

Wodonga Athletic Club
Weekly results - Wodonga
Saturday, 25 November 2017

WOMEN:		
100m		
Gemma Fenn	U16	13.68
Katherine Howse	50+	13.92
Brianna Pullen	U14	14.38
Anthea Knight	U18	14.45
Zoe Smith	U20	14.47
Sarah Egan	U16	15.02
Paige Duffy	U14	15.66
Torah Duffy	U14	16.20
Steph Eagle	Open	16.39
Lisa McInerney	Open	16.47
Cheryl Webster	50+	16.71
Clare McCormack	U18	16.83
Janet Crocos	60+	17.50
Rebekah Egan	U14	18.69
Tracey Howse	50+	21.38
1500m		
Caitlyn Regan	U20	05:58.15
Steph Eagle	Open	06:26.43
Karen Hill	Open	06:50.58
Anthea Knight	U18	07:18.84
Chris Wilson	60+	07:25.27
Fay Pearce	60+	08:17.91
Janet Crocos	60+	08:46.15
Tracey Howse	50+	11:07.11
3000m		
Nadia Mellor	60+	14:52.54
Debbie Jones	50+	17:27.29
Fay Pearce	60+	17:34.32
400m		
Sarah Egan	U16	01:07.62
Zoe Smith	U20	01:13.25
Caitlyn Regan	U20	01:14.09
Katherine Howse	50+	01:15.49
Brianna Pullen	U14	01:16.25
Karen Hill	Open	01:18.51
Paige Duffy	U14	01:23.30
Torah Duffy	U14	01:26.22
Anthea Knight	U18	01:28.84
Clare McCormack	U18	01:40.93
Fay Pearce	60+	01:59.03
Jean Brown	40+	02:35.49

MEN:		
100m		
Simon Crocos	Open	13.77
Ryan Blackwell	U18	14.37
Elias Knight	U14	16.95
1500m		
Ryan Blackwell	U18	05:01.90
Declan Pearce	U16	05:03.21
Joseph Hill	U14	06:01.78
Jeff Cave	50+	06:27.95
Elias Knight	U14	06:43.50
Des Rees	60+	07:12.60
William Pearce	70+	07:22.39
3000m		
Declan Pearce	U16	11:16.43
Ryan Blackwell	U18	11:42.20
Joseph Hill	U14	12:48.84
Michael Mellor	60+	13:01.80
Jeff Cave	50+	13:11.53
Des Rees	60+	15:14.33
William Pearce	70+	15:27.27
Robert Lindley	70+	23:05.10
400m		
Elias Knight	U14	01:24.15
Discus		
Flynn Eriksson	U16	31.36
Simon Crocos	Open	22.00
William Pearce	70+	21.34
Ryan Blackwell	U18	19.78
Declan Pearce	U16	19.20
Joseph Hill	U14	17.53
Conwae Knight	40+	17.32
Tristan Eriksson	U14	17.17
Elias Knight	U14	13.91
Isaac Smith	U14	8.83
High Jump		
John McCormack	U14	NA
Javelin		
Flynn Eriksson	U16	37.55
Simon Crocos	Open	37.25
Conwae Knight	40+	25.27
Elias Knight	U14	21.85
Declan Pearce	U16	18.46
William Pearce	70+	17.88
Joseph Hill	U14	11.10
Isaac Smith	U14	7.75

Discus		
Gabby Knight	Open	26.58
Clare McCormack	U18	24.74
Cheryl Webster	50+	19.06
Zoe Smith	U20	17.04
Alizah Rollings	U14	16.43
Anthea Knight	U18	16.07
Karen Hill	Open	16.07
Lisa McInerney	Open	15.79
Gemma Fenn	U16	15.15
Sarah Egan	U16	14.88
Janet Crocos	60+	14.13
Torah Duffy	U14	12.95
Tracey Howse	50+	12.93
Debbie Jones	50+	10.83
Fay Pearce	60+	9.86
Rebekah Egan	U14	9.34
Nadia Mellor	60+	8.88
Jean Brown	40+	8.12
High Jump		
Gemma Fenn	U16	1.60
Sarah Egan	U16	1.35
Lisa McInerney	Open	1.35
Torah Duffy	U14	1.30
Paige Duffy	U14	1.30
Rebekah Egan	U14	1.15
Javelin		
Clare McCormack	U18	29.15
Gemma Fenn	U16	27.51
Gabby Knight	Open	23.62
Sarah Egan	U16	20.36
Lisa McInerney	Open	20.19
Clio Knight	U14	16.61
Alizah Rollings	U14	15.94
Janet Crocos	60+	14.70
Zoe Smith	U20	13.01
Cheryl Webster	50+	12.79
Debbie Jones	50+	12.51
Karen Hill	Open	11.88
Chris Wilson	60+	11.27
Anthea Knight	U18	10.54
Fay Pearce	60+	10.21
Rebekah Egan	U14	7.71

Shot Put		
Flynn Eriksson	U16	10.35
Simon Crocos	Open	9.16
Tristan Eriksson	U14	6.75
Elias Knight	U14	6.05
John McCormack	U14	4.57
Isaac Smith	U14	4.45
Triple Jump		
Ryan Blackwell	U18	10.16
Elias Knight	U14	7.33

Shot Put		
Clare McCormack	U18	10.72
Gemma Fenn	U16	8.83
Gabby Knight	Open	8.69
Clio Knight	U14	7.37
Cheryl Webster	50+	7.22
Janet Crocos	60+	7.16
Lisa McInerney	Open	7.01
Anthea Knight	U18	6.68
Sarah Egan	U16	6.44
Alizah Rollings	U14	6.41
Zoe Smith	U20	6.37
Debbie Jones	50+	5.83
Chris Wilson	60+	5.40
Rebekah Egan	U14	4.95
Jean Brown	40+	3.38
Triple Jump		
Gemma Fenn	U16	10.77
Sarah Egan	U16	9.75
Paige Duffy	U14	8.97
Lisa McInerney	Open	8.72
Katherine Howse	50+	8.71
Anthea Knight	U18	8.37
Karen Hill	Open	8.13
Zoe Smith	U20	7.28
Clare McCormack	U18	7.05
Rebekah Egan	U14	6.46
Gabby Knight	Open	6.18
Cheryl Webster	50+	5.84
Nadia Mellor	60+	4.97