

WAC RESULTS

30.01.2016

WOMEN

200m			
Allison	Williams	16	28.80
Miranda	Williams	20	29.23
Claudia	Grogan	14	29.72
Zoe	Smith	18	30.03
Gemma	Fenn	14	30.63
Ivy	Kusmierski	14	31.05
Emily	Woolford	20	32.18
Karen	Hill	30	32.54
Siobhan	Wilson	20	35.17
Janet	Crococ	50	37.39
Tracey	Howse	50	45.33

60m			
Miranda	Williams	20	8.44
Allison	Williams	16	8.68
Claudia	Grogan	14	8.91
Zoe	Smith	18	9.02
Siobhan	Wilson	20	9.21
Lucy	Way	14	9.61
Emily	Woolford	20	9.65
Clare	McCormack	16	10.45
Janet	Crococ	50	10.63
Tracey	Howse	50	11.51
Nadia	Mellor	50	13.54
Helen	McCormack	14	14.51

800m			
Siobhan	Wilson	20	2:50.92
Karen	Hill	30	3:06.55
Nadia	Mellor	50	3:51.09

Hammer Throw			
Clare	McCormack	16	32.40
Janet	Crococ	50	21.52
Debbie	Jones	50	18.60
Lucy	Way	14	17.72
Siobhan	Wilson	20	17.41
Helen	McCormack	14	16.67
Allison	Williams	16	14.49
Emily	Woolford	20	11.78
Miranda	Williams	20	10.57

MEN

200m			
Cameron	Singleton	18	25.05
Christian	Paynter	20	25.85
Matthew	Stacey	16	26.29
Ted	Elkington	20	27.28
Michael	Howse	50	29.24
Roger	Blackwell	40	31.86
Dennis	Baker	60	39.67
Des	Rees	60	41.01

5000m			
Alex	Race-Stelling	16	18:54.62
Digby	Race	50	19:53.67
Nathan	Regan	20	21:38.20
Declan	Pearce	14	23:01.94
Roger	Blackwell	40	24:00.72
William	Pearce	60	27:52.20
Robert	Lindley	70	37:49.67

60m			
Cameron	Singleton	18	7.66
Matthew	Stacey	16	7.93
Gavin	Smith	40	8.63
Michael	Howse	50	8.65
Warwick	Stacey	40	8.96
Ryan	Blackwell	16	8.98
Roger	Blackwell	40	9.11
Dave	Cromarty	60	10.98
Dennis	Baker	60	11.07

800m			
Alex	Race-Stelling	16	2:28.47
Ted	Elkington	20	2:29.33
Ryan	Blackwell	16	2:29.71
Digby	Race	50	2:36.84
Christian	Paynter	20	2:37.28
Declan	Pearce	14	2:43.75
Roger	Blackwell	40	2:50.48
Gavin	Smith	40	2:51.39
Des	Rees	60	3:34.20
William	Pearce	60	3:40.60
Dennis	Baker	60	4:18.55

Javelin			
Allison	Williams	16	27.78
Clare	McCormack	16	26.19
Tracey	Howse	50	18.30
Gemma	Fenn	14	17.67
Janet	Crococ	50	16.77
Emily	Woolford	20	15.97
Claudia	Grogan	14	15.78
Miranda	Williams	20	15.20
Lucy	Way	14	14.88
Debbie	Jones	50	12.92
Karen	Hill	30	12.16
Nadia	Mellor	50	10.96
Zoe	Smith	18	10.95
Siobhan	Wilson	20	10.90
Helen	McCormack	14	10.77
Ivy	Kusmierski	14	10.27

Long Jump			
Miranda	Williams	20	4.84
Gemma	Fenn	14	4.30
Ivy	Kusmierski	14	4.29
Siobhan	Wilson	20	4.26
Karen	Hill	30	3.92
Claudia	Grogan	14	3.52
Tracey	Howse	50	2.14

Shot Put			
Clare	McCormack	16	9.82
Allison	Williams	16	8.96
Lucy	Way	14	8.51
Zoe	Smith	18	6.74
Janet	Crococ	50	6.67
Emily	Woolford	20	6.15
Debbie	Jones	50	5.82
Helen	McCormack	14	5.76

Triple Jump			
Ivy	Kusmierski	14	10.07
Gemma	Fenn	14	9.84
Emily	Woolford	20	8.28
Zoe	Smith	18	7.27
Clare	McCormack	16	6.93
Janet	Crococ	50	6.28
Tracey	Howse	50	5.93
Debbie	Jones	50	4.54

Hammer Throw			
Stan	Grant	40	23.15
Harrison	Young	14	22.83
Trent	Turner	30	20.01
David	Williams	50	18.91
Warwick	Stacey	40	18.59
Kevin	Jones	50	16.99

Javelin			
Christian	Paynter	20	50.47
Stan	Grant	40	34.07
Warwick	Stacey	40	28.63
Matthew	Stacey	16	22.90
Harrison	Young	14	22.02
Ryan	Blackwell	16	21.65
Ted	Elkington	20	21.32
Trent	Turner	30	20.95
Kevin	Jones	50	20.65
Gavin	Smith	40	20.53
William	Pearce	60	17.49
Declan	Pearce	14	14.31
Dennis	Baker	60	12.55
Des	Rees	60	9.51

Long Jump			
Christian	Paynter	20	5.97
Cameron	Singleton	18	5.31
Matthew	Stacey	16	4.68
Ryan	Blackwell	16	3.97
Gavin	Smith	40	3.47

Shot Put			
Stan	Grant	40	9.95
Warwick	Stacey	40	8.85
Harrison	Young	14	8.41
David	Williams	50	8.24
Ted	Elkington	20	8.04
Michael	Howse	50	7.33
Kevin	Jones	50	6.62
Dennis	Baker	60	6.34
William	Pearce	60	6.30
Des	Rees	60	5.93

Triple Jump			
Matthew	Stacey	16	11.42
Cameron	Singleton	18	11.31
Michael	Howse	50	8.55