

WAC RESULTS

16.01.2016

WOMEN

100m			
Gabriella	Boulton	16	13.10
Allison	Williams	16	13.32
Mary	Toney	30	13.59
Siobhan	Wilson	20	14.52
Tracey	Howse	50	18.46
Chris	Wilson	50	19.33
Fay	Pearce	60	19.58

110m Hurdles			
Allison	Williams	16	15.86

200m			
Gabriella	Boulton	16	26.51
Mary	Toney	30	29.29
Karen	Hill	30	33.08

5000m			
Fay	Pearce	60	27:31.70

800m			
Siobhan	Wilson	20	3:10.25
Kate	Parris	50	3:17.74
Chris	Wilson	50	3:40.98
Fay	Pearce	60	4:01.48

Discus			
Clare	McCormack	16	21.15
Emily	Woolford	20	15.95
Kate	Parris	50	15.76
Karen	Hill	30	14.00
Helen	McCormack	14	11.82
Debbie	Jones	50	11.49
Nadia	Mellor	50	8.77

Hammer Throw			
Clare	McCormack	16	32.38
Debbie	Jones	50	19.65
Kate	Parris	50	19.27
Helen	McCormack	14	15.11
Mary	Toney	30	15.04
Tracey	Howse	50	13.76
Emily	Woolford	20	12.09
Siobhan	Wilson	20	11.61

MEN

100m			
Cameron	Singleton	18	11.61
Jack	Boulton	14	12.70
Flynn	Eriksson	14	12.71
Michael	Howse	50	13.14
Roger	Blackwell	40	15.36

200m			
Cameron	Singleton	18	24.16
Jack	Boulton	14	25.84
Flynn	Eriksson	14	26.41
Gavin	Smith	40	29.74
Ryan	Blackwell	16	30.29
Dennis	Baker	60	39.46

5000m			
Alex	Race-Stelling	16	18:40.87
Digby	Race	50	19:08.31
Nathan	Regan	20	20:58.32
Michael	Mellor	60	21:29.27
Trent	Turner	30	22:12.11
Des	Rees	60	24:55.32
William	Pearce	60	26:35.28
Kevin	Jones	50	27:24.73
Robert	Lindley	70	33:46.72
Dennis	Baker	60	34:31.77

800m			
Alex	Race-Stelling	16	2:24.02
Ryan	Blackwell	16	2:26.79
Roger	Blackwell	40	2:51.77
Des	Rees	60	3:18.88

Discus			
Stan	Grant	40	29.40
Dennis	Baker	60	21.55
Harrison	Young	14	20.69
David	Williams	50	20.23
William	Pearce	60	19.40

High Jump			
Allison	Williams	16	1.50
Mary	Toney	30	1.35
Clare	McCormack	16	1.15
Tracey	Howse	50	1.00

Javelin			
Clare	McCormack	16	22.71
Kate	Parris	50	18.09
Tracey	Howse	50	17.88
Emily	Woolford	20	14.97
Debbie	Jones	50	14.43
Siobhan	Wilson	20	13.57
Fay	Pearce	60	10.74
Helen	McCormack	14	9.96

Steeplechase			
Chris	Wilson	50	10:42.42
Siobhan	Wilson	20	14:07.87
Karen	Hill	30	15:44.40

Triple Jump			
Allison	Williams	16	10.08
Siobhan	Wilson	20	9.04
Karen	Hill	30	8.18
Emily	Woolford	20	8.14
Tracey	Howse	50	5.84

Hammer Throw			
Stan	Grant	40	22.36
Harrison	Young	14	20.80
David	Williams	50	18.28
Dennis	Baker	60	14.09

High Jump			
Gavin	Smith	40	1.50
David	Williams	50	1.25
Michael	Howse	50	1.20

Javelin			
Stan	Grant	40	36.62
David	Williams	50	22.85
Harrison	Young	14	21.45
Ryan	Blackwell	16	19.01
Flynn	Eriksson	14	18.33
Cameron	Singleton	18	16.66
Dennis	Baker	60	12.98

Steeplechase			
Ryan	Blackwell	16	7:39.01
Digby	Race	50	12:42.57
Roger	Blackwell	40	15:08.09

Triple Jump			
Jack	Boulton	14	10.06
Flynn	Eriksson	14	9.40
Ryan	Blackwell	16	9.40
Michael	Howse	50	7.74
Gavin	Smith	40	7.33