

WAC Results

13th February 2016

WOMEN

100m			
Miranda	Williams	20	13.66
Zoe	Smith	18	13.96
Mary	Toney	30	14.36
Siobhan	Wilson	20	15.79
Janet	Crocos	50	16.84

200m			
Mary	Toney	30	29.15
Zoe	Smith	18	29.59
Allison	Williams	16	29.92
Emily	Woolford	20	32.65
Karen	Hill	30	33.44
Janet	Crocos	50	35.92

3000m			
Karen	Hill	30	15:32.24
Fay	Pearce	60	16:56.98

800m			
Emily	Woolford	20	2:57.20
Fay	Pearce	60	4:01.37

Discus			
Allison	Williams	16	17.27
Emily	Woolford	20	16.56
Kate	Parris	50	16.14
Tanya	Grant	40	14.55
Nadia	Mellor	50	10.29
Fay	Pearce	60	9.66

Hammer Throw			
Kate	Parris	50	20.68
Tanya	Grant	40	17.23
Emily	Woolford	20	14.98

MEN

100m			
Ryan	Blackwell	16	14.64
Cameron	Singleton	18	11.91
Michael	Howse	50	13.49
David	Williams	50	16.56
William	Pearce	60	17.82
Francis	Scurr	70	20.35

200m			
Nathan	Regan	20	27.87
Gavin	Smith	40	29.34
Roger	Blackwell	40	31.74
Declan	Pearce	14	32.05
Dennis	Baker	60	39.39
Des	Rees	60	41.42

3000m			
Nathan	Regan	20	12:26.51
Roger	Blackwell	40	12:42.75
Michael	Mellor	60	12:51.05
Des	Rees	60	14:44.58

800m			
Cameron	Singleton	18	2:19.80
Ryan	Blackwell	16	2:23.58
Declan	Pearce	14	2:45.64
Roger	Blackwell	40	2:54.04
Harrison	Young	14	3:15.75
Des	Rees	60	3:25.09
Dennis	Baker	60	4:21.39

Discus			
Stan	Grant	40	30.14
Dennis	Baker	60	22.65
Harrison	Young	14	19.42
Declan	Pearce	14	18.74
Roger	Blackwell	40	16.42
Gavin	Smith	40	15.87

Hammer Throw			
Stan	Grant	40	23.52
Harrison	Young	14	20.33
David	Williams	50	19.19
Roger	Blackwell	40	16.75
Dennis	Baker	60	15.17

Javelin			
Allison	Williams	16	26.05
Kate	Parris	50	18.46
Janet	Crocos	50	17.49
Emily	Woolford	20	14.72
Siobhan	Wilson	20	14.68
Tanya	Grant	40	12.48
Zoe	Smith	18	12.24
Karen	Hill	30	12.07
Nadia	Mellor	50	11.65
Fay	Pearce	60	11.61
Tracey	Howse	50	11.31

Long Jump			
Allison	Williams	16	4.56
Miranda	Williams	20	4.25
Mary	Toney	30	4.14
Siobhan	Wilson	20	3.82
Karen	Hill	30	3.78
Zoe	Smith	18	3.47
Janet	Crocos	50	3.15
Nadia	Mellor	50	2.10
Fay	Pearce	60	2.05

Triple Jump			
Allison	Williams	16	10.05
Miranda	Williams	20	9.03
Karen	Hill	30	8.25
Emily	Woolford	20	8.12
Mary	Toney	30	8.01
Zoe	Smith	18	7.58
Janet	Crocos	50	5.80
Nadia	Mellor	50	4.57

Javelin			
Stan	Grant	40	36.38
Harrison	Young	14	22.60
David	Williams	50	22.40
Ryan	Blackwell	16	19.73
Declan	Pearce	14	17.68
William	Pearce	60	16.69
Dennis	Baker	60	13.32
Des	Rees	60	11.70

Long Jump			
Cameron	Singleton	18	5.62
Nathan	Regan	20	4.45
William	Pearce	60	3.25
Declan	Pearce	14	3.20
David	Williams	50	3.18
Francis	Scurr	70	2.83

Triple Jump			
Michael	Howse	50	8.57
Gavin	Smith	40	7.86