

Wodonga Athletic Club
Weekly results - Alexandra Park
14th January 2017

WOMEN:		
100m		
Mary Toney	Open	14.04
Zoe Smith	U18	14.19
Anthea Knight	U18	14.29
Brianna Pullen	U14	14.62
Summer Sutherland	U16	14.89
Sarah Egan	U16	14.95
Steph Eagle	Open	15.78
Clio Knight	U14	15.87
Cheryl Webster	40+	16.37
Siobhan Wilson	U20	17.37
Gabby Knight	Open	17.74
Tracey Howse	50+	19.62
Fay Pearce	60+	19.67
1500m		
Sarah Egan	U16	06:02.51
Steph Eagle	Open	06:28.68
Summer Sutherland	U16	06:36.78
Clio Knight	U14	06:38.39
Anthea Knight	U18	06:41.90
Fay Pearce	60+	07:54.13
Tracey Howse	50+	10:32.68
3000m		
Callista Race-Stelling	U14	11:51.97
Steph Eagle	Open	14:48.27
Clio Knight	U14	15:18.84
Debbie Jones	50+	16:45.12
Anthea Knight	U18	17:38.08
Tracey Howse	50+	24:32.26
2000m Steeplechase		
Callista Race-Stelling	U14	08:19.07
Sarah Egan	U16	08:48.78
Nadia Mellor	60+	10:50.05
Chris Wilson	50+	10:55.20
3000m Steeplechase		
Siobhan Wilson	U20	14:27.92
Karen Hill	Open	15:50.03
Steph Eagle	Open	15:57.51
400m		
Mary Toney	Open	01:08.77
Summer Sutherland	U16	01:09.96
Steph Eagle	Open	01:12.86
Zoe Smith	U18	01:13.28
Anthea Knight	U18	01:13.58
Brianna Pullen	U14	01:16.29

MEN:		
100m		
Michael Howse	50+	13.62
Gavin Smith	40+	14.85
Dennis Baker	60+	18.78
1500m		
Ryan Blackwell	U18	05:25.44
Gavin Smith	40+	05:31.43
William Pearce	60+	07:11.07
Dennis Baker	60+	09:17.08
3000m		
Alex Race-Stelling	U18	10:12.96
Digby Race	50+	11:26.11
Michael Mellor	60+	12:32.64
William Pearce	60+	15:17.05
Des Rees	60+	15:51.55
Dennis Baker	60+	20:06.76
Robert Lindley	70+	20:07.69
2000m Steeplechase		
Ryan Blackwell	U18	07:44.15
3000m Steeplechase		
Digby Race	50+	12:36.73
400m		
Benjamin Hugall	Open	52.38
Ryan Blackwell	U18	01:04.21
Michael Howse	50+	01:07.61
William Pearce	60+	01:28.94
Discus		
William Pearce	60+	22.47
Michael Howse	50+	20.62
Ryan Blackwell	U18	20.58
Gavin Smith	40+	19.97
Dennis Baker	60+	19.42
Javelin		
Ryan Blackwell	U18	27.04
Benjamin Hugall	Open	25.75
Michael Howse	50+	20.50
Gavin Smith	40+	16.99
William Pearce	60+	15.46
Long Jump		
Ryan Blackwell	U18	4.06
Shot Put		
Benjamin Hugall	Open	8.16
Michael Howse	50+	6.97
William Pearce	60+	6.76
Dennis Baker	60+	5.13

Karen Hill	Open	01:16.87
Clio Knight	U14	01:22.75
Nadia Mellor	60+	01:36.75
Fay Pearce	60+	01:42.43
Discus		
Gabby Knight	Open	25.64
Clare McCormack	U16	22.00
Kate Parris	50+	19.26
Cheryl Webster	40+	17.57
Karen Hill	Open	16.28
Anthea Knight	U18	16.19
Mary Toney	Open	15.59
Clio Knight	U14	15.39
Summer Sutherland	U16	14.73
Steph Eagle	Open	14.11
Zoe Smith	U18	13.69
Fay Pearce	60+	9.36
Nadia Mellor	60+	8.97
High Jump		
Sarah Egan	U16	1.32
Javelin		
Clare McCormack	U16	34.00
Kate Parris	50+	17.39
Gabby Knight	Open	16.65
Cheryl Webster	40+	15.78
Mary Toney	Open	14.92
Clio Knight	U14	13.27
Summer Sutherland	U16	12.46
Zoe Smith	U18	11.49
Sarah Egan	U16	11.43
Karen Hill	Open	10.75
Fay Pearce	60+	9.75
Nadia Mellor	60+	9.45
Anthea Knight	U18	9.18
Tracey Howse	50+	5.47
Long Jump		
Summer Sutherland	U16	4.53
Mary Toney	Open	4.17
Zoe Smith	U18	3.74
Clio Knight	U14	3.73
Karen Hill	Open	3.71
Sarah Egan	U16	3.70
Anthea Knight	U18	3.58
Gabby Knight	Open	3.36
Clare McCormack	U16	3.14
Chris Wilson	50+	2.95
Steph Eagle	Open	2.89
Brianna Pullen	U14	2.81
Cheryl Webster	40+	2.73
Fay Pearce	60+	2.29

Shot Put		
Clare McCormack	U16	10.22
Gabby Knight	Open	8.92
Kate Parris	50+	7.25
Zoe Smith	U18	7.12
Mary Toney	Open	6.34
Cheryl Webster	40+	6.02
Anthea Knight	U18	5.85
Summer Sutherland	U16	5.82
Debbie Jones	50+	5.73
Sarah Egan	U16	5.43
Fay Pearce	60+	4.25
Steph Eagle	Open	4.20