

Wodonga Athletic Club
Weekly results - Alexandra Park, Albury
Saturday, 9 December 2017

WOMEN:		
200m		
Gemma Fenn	U16	27.95
Katherine Howse	50+	29.33
Sarah Egan	U16	29.60
Zoe Smith	U20	29.64
Brianna Pullen	U14	29.86
Clio Knight	U14	30.74
Anthea Knight	U18	31.02
Lisa McInerney	Open	34.65
Fay Pearce	60+	48.10
5000m		
Fay Pearce	60+	29:08.02
60m		
Gemma Fenn	U16	8.66
Katherine Howse	50+	8.71
Brianna Pullen	U14	8.87
Zoe Smith	U20	8.89
Anthea Knight	U18	9.08
Clio Knight	U14	9.13
Sarah Egan	U16	9.15
Lisa McInerney	Open	9.83
Rebekah Egan	U14	10.38
Gabby Knight	Open	10.40
Sophie Buckley	U20	10.66
Zoe Freeman	U16	10.85
Alizah Rollings	U14	13.36
800m		
Anthea Knight	U18	02:46.86
Steph Eagle	Open	03:07.08
Nadia Mellor	60+	03:26.16
Chris Wilson	60+	03:36.53
Fay Pearce	60+	03:59.37
Sophie Buckley	U20	04:21.17
Tracey Howse	50+	04:58.97
Hammer Throw		
Clare McCormack	U18	39.37
Gabby Knight	Open	28.60
Clio Knight	U14	17.99
Anthea Knight	U18	16.85
Lisa McInerney	Open	16.73
Alizah Rollings	U14	14.82
High Jump		
Gemma Fenn	U16	1.65
Lisa McInerney	Open	1.30
Rebekah Egan	U14	1.15
Sophie Buckley	U20	1.00

MEN:		
200m		
Hallam Angelini	U18	26.16
Ryan Blackwell	U18	28.12
Kevin Freeman	40+	28.37
Gavin Smith	50+	29.42
Conwae Knight	40+	33.44
Elias Knight	U14	36.99
Dennis Baker	60+	42.02
5000m		
Declan Pearce	U16	19:21.23
Ryan Blackwell	U18	19:48.69
Gavin Smith	50+	22:12.44
Des Rees	60+	25:21.15
Simon Crocos	Open	27:14.11
Robert Lindley	70+	41:36.19
60m		
Benjamin Hugall	Open	7.58
Hallam Angelini	U18	8.10
Simon Crocos	Open	8.44
Kevin Freeman	40+	8.72
Ryan Blackwell	U18	9.10
Gavin Smith	50+	9.10
Conwae Knight	40+	9.77
Elias Knight	U14	10.17
Dennis Baker	60+	11.58
Isaac Smith	U14	11.85
800m		
Ryan Blackwell	U18	02:21.58
Kevin Freeman	40+	02:32.14
Conwae Knight	40+	03:20.68
Des Rees	60+	03:23.74
Isaac Smith	U14	03:25.91
Dennis Baker	60+	04:22.36
Doug Lloyd	60+	04:35.22
Hammer Throw		
Simon Crocos	Open	24.00
Conwae Knight	40+	15.08
Gavin Smith	50+	14.01
Elias Knight	U14	13.35
Javelin		
Simon Crocos	Open	39.99
Ryan Blackwell	U18	28.97
Kevin Freeman	40+	25.79
Conwae Knight	40+	23.13
Elias Knight	U14	22.80
Declan Pearce	U16	17.55
William Pearce	70+	16.89
Dennis Baker	60+	12.96
Isaac Smith	U14	8.66

Javelin		
Clare McCormack	U18	30.20
Gabby Knight	Open	24.57
Sarah Egan	U16	19.07
Clio Knight	U14	18.36
Cheryl Webster	50+	15.50
Tracey Howse	50+	14.70
Anthea Knight	U18	14.24
Alizah Rollings	U14	13.61
Zoe Smith	U20	13.25
Chris Wilson	60+	10.61
Brianna Pullen	U14	9.58
Fay Pearce	60+	9.55
Zoe Freeman	U16	8.17
Long Jump		
Gemma Fenn	U16	5.05
Clio Knight	U14	4.13
Anthea Knight	U18	4.08
Sarah Egan	U16	4.05
Lisa McInerney	Open	3.81
Zoe Smith	U20	3.43
Rebekah Egan	U14	3.15
Sophie Buckley	U20	2.99
Zoe Freeman	U16	2.98
Gabby Knight	Open	2.84
Chris Wilson	60+	2.55
Cheryl Webster	50+	2.28
Nadia Mellor	60+	2.20
Alizah Rollings	U14	1.87
Shot Put		
Clare McCormack	U18	10.20
Gabby Knight	Open	8.30
Cheryl Webster	50+	7.27
Alizah Rollings	U14	6.54
Zoe Freeman	U16	5.57
Tracey Howse	50+	5.50
Sophie Buckley	U20	5.47
Rebekah Egan	U14	5.09
Triple Jump		
Gemma Fenn	U16	10.71
Sarah Egan	U16	9.32
Clio Knight	U14	9.13
Lisa McInerney	Open	8.51
Zoe Smith	U20	7.56
Zoe Freeman	U16	7.41
Brianna Pullen	U14	7.37
Rebekah Egan	U14	7.28
Clare McCormack	U18	6.91
Gabby Knight	Open	6.51
Cheryl Webster	50+	5.51

Long Jump		
Kevin Freeman	40+	4.30
Elias Knight	U14	3.66
Conwae Knight	40+	2.99
Isaac Smith	U14	2.36
Shot Put		
Simon Crocos	Open	9.13
William Pearce	70+	6.11
Isaac Smith	U14	4.16
Triple Jump		
Simon Crocos	Open	10.14

4 x 100M RELAY		
Brianna Pullen	U14	50:24.00
Zoe Smith	U20	50:24.00
Katherine Howse	50+	50:24.00
Hallam Angelini	U18	50:24.00
Clio Knight	U14	01:00.58
Anthea Knight	U18	01:00.58
Gabby Knight	Open	01:00.58
Conwae Knight	40+	01:00.58
Sophie Buckley	U20	01:08.69
Lisa McInerney	Open	01:08.69
Elias Knight	U14	01:08.69
Isaac Smith	U14	01:08.69
Chris Wilson	60+	01:22.33
Nadia Mellor	60+	01:22.33
Fay Pearce	60+	01:22.33
Dennis Baker	60+	01:22.33