

Wodonga Athletic Club weekly competition
Program 2 - Wodonga Athletic Complex
Saturday 13 October 2018

Men		
100m		
Ben Boyd	Open	12.52
Ryan Blackwell	U20	13.16
Philip Thornber	Open	13.76
Simon Crocos	Open	14.13
Tristan Eriksson	U14	14.97
Joseph Hill	U14	16.11
Conwae Knight	40+	16.28
Elias Knight	U14	16.86
Dennis Baker	70+	19.79
1500m		
Ryan Blackwell	U20	04:42.34
Corey Harrap	U16	05:18.32
Flynn Hill	U16	05:47.49
Joseph Hill	U14	06:11.08
Elias Knight	U14	06:18.16
Conwae Knight	40+	07:11.31
William Pearce	70+	07:36.07
Dennis Baker	70+	09:24.94
3000m		
Ryan Blackwell	U20	10:29.29
Nelson Bowey	U14	11:22.23
Flynn Hill	U16	12:19.22
Joseph Hill	U14	12:55.91
Chris Hill	40+	12:59.07
Corey Harrap	U16	13:46.30
David Harrap	40+	15:27.60
Philip Thornber	Open	15:57.82
William Pearce	70+	16:00.92
Doug Lloyd	60+	16:38.92
Kevin Jones	50+	17:02.23
Robert Lindley	70+	24:09.82
400m		
Corey Harrap	U16	01:01.48
Ryan Blackwell	U20	01:01.62
Nelson Bowey	U14	01:04.30
Derek Bowey	40+	01:06.61
Philip Thornber	Open	01:07.00
Tristan Eriksson	U14	01:12.63
Harvey Cribbes	U14	01:17.22
Conwae Knight	40+	01:21.42
Joseph Hill	U14	01:21.87
Elias Knight	U14	01:25.43
Isaac Smith	U14	01:27.01
Dennis Baker	70+	01:45.44

Women		
100m		
Zoe Smith	U20	14.12
Anthea Knight	U20	14.25
Talia Paterson	Open	14.43
Sarah Egan	U18	14.69
Clio Knight	U16	15.06
Karen Hill	40+	16.46
Clare McCormack	U18	17.33
Janet Crocos	60+	17.40
Rebekah Egan	U16	17.71
Gabby Knight	Open	17.94
Therese Knight	50+	24.23
1500m		
Anthea Knight	U20	06:45.98
Fay Pearce	60+	08:32.31
Gabby Knight	Open	08:54.79
Hannah Thornber	U16	09:01.67
Clio Knight	U16	09:01.73
3000m		
Edyn Hill	U14	12:24.13
Alannah Harrap	U14	13:46.16
Nadia Mellor	60+	15:22.39
Debbie Jones	50+	17:19.81
Fay Pearce	60+	18:05.76
Janet Crocos	60+	19:25.88
400m		
Sarah Egan	U18	01:08.95
Zoe Smith	U20	01:15.37
Clio Knight	U16	01:18.97
Anthea Knight	U20	01:19.77
Karen Hill	40+	01:26.96
Fay Pearce	60+	01:59.54

Men		
Discus		
Flynn Eriksson	U18	30.66
Ben Boyd	Open	27.97
Derek Bowey	40+	27.82
Dennis Baker	70+	23.28
Simon Crocos	Open	23.05
Ryan Blackwell	U20	21.59
William Pearce	70+	18.80
Oliver Smith	U16	18.35
Joseph Hill	U14	18.23
Elias Knight	U14	18.11
Tristan Eriksson	U14	17.86
Conwae Knight	40+	17.47
Steve Boyd	50+	16.92
Harvey Cribbes	U14	NA
Hammer Throw		
Simon Crocos	Open	23.49
Derek Bowey	40+	19.30
Dennis Baker	70+	14.98
Nelson Bowey	U14	14.26
Conwae Knight	40+	14.08
Tim Hinds	Open	12.80
Elias Knight	U14	11.13
High Jump		
Harvey Cribbes	U14	1.30
Conwae Knight	40+	1.20
Elias Knight	U14	1.15
Chris Duffy	40+	1.15
Isaac Smith	U14	0.95
Long Jump		
Flynn Eriksson	U18	5.23
Ryan Blackwell	U20	4.66
Harvey Cribbes	U14	4.48
Joseph Hill	U14	3.33
Elias Knight	U14	3.01
Conwae Knight	40+	2.96

Women		
Discus		
Clare McCormack	U18	23.05
Gabby Knight	Open	22.90
Talia Paterson	Open	19.40
Paige Duffy	U14	17.51
Hannah Thornber	U16	17.28
Sarah Egan	U18	16.88
Anthea Knight	U20	16.84
Janet Crocos	60+	16.61
Clio Knight	U16	16.51
Karen Hill	40+	15.52
Zoe Smith	U20	14.59
Therese Knight	50+	14.59
Madison Duffy	U16	14.53
Torah Duffy	U14	14.29
Rebekah Egan	U16	10.66
Fay Pearce	60+	9.50
Cocco Vodusek	U18	NA
Hammer Throw		
Clare McCormack	U18	37.57
Gabby Knight	Open	29.65
Janet Crocos	60+	22.18
Clio Knight	U16	19.82
Therese Knight	50+	19.81
Hannah Thornber	U16	17.78
Anthea Knight	U20	15.09
Debbie Jones	50+	9.68
High Jump		
Paige Duffy	U14	1.40
Sarah Egan	U18	1.40
Talia Paterson	Open	1.30
Rebekah Egan	U16	1.25
Cocco Vodusek	U18	1.25
Clio Knight	U16	1.20
Torah Duffy	U14	1.15
Karen Hill	40+	1.15
Anthea Knight	U20	0.95
Clare McCormack	U18	0.90
Gabby Knight	Open	0.90

Men		
Shot Put		
Flynn Eriksson	U18	10.49
Derek Bowey	40+	9.97
Nelson Bowey	U14	9.94
Ben Boyd	Open	9.55
Simon Crocos	Open	9.42
Tristan Eriksson	U14	8.40
Conwae Knight	40+	6.86
Steve Boyd	50+	6.86
Tim Hinds	Open	6.74
William Pearce	70+	6.23
Oliver Smith	U16	6.09
Elias Knight	U14	5.66

Women		
Long Jump		
Sarah Egan	U18	4.27
Hannah Thornber	U16	4.18
Talia Paterson	Open	4.10
Karen Hill	40+	3.78
Anthea Knight	U20	3.48
Cocco Vodusek	U18	3.33
Rebekah Egan	U16	2.99
Madison Duffy	U16	2.85
Clare McCormack	U18	2.81
Janet Crocos	60+	2.75
Gabby Knight	Open	2.68
Debbie Jones	50+	1.94
Shot Put		
Clare McCormack	U18	11.66
Gabby Knight	Open	9.27
Clio Knight	U16	8.60
Paige Duffy	U14	8.19
Hannah Thornber	U16	7.98
Janet Crocos	60+	7.29
Zoe Smith	U20	6.88
Sarah Egan	U18	6.67
Therese Knight	50+	6.64
Talia Paterson	Open	6.58
Debbie Jones	50+	6.34
Anthea Knight	U20	5.65