

Wodonga Athletic Club Weekly Competition
Program 1 Wodonga Athletic Complex
Saturday 2 February 2019

Track					
Women			Men		
200m			200m		
Hannah Thornber	U14	29.09	Ryan Blackwell	U20	26.79
Anthea Knight	U20	31.13	Alex Colgan	U16	27.38
Zoe Smith	U20	31.90	Oliver Smith	U16	29.84
Karen Hill	40+	35.13	Tim Hinds	Open	32.73
Chris Wilson	60+	43.92	William Pearce	70+	40.25
Fay Pearce	60+	52.67	Isaac Smith	U14	42.00
5000m			5000m		
Steph Eagle	Open	27:59.08	Kevin Muller	40+	19:21.75
Sophie Buckley	Open	29:41.18	Rhys Thorpe	U16	19:40.85
Hannah Thornber	U14	32:54.39	Declan Pearce	U18	21:11.20
Clio Knight	U16	33:12.38	Gavin Smith	50+	23:59.18
60m			60m		
Anthea Knight	U20	9.06	Tim Hinds	Open	24:59.92
Zoe Smith	U20	9.07	Kevin Jones	50+	29:49.76
Sarah Egan	U18	9.22	Elias Knight	U14	32:40.56
Clio Knight	U16	9.34	Dennis Baker	70+	38:06.06
Karen Hill	40+	9.94	Robert Lindley	70+	44:20.57
Janet Crocos	60+	10.64	60m		
Gabby Knight	Open	10.81	Ryan Blackwell	U20	8.50
Clare McCormack	U18	10.82	Gavin Smith	50+	8.77
Emma Aldrich	Open	10.94	Alex Colgan	U16	8.91
Fay Pearce	60+	13.61	Nelson Bowey	U14	9.06
Therese Knight	50+	13.69	Oliver Smith	U16	9.08
800m			800m		
Emma Aldrich	Open	03:03.41	Tim Hinds	Open	9.80
Chris Wilson	60+	03:39.04	Kevin Muller	40+	9.93
Fay Pearce	60+	04:24.91	Elias Knight	U14	10.10
			Joseph Hill	U14	10.18
			Conwae Knight	40+	10.18
			William Pearce	70+	11.36
			Dennis Baker	70+	12.74
			800m		
			Ryan Blackwell	U20	02:18.49
			Nelson Bowey	U14	02:26.24
			Kevin Muller	40+	02:37.52
			Declan Pearce	U18	02:41.42
			Tim Hinds	Open	02:47.37
			Conwae Knight	40+	03:28.96
			William Pearce	70+	03:42.82
			Des Rees	60+	03:51.66

4 x 400m Relay		
Ryan Blackwell	U20	04:41.93
Tim Hinds	Open	
Conwae Knight	40+	
Gavin Smith	50+	
Clio Knight	U16	04:50.93
Sarah Egan	U18	
Anthea Knight	U20	
Zoe Smith	U20	
Joseph Hill	U14	05:24.57
Elias Knight	U14	
Isaac Smith	U14	
Nelson Bowey	U14	
Emma Aldrich	Open	05:31.85
Karen Hill	40+	
Declan Pearce	U18	
Kevin Muller	40+	
Fay Pearce	60+	07:03.80
Janet Crocos	60+	
Chris Wilson	60+	
Dennis Baker	70+	

Field					
Women		Men			
Hammer Throw		Hammer Throw			
Clare McCormack	U18	39.20	Elias Knight	U14	18.31
Gabby Knight	Open	25.03	Dennis Baker	70+	15.85
Clio Knight	U16	23.47	Conwae Knight	40+	15.12
Hannah Thornber	U14	23.24	Tim Hinds	Open	13.10
Janet Crocos	60+	21.66	Javelin		
Therese Knight	50+	19.18	Ryan Blackwell	U20	31.34
Sarah Egan	U18	13.42	Nelson Bowey	U14	26.91
Anthea Knight	U20	12.29	Declan Pearce	U18	25.97
Zoe Smith	U20	12.25	Elias Knight	U14	24.96
Charlotte Louise Streat	U14	4.85	Oliver Smith	U16	23.65
Javelin			Conwae Knight	40+	23.48
Clare McCormack	U18	29.51	Gavin Smith	50+	22.19
Charlotte Louise Streat	U14	25.95	Harvey Cribbes	U14	18.49
Gabby Knight	Open	23.32	Tim Hinds	Open	18.45
Sarah Egan	U18	18.10	Alex Colgan	U16	17.79
Clio Knight	U16	17.54	Joseph Hill	U14	17.12
Sophie Buckley	Open	15.11	William Pearce	70+	16.71
Janet Crocos	60+	15.11	Kevin Muller	40+	16.60
Zoe Smith	U20	13.94	Dennis Baker	70+	12.39
Anthea Knight	U20	13.17	Isaac Smith	U14	11.30
Debbie Jones	50+	13.12			
Karen Hill	40+	12.67			
Fay Pearce	60+	10.64			
Therese Knight	50+	9.43			
Steph Eagle	Open	6.60			

Field					
Women			Men		
Long Jump			Long Jump		
Sarah Egan	U18	4.19	Nelson Bowey	U14	4.08
Anthea Knight	U20	3.59	Oliver Smith	U16	3.94
Janet Crocos	60+	3.06	Joseph Hill	U14	3.81
Gabby Knight	Open	3.05	Conwae Knight	40+	3.08
Clare McCormack	U18	2.90	Isaac Smith	U14	2.96
Fay Pearce	60+	1.99	Shot Put		
Shot Put			Nelson Bowey	U14	10.91
Clare McCormack	U18	10.52	Joseph Hill	U14	7.63
Charlotte Louise Streat	U14	9.58	Harvey Cribbes	U14	6.86
Gabby Knight	Open	8.97	Elias Knight	U14	6.86
Clio Knight	U16	8.44	Conwae Knight	40+	6.48
Sarah Egan	U18	6.78	William Pearce	70+	6.37
Janet Crocos	60+	6.58	Triple Jump		
Therese Knight	50+	6.51	Oliver Smith	U16	9.05
Debbie Jones	50+	5.60	Gavin Smith	50+	8.92
Sophie Buckley	Open	5.48	Joseph Hill	U14	8.16
Triple Jump			Elias Knight	U14	7.72
Sarah Egan	U18	9.68	Isaac Smith	U14	6.42
Clio Knight	U16	8.61			
Karen Hill	40+	8.44			
Charlotte Louise Streat	U14	8.21			
Anthea Knight	U20	7.97			
Zoe Smith	U20	7.53			
Clare McCormack	U18	6.67			
Janet Crocos	60+	6.30			
Gabby Knight	Open	5.76			