

# Wodonga Athletic Club

## Weekly Competition - Wodonga Athletic Track

Saturday 23 November 2019

Women		
<b>100m</b>		
Anthea Knight	U20	14.88
Lisa McInerney	Open	15.27
Cara Votheimer	U20	15.62
Lara Harth	*	16.66
Clare McCormack	U20	16.89
Janet Crocos	60+	17.42
Gabby Knight	Open	17.62
Fay Pearce	70+	22.40
Jemimah Egan	U14	23.58
<b>200m</b>		
Anthea Knight	U20	33.45
Edyn Hill	U14	33.92
<b>5000m</b>		
Emma Aldrich	Open	24:37.31
Karen Hill	40+	25:44.35
Fay Pearce	70+	32:01.73
<b>800m</b>		
Edyn Hill	U14	02:47.28
Alannah Harrap	U16	02:47.79
Emma Aldrich	Open	03:20.78
Anthea Knight	U20	03:43.82
Chris Wilson	60+	03:48.10
Gabby Knight	Open	04:54.68
Gabby Knight	Open	04:54.68
Jemimah Egan	U14	05:00.95
<b>Discus</b>		
Gabby Knight	Open	27.27
Charlotte Louise Streat	U14	25.88
Clio Knight	U16	25.68
Clare McCormack	U20	21.68
Lisa McInerney	Open	19.43
Anthea Knight	U20	16.89
Janet Crocos	60+	13.33
Therese Knight	50+	13.29
Jemimah Egan	U14	8.17

Men		
<b>100m</b>		
Ethan Talbot	U18	11.70
Alex Colgan	U16	11.78
Ashton Talbot	U16	12.48
Nelson Bowey	U16	12.74
Lachlan Evans	U18	13.18
Oliver Smith	U16	13.39
Gavin Smith	50+	14.30
Logan Dickson	U16	14.39
Aiden Hill	U14	14.73
Tim Hinds	40+	14.90
Connor Howells	U14	15.10
Dennis Baker	70+	19.84
<b>200m</b>		
Alex Colgan	U16	25.08
Nelson Bowey	U16	26.18
Lachlan Evans	U18	28.27
Caleb Gilbert	U16	29.84
Chris Hill	40+	30.64
Gavin Smith	50+	30.87
Flynn Hill	U16	31.54
Connor Howells	U14	31.57
Tim Hinds	40+	31.77
Conwae Knight	50+	34.13
Dennis Baker	70+	44.51
<b>5000m</b>		
Declan Pearce	U18	18:01.23
Nelson Bowey	U16	19:59.90
Joseph Hill	U14	20:01.76
Aiden Hill	U14	21:13.81
Tim Hinds	40+	22:09.70
William Pearce	70+	28:23.10
Des Rees	60+	28:48.50
Dennis Baker	70+	37:44.40

Women		
<b>Hammer Throw</b>		
Clare McCormack	U20	36.98
Gabby Knight	Open	28.72
Janet Crocos	60+	21.70
Charlotte Louise Streat	U14	20.67
Lisa McInerney	Open	20.34
Clio Knight	U16	19.88
Therese Knight	50+	18.07
Cara Votheimer	U20	15.85
Lara Harth	*	10.68
<b>Javelin</b>		
Clare McCormack	U20	26.44
Charlotte Louise Streat	U14	25.89
Gabby Knight	Open	21.00
Lisa McInerney	Open	19.50
Emma Aldrich	Open	14.91
Janet Crocos	60+	14.82
Anthea Knight	U20	12.94
Karen Hill	40+	11.62
Therese Knight	50+	11.28
Fay Pearce	70+	9.92
<b>Long Jump</b>		
Lisa McInerney	Open	4.15
Karen Hill	40+	3.92
Cara Votheimer	U20	3.65
Lara Harth	*	3.65
Anthea Knight	U20	3.45
Janet Crocos	60+	2.78
Gabby Knight	Open	2.50
Clare McCormack	U20	2.35
Fay Pearce	70+	2.13
Jemimah Egan	U14	2.04
Emma Aldrich	Open	2.00

Men		
<b>800m</b>		
Nelson Bowey	U16	02:10.80
Caleb Gilbert	U16	02:22.24
Flynn Hill	U16	02:32.18
Chris Hill	40+	02:45.19
Connor Howells	U14	02:51.99
Elias Knight	U14	03:10.49
David Harrap	40+	03:11.54
Jackson Harrap	U14	03:16.14
Conwae Knight	50+	03:26.30
William Pearce	70+	03:49.54
Des Rees	60+	03:56.07
<b>Discus</b>		
Gavin Smith	50+	22.14
Conwae Knight	50+	20.67
Oliver Smith	U16	19.74
Lachy Steain	Open	17.94
Elias Knight	U14	17.28
<b>Hammer Throw</b>		
William Pearce	70+	21.79
Elias Knight	U14	20.74
Dennis Baker	70+	17.51
Conwae Knight	50+	16.96
Tim Hinds	40+	11.66
Lachlan Evans	U18	6.27
<b>Javelin</b>		
Joseph Hill	U14	23.07
Oliver Smith	U16	22.74
Logan Dickson	U16	19.60
Aiden Hill	U14	18.40
Tim Hinds	40+	17.75
Alex Colgan	U16	16.33
William Pearce	70+	16.01
Dennis Baker	70+	13.12

Women		
<b>Triple Jump</b>		
Clio Knight	U16	8.82
Lisa McInerney	Open	8.79
Cara Votheimer	U20	8.24
Karen Hill	40+	7.86
Janet Crocos	60+	5.83
Clare McCormack	U20	5.62
Gabby Knight	Open	5.52
Jemimah Egan	U14	4.83

\*Come & try

Men		
<b>Long Jump</b>		
Ethan Talbot	U18	6.32
Alex Colgan	U16	4.80
Ashton Talbot	U16	4.60
Oliver Smith	U16	4.29
Logan Dickson	U16	4.28
Lachlan Evans	U18	4.15
Connor Howells	U14	4.07
Gavin Smith	50+	3.86
Joseph Hill	U14	3.66
Tim Hinds	40+	3.34
<b>Triple Jump</b>		
Ethan Talbot	U18	12.43
Alex Colgan	U16	9.94
Ashton Talbot	U16	9.61
Logan Dickson	U16	9.45
Oliver Smith	U16	9.44
Lachlan Evans	U18	8.56
Aiden Hill	U14	8.44
Elias Knight	U14	6.66