

Wodonga Athletic Club
Weekly results - Wodonga
11th February 2017

WOMEN:		
100m		
Zoe Smith	U18	14.25
Clio Knight	U14	14.97
Steph Eagle	Open	15.22
Emily Woolford	U20	15.29
Lisa McInerney	Open	16.18
Cheryl Webster	40+	16.55
Kate Parris	50+	18.24
800m		
Emily Woolford	U20	3:09.28
Steph Eagle	Open	3:31.08
200m		
Zoe Smith	U18	31.74
Clio Knight	U14	32.89
Lisa McInerney	Open	33.66
Steph Eagle	Open	34.48
Kate Parris	50+	38.82
Discus		
Gabby Knight	Open	26.91
Kate Parris	50+	21.29
Clare McCormack	U16	21.04
Cheryl Webster	40+	17.53
Emily Woolford	U20	16.20
Lisa McInerney	Open	16.20
Clio Knight	U14	15.13
Zoe Smith	U18	13.05
Steph Eagle	Open	10.55
Hammer Throw		
Emily Woolford	U20	NA
Clare McCormack	U16	38.35
Kate Parris	50+	23.65
Gabby Knight	Open	8.04
Javelin		
Clare McCormack	U16	30.47
Gabby Knight	Open	22.59
Cheryl Webster	40+	17.62
Emily Woolford	U20	16.41
Lisa McInerney	Open	15.37
Clio Knight	U14	13.25
Zoe Smith	U18	12.61
Long Jump		
Lisa McInerney	Open	4.06
Emily Woolford	U20	4.00
Clio Knight	U14	3.64
Zoe Smith	U18	3.56

MEN:		
100m		
Benjamin Hugall	Open	11.84
Flynn Eriksson	U16	12.86
Michael Howse	50+	13.48
Ryan Blackwell	U18	14.04
Oliver Smith	U14	15.89
Dennis Baker	60+	19.26
800m		
Ryan Blackwell	U18	2:29.97
Dennis Baker	60+	4:28.72
200m		
Benjamin Hugall	Open	24.05
Michael Howse	50+	29.8
Dennis Baker	60+	43.67
Discus		
Dennis Baker	60+	22.11
Gavin Smith	40+	21.23
Ryan Blackwell	U18	20.89
Michael Howse	50+	16.16
Oliver Smith	U14	11.34
Hammer Throw		
Dennis Baker	60+	13.88
Michael Howse	50+	11.84
Javelin		
Flynn Eriksson	U16	32.79
Benjamin Hugall	Open	29.82
Ryan Blackwell	U18	29.36
Gavin Smith	40+	18.04
Oliver Smith	U14	15.87
Long Jump		
Flynn Eriksson	U16	5.18
Ryan Blackwell	U18	4.36
Gavin Smith	40+	3.60
Oliver Smith	U14	3.34
Triple Jump		
Flynn Eriksson	U16	10.57
Ryan Blackwell	U18	9.94
Gavin Smith	40+	8.22