

Wodonga Athletic Club
Weekly Competition
Saturday 19 October 2019

Women		
100m		
Sarah Egan	U18	14.77
Anthea Knight	U20	14.89
Charlotte Louise Streat	U14	16.07
Chris Wilson	60+	21.28
Fay Pearce	70+	21.43
Gabby Knight	Open	22.42
Jemimah Egan	U14	22.85
Therese Knight	50+	24.53
200m		
Anthea Knight	U20	38.28
Jemimah Egan	U14	51.79
5000m		
Karen Hill	40+	25:00.38
Fay Pearce	70+	31:51.15
800m		
Anthea Knight	U20	03:17.71
Karen Hill	40+	03:20.56
Chris Wilson	60+	03:43.75
Michelle Harrap	Open	04:20.72
Discus		
Charlotte Louise Streat	U14	28.97
Clio Knight	U16	28.28
Gabby Knight	Open	25.74
Therese Knight	50+	17.50
Anthea Knight	U20	14.78
Sarah Egan	U18	14.00
Jemimah Egan	U14	8.48
Hammer Throw		
Gabby Knight	Open	27.39
Therese Knight	50+	20.44
Anthea Knight	U20	12.16
Javelin		
Charlotte Louise Streat	U14	27.39
Gabby Knight	Open	21.97
Clio Knight	U16	14.26
Anthea Knight	U20	12.86
Karen Hill	40+	12.52
Therese Knight	50+	9.17
Fay Pearce	70+	9.09

Men		
100m		
Alex Colgan	U16	12.04
Lachlan Evans*		13.34
Aiden Hill	U14	14.41
Logan Dickson	U16	14.63
Gavin Smith	50+	14.83
Tim Hinds	40+	15.33
Joseph HILL	U14	15.47
Connor Howells*		15.62
Robert Mulholland	40+	15.71
Elias Knight	U14	16.33
Conwae Knight	50+	16.88
200m		
Alex Colgan	U16	25.68
Lachlan Evans*		28.64
Lachy Steain	Open	29.49
Gavin Smith	50+	32.55
Tim Hinds	40+	32.75
Elias Knight	U14	36.48
Robert Mulholland	40+	36.89
5000m		
Declan Pearce	U18	17:48.85
Joseph HILL	U14	20:00.43
Tim Hinds	40+	22:02.64
Elias Knight	U14	30:07.41
800m		
Corey Harrap	U18	02:22.16
Declan Pearce	U18	02:25.60
Alex Colgan	U16	02:34.25
Logan Dickson	U16	02:41.91
Joseph HILL	U14	02:42.76
Tim Hinds	40+	02:53.01
Gavin Smith	50+	02:56.51
Lachy Steain	Open	03:00.36
Caelan Dickson	U14	03:22.22
Elias Knight	U14	03:28.40
Robert Mulholland	40+	03:43.44
Conwae Knight	50+	03:57.80
Discus		
Oliver Smith	U16	23.16
William Pearce	70+	20.73
Robert Mulholland	40+	19.22
Lachy Steain	Open	17.10

Long Jump		
Sarah Egan	U18	4.38
Karen Hill	40+	3.49
Anthea Knight	U20	3.09
Gabby Knight	Open	2.36
Jemimah Egan	U14	2.05
Fay Pearce	70+	1.85
Triple Jump		
Sarah Egan	U18	10.12
Gabby Knight	Open	5.95

Hammer Throw		
Elias Knight	U14	18.49
Conwae Knight	50+	17.65
William Pearce	70+	17.57
Robert Mulholland	40+	13.68
Tim Hinds	40+	11.29
Javelin		
Elias Knight	U14	26.36
Declan Pearce	U18	25.95
Robert Mulholland	40+	23.39
Conwae Knight	50+	23.36
Oliver Smith	U16	21.27
Alex Colgan	U16	20.32
Joseph HILL	U14	20.13
Tim Hinds	40+	19.00
Logan Dickson	U16	18.28
Aiden Hill	U14	18.00
William Pearce	70+	17.49
Long Jump		
Alex Colgan	U16	4.64
Oliver Smith	U16	4.52
Connor Howells*		3.80
Gavin Smith	50+	3.78
Aiden Hill	U14	3.67
Logan Dickson	U16	3.58
Robert Mulholland	40+	3.29
Tim Hinds	40+	3.28
Conwae Knight	50+	3.28
Elias Knight	U14	3.13
Triple Jump		
Oliver Smith	U16	9.50
Logan Dickson	U16	9.42
Aiden Hill	U14	8.10
Caelan Dickson	U14	8.02
Conwae Knight	50+	6.66
Isaac Smith	U14	6.39

**Come & try athlete*