

Results for WAC at Victorian Country Championships 2016

Alex Race-Stelling

2nd Men 3000 Meter Run Under 18 - 10:15.51
6th Men 1500 Meter Run Under 18 – 4:48.48
1st Men 10000 Meter Run Under 20 – 38:27.37

Digby Race

2nd Men 3000 Meter Run 50 plus - 10:46.72
1st Men 10000 Meter Run 50 Plus – 39.02.61
2nd Men 3000 Meter Steeplechase 91.4cm 50 Plus – 13:07.92

Flynn Eriksson

6th Men Triple Jump Under 16 – 10.25m
6th Men Shot Put 4kg Under 16 – 8.68m
5th Men Long Jump Under 16 -5.33m

Ivy Kusmierski

1st Women High Jump Under 16 - 1.55m
12th Women 100 Meter Sprint Under 16 – 14.13
6th Women Triple Jump Under 16 – 10.11
7th Women 200 Meter Sprint Under 16 – 28.42
9th Women Long Jump Under 16 – 4.46m

Gemma Fenn

3rd Women High Jump Under 16 - 1.45m
2nd Women 90 Meter Hurdles 76.2cm Under 16 Heat 1 - 15.31
2nd Women 90 Meter Hurdles 76.2cm Under 16 Finals - 14.86
9th Women Triple Jump Under 16 - 9.71m
5th Women Javelin Throw 500g Under 16 – 20.64m
8th Women 200 Meter Sprint Under 16 – 28.45
8th Women Long Jump Under 16 – 4.48m

Clare McCormack

2nd Women Hammer Throw 3kg Under 16 – 33.77m
3rd Women Hammer Throw 4kg Open – 26.51
4th Women Javelin Throw 500g Under 16 – 23.38m
2nd Women Shot Put 3kg Under 16 – 9.79m

Janet Crocos

5th Women Shot Put 3kg 50 Plus – 6.79m
5th Women 100 Meter Sprint 50 Plus – 16.62
3rd Women Triple Jump 50 Plus – 7.07m
5th Women Javelin Throw 500g 50 Plus – 16.33m
4th Women 200 Meter Sprint 50 Plus -35.88
1st Women High Jump 50 Plus – 1.10m
3rd Women Long Jump 50 Plus – 3.36m
5th Women Discus Throw 1kg 50 Plus – 17.01m
2nd Women Hammer Throw 3kg 50 plus – 22.28m

Harrison Young

3rd Men Hammer Throw 4kg Under 16 – 16.89
8th Men Shot Put 4kg Under 16 – 6.67m
4th Men Javelin Throw 700g Under 16 – 19.32m
7th Men Discus Throw 1kg Under 16 – 22.46m

Christian Paynter

2nd Men High Jump Under 20 – 1.92
1st Men Triple Jump Under 20 - 12.28m
4th Men 110 Meter Hurdles 99.1cm Under 20 – 18.20
1st Men Javelin Throw 800g Under 20 – 52.25m
1st Men Long Jump Under 20 – 6.11m

Stan Grant

2nd Men Hammer Throw 7.26kg 40 Plus – 25.39m
1st Men Javelin Throw 800g 40 Plus – 38.55m
2nd Men Shot Put 40 Plus – 10.28m
1st Men Discus Throw 2kg 40 Plus – 32.72m

Dennis Ramsay

1st Mixed Discus Throw Ambulatory Seated – 28.58m
1st Men Shot Put Ambulatory Seated – 8.52m
1st Men Javelin Throw Ambulatory Seated – 21.13m

Claudia Grogan

9th Women 100 Meter Sprint Under 16 – 14.01
14th Women 200 Meter Sprint Under 16 -29.31
4th Women Shot Put 3kg Under 16 - 7.63m
5th Women Discus Throw 1kg Under 16 – 14.82m

Allison Williams

3rd Women 100 Meter Hurdles 76.2cm Under 18 – 16.04
9th Women 200 Meter Sprint Under 18 – 27.99
2nd Women Pole Vault Under 18 – 2.00m
3rd Women Javelin Throw 500g Under 18 – 27.05m
3rd Women Long Jump Under 18 -5.05m
5th Women Shot Put 3kg Under 18 – 8.77m

Miranda Williams

8th Women 100 Meter Sprint Open – 13.43
3rd Women Long Jump Open – 5.00m
8th Women Javelin Throw 600g Open – 13.67
10th Women 200 Meter Sprint Open – 28.13

Lucy Way

2nd Women High Jump Under 14 – 1.35m
2nd Women Shot Put 3kg Under 14 – 8.53m
2nd Women Discus Throw 1kg Under 14 – 21.34m

Women 4x100 Meter Relay Open

5th WODONGA AC 'A' 54.80 { Fenn, Gemma , Williams, Allison, Williams, Miranda, Grogan, Claudia}

Women 4x100 Meter Relay Under 16

3rd WODONGA AC 'A' 55.45 {Way, Lucy, Kusmierski, Ivy, Fenn, Gemma, Grogan, Claudia}