

Wodonga Athletic Club**Weekly results - Wodonga Athletic Complex****7th January 2017**

Women		
100m		
Anthea Knight	U18	14.62
Mary Toney	Open	14.75
Gemma Fenn	U16	14.85
Summer Sutherland	U16	14.89
Brianna Pullen	U14	15.29
Sarah Egan	U16	15.32
Emily Woolford	U20	15.68
Steph Eagle	Open	15.77
Clio Knight	U14	16.00
Karen Hill	Open	16.12
Lisa McInerney	Open	16.37
Cheryl Webster	40+	16.84
Gabby Knight	Open	18.02
Tracey Howse	50+	19.93
Fay Pearce	60+	20.06
Jean Brown	Open	24.91
200m		
Summer Sutherland	U16	31.00
Mary Toney	Open	31.22
Brianna Pullen	U14	32.02
Emily Woolford	U20	34.14
Steph Eagle	Open	34.21
Karen Hill	Open	34.34
Clio Knight	U14	36.21
Cheryl Webster	40+	37.76
Fay Pearce	60+	45.89
Tracey Howse	50+	48.87
Jean Brown	Open	54.72
5000m		
Callista Race-Stelling	U14	20:13.80
Steph Eagle	Open	26:29.89
Debbie Jones	50+	30:01.27
800m		
Emily Woolford	U20	03:10.02
Sarah Egan	U16	03:11.81
Clio Knight	U14	03:16.95
Kate Parris	50+	03:21.74
Steph Eagle	Open	03:23.01
Anthea Knight	U18	03:31.67
Nadia Mellor	60+	03:46.45
Summer Sutherland	U16	04:11.40
Gemma Fenn	U16	04:11.46
Fay Pearce	60+	04:12.91
Jean Brown	Open	04:43.40
Tracey Howse	50+	05:30.21

Men		
100m		
Benjamin Hugall	Open	12.28
Michael Howse	50+	14.30
Ryan Blackwell	U18	14.74
Gavin Smith	40+	14.86
William Pearce	60+	18.16
Dennis Baker	60+	19.07
200m		
Benjamin Hugall	Open	24.07
Ryan Blackwell	U18	30.51
William Pearce	60+	39.13
Dennis Baker	60+	41.12
5000m		
Alex Race-Stelling	U18	19:00.54
Digby Race	50+	20:16.12
Michael Mellor	60+	22:37.62
Des Rees	60+	28:09.79
William Pearce	60+	29:53.05
Dennis Baker	60+	36:30.74
Robert Lindley	70+	41:43.61
800m		
Ryan Blackwell	U18	02:30.79
William Pearce	60+	03:35.85
Discus		
Ryan Blackwell	U18	19.36
Dennis Baker	60+	19.64
Michael Howse	50+	20.11
William Pearce	60+	21.07
Hammer Throw		
Gavin Smith	40+	11.86
High Jump		
Gavin Smith	40+	1.40
Benjamin Hugall	Open	1.30
Javelin		
Ryan Blackwell	U18	25.85
Benjamin Hugall	Open	25.64
Michael Howse	50+	23.49
Gavin Smith	40+	22.53
William Pearce	60+	18.48
Kevin Jones	50+	17.58
Dennis Baker	60+	11.04
Triple Jump		
Ryan Blackwell	U18	10.07
Michael Howse	50+	8.42
Gavin Smith	40+	8.39

90m Hurdles		
Gemma Fenn	U16	14.93
Sarah Egan	U16	18.21
Summer Sutherland	U16	18.80
Discus		
Glenys Whitehead	50+	24.87
Gabby Knight	Open	24.77
Clare McCormack	U16	21.26
Kate Parris	50+	18.60
Emily Woolford	U20	18.37
Cheryl Webster	40+	17.52
Lisa McInerney	Open	16.30
Karen Hill	Open	15.34
Clio Knight	U14	13.79
Steph Eagle	Open	13.23
Tracey Howse	50+	12.46
Anthea Knight	U18	12.37
Debbie Jones	50+	11.73
Mary Toney	Open	11.11
Fay Pearce	60+	10.40
Jean Brown	Open	9.79
Nadia Mellor	60+	9.37
Hammer Throw		
Glenys Whitehead	50+	36.24
Clare McCormack	U16	34.90
Kate Parris	50+	22.16
Gabby Knight	Open	18.78
Anthea Knight	U18	18.01
Mary Toney	Open	14.27
Clio Knight	U14	12.95
Emily Woolford	U20	11.86
High Jump		
Sarah Egan	U16	NA
Summer Sutherland	U16	1.40
Lisa McInerney	Open	1.30
Karen Hill	Open	1.25
Mary Toney	Open	1.25
Javelin		
Clare McCormack	U16	26.09
Glenys Whitehead	50+	24.44
Gabby Knight	Open	18.23
Kate Parris	50+	17.54
Lisa McInerney	Open	17.42
Emily Woolford	U20	16.03
Cheryl Webster	40+	15.20
Mary Toney	Open	14.43
Debbie Jones	50+	12.62
Brianna Pullen	U14	11.28
Clio Knight	U14	10.94
Fay Pearce	60+	10.77
Nadia Mellor	60+	10.70

Tracey Howse	50+	10.27
Jean Brown	Open	8.58
Anthea Knight	U18	8.14
Steph Eagle	Open	7.66
Triple Jump		
Summer Sutherland	U16	9.79
Mary Toney	Open	8.87
Sarah Egan	U16	8.42
Anthea Knight	U18	8.40
Karen Hill	Open	8.36
Clio Knight	U14	8.35
Emily Woolford	U20	8.07
Gabby Knight	Open	6.00
Nadia Mellor	60+	4.85
Tracey Howse	50+	4.81
Fay Pearce	60+	4.59