

Wodonga Athletic Club
Weekly results - Wodonga
14th October 2017

WOMEN:		
100m		
Katherine Howse	50+	13.89
Anthea Knight	U18	14.31
Brianna Pullen	U14	14.32
Zoe Smith	U20	14.61
Clio Knight	U14	15.20
Paige Duffy	U14	15.41
Michelle Crosthwaite	U14	15.53
Lisa McInerney	Open	15.55
Steph Eagle	Open	15.57
Karen Hill	Open	16.19
Ruby Wallden	U14	16.77
Clare McCormack	U18	17.08
Claire Pullen	U16	17.48
Gabby Knight	Open	18.03
Sophie Buckley	U20	19.00
Ruth Smith	50+	21.99
200m		
Brianna Pullen	U14	30.36
Caitlyn Regan	U20	30.83
Savannah Wallden	U14	35.97
Janet Crocos	60+	37.48
5000m		
Callista Race-Stelling	U14	19:30.51
Jade Regan	U18	23:54.88
Karen Hill	Open	25:38.50
Fay Pearce	60+	29:52.75
Katherine Howse	50+	30:27.07
800m		
Caitlyn Regan	U20	02:45.03
Anthea Knight	U18	02:55.93
Steph Eagle	Open	03:04.89
Clio Knight	U14	03:06.71
Katherine Howse	50+	03:10.60
Savannah Wallden	U14	03:16.95
Fay Pearce	60+	04:22.42
Gabby Knight	Open	04:42.40
80m Hurdles		
Paige Duffy	U14	16.27
Ruby Wallden	U14	18.17
Janet Crocos	60+	19.01

MEN:		
100m		
Benjamin Hugall	Open	11.99
Simon Crocos	Open	13.87
Sam Crosthwaite	U16	14.34
Chris Duffy	40+	15.76
Tristan Eriksson	U14	15.93
Conwae Knight	40+	15.96
Elias Knight	U14	17.78
Dennis Baker	60+	19.32
Isaac Smith	U14	19.59
Francis Scurr	80+	21.29
John McCormack	U14	24.85
200m		
Benjamin Hugall	Open	24.09
Fletcher Wallden	U16	28.66
Conwae Knight	40+	33.97
Leigh Wallden	40+	38.46
Dennis Baker	60+	43.42
Isaac Smith	U14	43.67
Francis Scurr	80+	48.34
5000m		
Digby Race	50+	19:31.32
Michael Mellor	60+	22:04.39
Declan Pearce	U16	22:35.62
William Pearce	70+	26:15.18
Simon Crocos	Open	27:25.33
David Elkington	60+	30:42.34
Robert Lindley	70+	40:38.15
800m		
Fletcher Wallden	U16	02:25.27
Gavin Smith	50+	02:28.69
Declan Pearce	U16	02:32.81
Sam Crosthwaite	U16	02:54.14
Tristan Eriksson	U14	03:19.24
Leigh Wallden	40+	03:21.13
Conwae Knight	40+	03:26.85
William Pearce	70+	03:29.04
Elias Knight	U14	03:43.28
Dennis Baker	60+	04:24.31
David Elkington	60+	04:26.74
80m Hurdles		
Tristan Eriksson	U14	20.63

Discus		
Gabby Knight	Open	25.56
Glenys Whitehead	50+	25.08
Clare McCormack	U18	23.89
Lisa McInerney	Open	18.26
Clio Knight	U14	17.20
Janet Crocos	60+	17.03
Cheryl Webster	50+	16.72
Alizah Rollings	U14	14.24
Anthea Knight	U18	13.78
Ruth Smith	50+	8.60
Hammer Throw		
Clare McCormack	U18	34.45
Glenys Whitehead	50+	31.57
Gabby Knight	Open	28.06
Janet Crocos	60+	22.14
Lisa McInerney	Open	19.57
Clio Knight	U14	17.97
Anthea Knight	U18	17.16
Claire Pullen	U16	17.05
Javelin		
Clare McCormack	U18	31.00
Gabby Knight	Open	24.80
Glenys Whitehead	50+	21.43
Lisa McInerney	Open	21.06
Anthea Knight	U18	15.51
Zoe Smith	U20	13.63
Cheryl Webster	50+	13.37
Karen Hill	Open	13.20
Clio Knight	U14	13.05
Nadia Mellor	60+	12.33
Brianna Pullen	U14	10.58
Sophie Buckley	U20	10.51
Fay Pearce	60+	9.92
Steph Eagle	Open	7.65

Discus		
Fletcher Wallden	U16	22.07
Gavin Smith	50+	21.22
Dennis Baker	60+	21.02
Benjamin Hugall	Open	19.00
Joseph HILL	U14	18.48
Leigh Wallden	40+	17.27
Conwae Knight	40+	16.93
Chris Duffy	40+	16.21
Elias Knight	U14	14.15
Isaac Smith	U14	9.55
Tristan Eriksson	U14	9.39
John McCormack	U14	7.01
Hammer Throw		
Simon Crocos	Open	24.25
Conwae Knight	40+	14.68
John McCormack	U14	8.94
Javelin		
Simon Crocos	Open	35.75
Benjamin Hugall	Open	30.51
Conwae Knight	40+	23.08
Gavin Smith	50+	22.63
Elias Knight	U14	16.42
Sam Crosthwaite	U16	14.42
Dennis Baker	60+	13.82
Declan Pearce	U16	11.91
Joseph HILL	U14	10.77
Isaac Smith	U14	8.59
John McCormack	U14	5.75
Long Jump		
Benjamin Hugall	Open	5.23
Sam Crosthwaite	U16	4.46
Simon Crocos	Open	4.43
Elias Knight	U14	3.26
Conwae Knight	40+	3.13
Isaac Smith	U14	2.80
Triple Jump		
Sam Crosthwaite	U16	9.93
Gavin Smith	50+	7.96
Elias Knight	U14	6.59

Long Jump		
Paige Duffy	U14	4.26
Lisa McInerney	Open	4.15
Clio Knight	U14	3.95
Karen Hill	Open	3.94
Anthea Knight	U18	3.76
Michelle Crosthwaite	U14	3.65
Zoe Smith	U20	3.47
Brianna Pullen	U14	3.30
Clare McCormack	U18	3.28
Gabby Knight	Open	3.18
Janet Crocos	60+	3.04
Sophie Buckley	U20	2.56
Nadia Mellor	60+	2.22
Ruth Smith	50+	2.14
Fay Pearce	60+	2.01
Triple Jump		
Paige Duffy	U14	8.91
Katherine Howse	50+	8.68
Clio Knight	U14	8.66
Lisa McInerney	Open	8.58
Karen Hill	Open	8.20
Anthea Knight	U18	7.51
Clare McCormack	U18	6.66
Gabby Knight	Open	5.90
Nadia Mellor	60+	4.65