

**Wodonga Athletic Club**  
**Weekly results - Wodonga**  
**21st October 2017**

<b>WOMEN:</b>		
<b>Triple Jump</b>		
Paige Duffy	U14	9.37
Sarah Egan	U16	9.33
Lisa McInerney	Open	9.00
Katherine Howse	50+	9.00
Clio Knight	U14	8.78
Michelle Crosthwaite	U14	8.35
Karen Hill	Open	8.11
Anthea Knight	U18	7.79
Zoe Smith	U20	7.77
Clare McCormack	U18	6.60
Janet Crocos	60+	6.60
Steph Eagle	Open	6.11
Gabby Knight	Open	6.04
<b>Shot Put</b>		
Lisa McInerney	Open	7.41
Janet Crocos	60+	7.02
Sarah Egan	U16	6.73
Anthea Knight	U18	6.67
Clio Knight	U14	6.60
Tracey Howse	50+	5.99
Julie Bowen	40+	5.87
Steph Eagle	Open	4.66
<b>Javelin</b>		
Sarah Egan	U16	18.41
Lisa McInerney	Open	17.24
Janet Crocos	60+	16.16
Tracey Howse	50+	14.36
Julie Bowen	40+	12.10
Karen Hill	Open	12.07
Clio Knight	U14	11.51
Anthea Knight	U18	9.89
Fay Pearce	60+	9.28
<b>High Jump</b>		
Sarah Egan	U16	1.35
Lisa McInerney	Open	1.30
Paige Duffy	U14	1.25
Clio Knight	U14	1.15
Michelle Crosthwaite	U14	1.10

<b>MEN:</b>		
<b>Triple Jump</b>		
Flynn Eriksson	U16	10.99
Conwae Knight	40+	7.12
Elias Knight	U14	6.52
<b>Shot Put</b>		
Flynn Eriksson	U16	10.60
Simon Crocos	Open	8.64
Gavin Smith	50+	7.49
William Pearce	70+	7.43
Conwae Knight	40+	5.98
Dennis Baker	60+	5.98
Elias Knight	U14	5.91
<b>Javelin</b>		
Simon Crocos	Open	39.04
Flynn Eriksson	U16	34.26
Conwae Knight	40+	19.74
Elias Knight	U14	17.20
William Pearce	70+	16.93
Declan Pearce	U16	16.66
<b>High Jump</b>		
Flynn Eriksson	U16	1.55
Simon Crocos	Open	1.50
Gavin Smith	50+	1.50
Conwae Knight	40+	1.15
<b>Discus</b>		
Flynn Eriksson	U16	26.06
William Pearce	70+	22.83
Simon Crocos	Open	21.50
Dennis Baker	60+	19.47
Declan Pearce	U16	18.59
Conwae Knight	40+	16.72
Gavin Smith	50+	16.30
Elias Knight	U14	13.00
<b>400m</b>		
Angelini Hallam	U18	01:05.76
Conwae Knight	40+	01:22.16
Tristan Eriksson	U14	01:29.36
Dennis Baker	60+	01:42.79
Elias Knight	U14	01:46.99
Francis Scurr	80+	02:35.63

<b>Discus</b>		
Gabby Knight	Open	26.87
Clare McCormack	U18	20.65
Janet Crocos	60+	17.83
Chrissie Cornock	Open	17.75
Julie Bowen	40+	16.67
Anthea Knight	U18	16.07
Lisa McInerney	Open	15.90
Clio Knight	U14	15.53
Tracey Howse	50+	15.39
Zoe Smith	U20	14.31
Karen Hill	Open	13.79
Torah Duffy	U14	12.32
Steph Eagle	Open	10.87
Fay Pearce	60+	8.87
<b>400m</b>		
Sarah Egan	U16	01:08.17
Zoe Smith	U20	01:16.29
Anthea Knight	U18	01:19.09
Janet Crocos	60+	01:32.63
<b>3000m</b>		
Steph Eagle	Open	14:35.39
Clio Knight	U14	14:43.61
Karen Hill	Open	14:56.86
Chris Wilson	60+	15:04.60
Fay Pearce	60+	17:06.02
Anthea Knight	U18	17:29.16
<b>1500m</b>		
Steph Eagle	Open	06:23.30
Clio Knight	U14	06:28.64
Anthea Knight	U18	06:43.37
Karen Hill	Open	06:46.25
Chrissie Cornock	Open	07:18.54
Fay Pearce	60+	08:15.26
Tracey Howse	50+	11:16.35
<b>100m</b>		
Katherine Howse	50+	13.55
Anthea Knight	U18	14.38
Zoe Smith	U20	14.54
Paige Duffy	U14	14.80
Lisa McInerney	Open	15.33
Michelle Crosthwaite	U14	15.43
Steph Eagle	Open	15.46
Torah Duffy	U14	15.66
Karen Hill	Open	16.11
Clare McCormack	U18	17.28
Janet Crocos	60+	17.35
Gabby Knight	Open	17.75
Tracey Howse	50+	20.99

<b>3000m</b>		
Michael Dickins	40+	10:48.19
Declan Pearce	U16	11:51.03
Tim Hinds	Open	12:40.96
Michael Mellor	60+	12:51.68
Tristan Eriksson	U14	13:23.36
William Pearce	70+	15:21.20
Elias Knight	U14	15:58.41
Dennis Baker	60+	20:10.97
Doug Lloyd	60+	20:12.70
Robert Lindley	70+	22:32.44
<b>1500m</b>		
Michael Dickins	40+	05:01.34
Declan Pearce	U16	05:13.01
Tristan Eriksson	U14	06:17.16
William Pearce	70+	07:17.60
Conwae Knight	40+	07:19.65
<b>100m</b>		
Benjamin Hugall	Open	11.87
Angelini Hallam	U18	12.26
Simon Crocos	Open	13.54
Gavin Smith	50+	14.30
Conwae Knight	40+	15.62
Elias Knight	U14	17.54
Francis Scurr	80+	18.37
Dennis Baker	60+	18.98