

WAC Presentation Night 2016

Age Champion Awards – These awards are based on the athlete's best four results each week. To be eligible an athlete must attend a minimum of 8 weeks.

Female:

U14

First: Helen McCormack
Second: Claudia Grogan
Third: Gemma Fenn

U16

First: Clare McCormack
Second: Allison Williams

U18

First: Zoe Smith

U20

First: Siobhan Wilson
Second: Emily Woolford
Third: Miranda Williams

Open

First: Karen Hill
Second: Jean Hutchings
Third: Mary Toney

50+

Equal First: Janet Crocos & Kate Parris
Third: Tracey Howse

60+

First: Fay Pearce

Male:

U14

First: Harrison Young
Second: Declan Pearce
Third: Flynn Eriksson

U16

First: Ryan Blackwell
Second: Matthew Stacey
Third: Jackson Whiley

U18

First: Cameron Singleton
Second: Nicholas Blackwell
Third: Joshua Scammel

U20

First: Nathan Regan
Second: Ted Elkington
Third: Christian Paynter

40+

First: Stan Grant
Second: Gavin Smith
Third: Roger Blackwell

50+

First: Michael Howse
Second: Digby Race
Third: Kevin Jones

60+

First: Dennis Baker
Second: William Pearce
Third: Des Rees

70+

First: Robert Lindley
Second: Frank Scurr

The multi awards are based on an athlete's SB's. To be eligible an athlete must attend at least 8 weeks and complete at least 10 of the 12 disciplines. An athlete's best and worst scores are removed from the total.

Multi Champion

Male: 1st Michael Howse 4673
2nd Cameron Singleton 3438
3rd Gavin Smith 3371

Female: 1st Janet Crocos 4062
2nd Kate Parris 3705
3rd Fay Pearce 3512

Don Sparks Steel Supplies Pentathlon Championships

Male: 1st Jackson Whiley 2540
2nd Christian Paynter 2479
3rd Nathan Howse 2057

Female: 1st Allison Williams 2073
2nd Siobhan Wilson 1709
3rd Gemma Fenn 1606

10000m Championship

Male: 1st Digby Race 40:28.03
2nd Alex Race-Stelling 42:01.62
3rd Declan Pearce 43:13.43

Female: 1st Caitlin Regan 45:33.45
2nd Wendy Basset 52:34.44
3rd Karen Hill 54:25.75

Veronica Foard Wodonga Gift

1st Jean Hutchings
2nd Zoe Smith
3rd Cameron Singleton

Michael Howse Therapeutic Massage 60m Championship

Male:

1 st	Michael Howse	589
2 nd	Cameron Singleton	588
3 rd	Jackson Whiley	551

Female:

1 st	Claudia Grogan	506
2 nd	Zoe Smith	488
3 rd	Gemma Fenn	359

Throwing Champion:

Stan Grant

Jumps Champions:

Christian Paynter

Most Improved

Female: Debbie Jones

Male: Harrison Young

Coaches Awards:

Des Rees

Sarah Egan

Cameron Singleton

Club Champions – These awards are based on Age points (the best 10 weeks) + the 4 best results from Countries/External Events where representing WAC + 1% of the multi score.

Male: Michael Howse -196.12

Runner Up: Dennis Baker – 169.82

Female: Fay Pearce – 196.12

Runner Up: Janet Crocos – 193.62

Club Person of the Year: Ruth and Gavin Smith