	60+	11.14
Debbie	Jones	50+	13.61
Mary	Toney	Open	17.71

200m			
Allison	Williams	U16	28.97
Siobhan	Wilson	U20	31.3
Gemma	Fenn	U14	29.94
Ivy	Kusmierski	U14	30.67
Claudia	Grogan	U14	29.55
Victoria	Turner	open	35.37

Men

Long Jump			
Nathan	Howse	Open	6.39
Christian	Paynter	U20	6.13
Jackson	Whiley	U16	5.54
Cameron	Singleton	U18	5.52
Matthew	Stacey	U16	5.50
Michael	Howse	50+	3.78
Gavin	Smith	40+	3.70
Declan	Pearce	U14	3.42
Warwick	Stacey	50+	3.42
Bill	Pearce	60+	3.04

Javelin			
Christian	Paynter	U20	49.38
Jackson	Whiley	U16	33.17
Nathan	Howse	Open	29.54
Warwick	Stacey	50+	25.45
Matthew	Stacey	U16	23.11
Michael	Howse	50+	23.02
Gavin	Smith	40+	18.75
Bill	Pearce	60+	15.47
Cameron	Singleton	U18	14.41
Declan	Pearce	U14	10.20

200m			
Nathan	Howse	Open	23.78
Jackson	Whiley	U16	24.46
Cameron	Singleton	U18	24.86
Christian	Paynter	U20	25.35
Matthew	Stacey	U16	25.91
Michael	Howse	50+	29.78

Janet	Crococ	50+	37.16
Kate	Lowe	U20	38.21
Fay	Pearce	60+	43.72

Discus			
Allison	Williams	U16	19.36
Siobhan	Wilson	U20	14.69
Gemma	Fenn	U14	11.13
Ivy	Kusmierski	U14	14.95
Claudia	Grogan	U14	20.14
Victoria	Turner	open	16.01
Janet	Crococ	50+	16.89
Kate	Lowe	U20	14.23
Fay	Pearce	60+	8.30
Mary	Toney	Open	14.96

800m			
Allison	Williams	U16	2.54.55
Siobhan	Wilson	U20	2.45.16
Gemma	Fenn	U14	2.55.07
Ivy	Kusmierski	U14	4.07.39
Claudia	Grogan	U14	6.07.63
Victoria	Turner	open	3.44.52
Janet	Crococ	50+	4.14.16
Kate	Lowe	U20	4.15.16
Fay	Pearce	60+	4.02.80

3000m			
Debbie	Jones	50+	16.58.72
Fay	Pearce	60+	17.18.61

Gavin	Smith	40+	31.14
Warwick	Stacey	50+	32.26
Declan	Pearce	U14	32.7
Bill	Pearce	60+	41.04

Discus			
Christian	Paynter	U20	32.93
Matthew	Stacey	U16	28.93
Jackson	Whiley	U16	27.63
Nathan	Howse	Open	22.11
Gavin	Smith	40+	21.72
Bill	Pearce	60+	20.86
Michael	Howse	50+	19.88
Declan	Pearce	U14	17.47

1500m			
Jackson	Whiley	U16	4.47.09
Declan	Pearce	U14	5.38.18
Matthew	Stacey	U16	6.06.10
Gavin	Smith	40+	6.06.98
Christian	Paynter	U20	6.20.54
Nathan	Howse	Open	7.03.07
Michael	Howse	50+	7.06.98
Bill	Pearce	60+	7.36.59

3000m			
Alex	Race-Stellir	U16	10.24.37
John	Baker	Open	10.26.12
Digby	Race	50+	11.03.67
Mike	Mellor	60+	12.58.62
Kevin	Jones	50+	15.36.06
Robert	Lindley	70+	21.09.70