

**Wodonga Athletic Club****Weekly results - Wodonga Athletic Complex****3rd December 2016**

<b>WOMEN:</b>		
<b>200m</b>		
Gemma Fenn	U16	28.72
Zoe Smith	U18	29.86
Sarah Egan	U16	30.11
Anthea Knight	U18	30.94
Emily Woolford	U20	32.40
Steph Eagle	Open	33.45
Karen Hill	Open	33.77
Clio Knight	U14	35.31
Lisa McInerney	Open	35.84
Chloe Wade	U18	35.98
Janet Crocos	60+	38.84
Gabby Knight	Open	40.44
Fay Pearce	60+	41.09
Nadia Mellor	60+	45.48
Jean Brown	Open	52.03
<b>3000m</b>		
Callista Race-Stelling	U14	11:36.4
Steph Eagle	Open	14:27.8
Debbie Jones	50+	17:06.7
Jean Brown	Open	20:31.4
Tracey Howse	50+	23:31.4
<b>800m</b>		
Sarah Egan	U16	02:35.7
Gemma Fenn	U16	02:43.1
Anthea Knight	U18	02:46.8
Emily Woolford	U20	02:58.7
Steph Eagle	Open	03:04.4
Karen Hill	Open	03:11.7
Clio Knight	U14	03:14.0
Zoe Smith	U18	03:34.8
Nadia Mellor	60+	03:42.3
Fay Pearce	60+	04:06.3
Lisa McInerney	Open	04:33.6
Gabby Knight	Open	04:39.7
<b>Discus</b>		
Gabby Knight	Open	28.11
Emily Woolford	U20	17.60
Janet Crocos	60+	17.48
Anthea Knight	U18	16.22
Chloe Wade	U18	15.12
Lisa McInerney	Open	14.78
Clio Knight	U14	14.14
Zoe Smith	U18	13.90
Gemma Fenn	U16	13.42

<b>MEN:</b>		
<b>1500m</b>		
Benjamin Hugall	Open	05:14.3
Flynn Eriksson	U16	05:15.9
Matthew Stacey	U18	06:08.7
Simon Crocos	Open	06:32.5
Michael Howse	50+	06:54.5
William Pearce	60+	07:28.0
Dennis Baker	60+	09:18.5
<b>200m</b>		
Benjamin Hugall	Open	24.02
Matthew Stacey	U18	26.24
Flynn Eriksson	U16	26.98
Simon Crocos	Open	28.37
Michael Howse	50+	28.41
William Pearce	60+	38.67
Dennis Baker	60+	40.65
<b>3000m</b>		
Kevin Muller	40+	10:26.6
Digby Race	50+	11:33.8
Nathan Regan	U20	13:05.0
Michael Mellor	60+	13:10.1
Robert Lindley	70+	21:59.2
<b>Discus</b>		
Flynn Eriksson	U16	26.53
Matthew Stacey	U18	22.68
Michael Howse	50+	22.42
Simon Crocos	Open	22.00
William Pearce	60+	20.50
Dennis Baker	60+	19.51
Benjamin Hugall	Open	18.53
Declan Pearce	U16	13.47
Oliver Smith	U14	11.52
<b>Javelin</b>		
Simon Crocos	Open	37.10
Michael Howse	50+	26.25
Benjamin Hugall	Open	24.60
Flynn Eriksson	U16	21.95
Matthew Stacey	U18	20.22
William Pearce	60+	17.53
Declan Pearce	U16	13.25
Dennis Baker	60+	11.33
Oliver Smith	U14	11.24
<b>Long Jump</b>		
Benjamin Hugall	Open	5.55
Flynn Eriksson	U16	5.53

Karen Hill	Open	13.15
Sarah Egan	U16	12.87
Steph Eagle	Open	12.28
Fay Pearce	60+	9.13
Nadia Mellor	60+	9.02
<b>Javelin</b>		
Gemma Fenn	U16	26.02
Gabby Knight	Open	18.71
Emily Woolford	U20	18.21
Lisa McInerney	Open	17.75
Janet Crocos	60+	16.69
Zoe Smith	U18	13.69
Karen Hill	Open	13.18
Clio Knight	U14	12.96
Anthea Knight	U18	12.81
Sarah Egan	U16	12.08
Fay Pearce	60+	10.63
Nadia Mellor	60+	9.85
Jean Brown	Open	9.06
Steph Eagle	Open	8.47
<b>Long Jump</b>		
Gemma Fenn	U16	5.03
Karen Hill	Open	3.99
Sarah Egan	U16	3.95
Lisa McInerney	Open	3.86
Zoe Smith	U18	3.79
Emily Woolford	U20	3.69
Anthea Knight	U18	3.58
Clio Knight	U14	3.44
Chloe Wade	U18	3.34
Gabby Knight	Open	3.24
Steph Eagle	Open	2.98
Janet Crocos	60+	2.97
Tracey Howse	50+	2.61
Nadia Mellor	60+	2.22
Fay Pearce	60+	2.19

Matthew Stacey	U18	5.22
Simon Crocos	Open	4.55
Michael Howse	50+	4.00
William Pearce	60+	3.35
Oliver Smith	U14	3.05