

**Wodonga Athletic Club**  
**Weekly results - Wodonga**  
**Saturday, 4 November 2017**

<b>WOMEN:</b>		
<b>100m</b>		
Zoe Smith	U20	14.13
Sarah Egan	U16	14.46
Anthea Knight	U18	14.62
Brianna Pullen	U14	14.64
Paige Duffy	U14	14.76
Clio Knight	U14	15.14
Torah Duffy	U14	15.28
Karen Hill	Open	15.98
Cheryl Webster	50+	16.33
Gabby Knight	Open	16.90
Sophie Buckley	U20	17.53
Rebekah Egan	U14	17.64
Alizah Rollings	U14	22.64
Helen Gallagher	50+	27.14
<b>1500m</b>		
Clio Knight	U14	06:37.64
Anthea Knight	U18	06:46.83
Sarah Egan	U16	07:49.26
Paige Duffy	U14	07:49.72
Fay Pearce	60+	08:22.04
<b>3000m</b>		
Steph Eagle	Open	13:53.07
Karen Hill	Open	14:08.31
Fay Pearce	60+	17:32.07
<b>400m</b>		
Sarah Egan	U16	01:06.88
Zoe Smith	U20	01:12.08
Clio Knight	U14	01:15.74
Steph Eagle	Open	01:18.75
Anthea Knight	U18	01:19.85
Karen Hill	Open	01:21.10
Sophie Buckley	U20	01:40.16
Fay Pearce	60+	01:48.68
Gabby Knight	Open	01:54.09
<b>Discus</b>		
Glenys Whitehead	50+	26.81
Gabby Knight	Open	26.09
Cheryl Webster	50+	17.94
Clio Knight	U14	16.39
Zoe Smith	U20	15.88
Karen Hill	Open	14.22
Anthea Knight	U18	14.12
Alizah Rollings	U14	13.87
Sophie Buckley	U20	12.79
Sarah Egan	U16	12.61
Steph Eagle	Open	11.47
Helen Gallagher	50+	10.37
Rebekah Egan	U14	10.01
Fay Pearce	60+	9.41

<b>MEN:</b>		
<b>100m</b>		
Benjamin Hugall	Open	11.79
Hallam Angelini	U18	12.37
Simon Crocos	Open	13.65
Sam Crosthwaite	U16	13.93
Gavin Smith	50+	15.56
Conwae Knight	40+	15.68
Tristan Eriksson	U14	15.87
Joseph Hill	U14	16.40
Elias Knight	U14	17.17
Dennis Baker	60+	18.87
<b>1500m</b>		
Declan Pearce	U16	05:19.13
Michael Dickins	40+	05:22.59
Gavin Smith	50+	05:54.29
William Pearce	70+	07:07.05
Elias Knight	U14	07:45.21
Dennis Baker	60+	09:12.61
Conwae Knight	40+	09:14.10
<b>3000m</b>		
Michael Dickins	40+	10:30.70
Declan Pearce	U16	11:24.26
Tim Hinds	Open	12:13.83
Michael Mellor	60+	12:48.57
Jeff Cave	50+	13:03.90
Joseph Hill	U14	13:13.98
William Pearce	70+	14:58.75
Conwae Knight	40+	16:57.01
Robert Lindley	70+	21:26.93
<b>400m</b>		
Benjamin Hugall	Open	53.01
Hallam Angelini	U18	57.62
Gavin Smith	50+	01:04.75
Michael Dickins	40+	01:08.53
Sam Crosthwaite	U16	01:10.15
Conwae Knight	40+	01:17.36
Tristan Eriksson	U14	01:19.51
Joseph HILL	U14	01:24.99
Elias Knight	U14	01:29.49
<b>Discus</b>		
Sam Crosthwaite	U16	21.72
Dennis Baker	60+	21.24
William Pearce	70+	20.84
Simon Crocos	Open	20.54
Joseph Hill	U14	18.43
Conwae Knight	40+	18.42
Tristan Eriksson	U14	18.41
Oliver Smith	U14	13.67
Elias Knight	U14	13.53
Isaac Smith	U14	10.17

<b>WOMEN:</b>		
<b>Hammer Throw</b>		
Glenys Whitehead	50+	32.88
Gabby Knight	Open	26.83
Cheryl Webster	50+	17.64
Clio Knight	U14	17.08
Anthea Knight	U18	14.81
Alizah Rollings	U14	10.39
Helen Gallagher	50+	7.47
<b>High Jump</b>		
Paige Duffy	U14	1.45
Sarah Egan	U16	1.35
Rebekah Egan	U14	1.15
Clio Knight	U14	1.05
Anthea Knight	U18	1.05
Sophie Buckley	U20	1.05
Cheryl Webster	50+	0.90
<b>Long Jump</b>		
Paige Duffy	U14	4.26
Clio Knight	U14	4.22
Sarah Egan	U16	4.09
Karen Hill	Open	3.72
Anthea Knight	U18	3.46
Gabby Knight	Open	3.03
Rebekah Egan	U14	2.84
Steph Eagle	Open	2.52
Cheryl Webster	50+	2.51
Fay Pearce	60+	2.04
<b>Shot Put</b>		
Glenys Whitehead	50+	9.45
Gabby Knight	Open	7.72
Cheryl Webster	50+	7.64
Clio Knight	U14	7.59
Paige Duffy	U14	7.45
Anthea Knight	U18	7.10
Sarah Egan	U16	6.65
Zoe Smith	U20	6.05
Alizah Rollings	U14	5.86
Sophie Buckley	U20	5.70
Rebekah Egan	U14	5.01

<b>MEN:</b>		
<b>Hammer Throw</b>		
Simon Crocos	Open	23.45
Dennis Baker	60+	15.59
Conwae Knight	40+	12.19
<b>High Jump</b>		
Sam Crosthwaite	U16	1.57
Benjamin Hugall	Open	1.30
Elias Knight	U14	1.05
<b>Long Jump</b>		
Benjamin Hugall	Open	5.12
Sam Crosthwaite	U16	4.50
Gavin Smith	50+	4.17
Declan Pearce	U16	3.40
Joseph Hill	U14	3.37
Elias Knight	U14	3.18
Conwae Knight	40+	3.17
<b>Shot Put</b>		
Simon Crocos	Open	9.52
William Pearce	70+	7.31
Oliver Smith	U14	6.59
Tristan Eriksson	U14	6.27
Conwae Knight	40+	6.23
Joseph Hill	U14	6.21
Dennis Baker	60+	5.97
Elias Knight	U14	5.54
Isaac Smith	U14	4.36