

Wodonga Athletic Club
Weekly Competition
Saturday 9 November 2019

Women		
100m		
Hannah McMahon	U14	14.36
Clio Knight	U16	14.48
Anthea Knight	U20	14.69
Clare McCormack	U20	16.74
Gabby Knight	Open	18.21
Sophie Buckley	Open	19.80
Fay Pearce	70+	22.26
Jemimah Egan	U14	22.29
1500m		
Edyn Hill	U14	05:52.85
3000m		
Edyn Hill	U14	12:33.56
Alannah Harrap	U16	13:34.44
Karen Hill	40+	15:08.97
Fay Pearce	70+	18:01.05
Anthea Knight	U20	19:16.79
400m		
Lisa McInerney	Open	01:21.33
Anthea Knight	U20	01:26.13
Karen Hill	40+	01:29.07
Fay Pearce	70+	01:59.71
Discus		
Clio Knight	U16	30.21
Gabby Knight	Open	24.30
Clare McCormack	U20	20.85
Lisa McInerney	Open	18.28
Anthea Knight	U20	16.09
Karen Hill	40+	13.10
Hannah McMahon	U14	12.36
Sophie Buckley	Open	10.36
Jemimah Egan	U14	7.65
Fay Pearce	70+	7.25

Men		
100m		
Alex Colgan	U16	12.12
Dylan Raath	Open	12.87
Nelson Bowey	U16	12.88
Lachlan Evans	U18	13.12
Logan Dickson	U16	14.53
Aiden Hill	U14	14.97
Tim Hinds	40+	15.14
Joseph Hill	U14	15.36
Elias Knight	U14	16.41
Dennis Baker	70+	19.47
1500m		
Nelson Bowey	U16	04:49.49
Caleb Gilbert	U16	05:25.77
Flynn Hill	U16	05:28.88
Dexter Hill	U14	06:14.64
Jackson Harrap	U14	06:26.97
3000m		
Declan Pearce	U18	10:40.42
Caleb Gilbert	U16	11:26.76
Joseph Hill	U14	11:33.19
Flynn Hill	U16	11:43.35
Tim Hinds	40+	12:45.66
Jackson Harrap	U14	14:46.43
Dexter Hill	U14	14:46.51
William Pearce	70+	15:50.77
Des Rees	60+	15:58.75
Dennis Baker	70+	21:22.93
400m		
Nelson Bowey	U16	59.21
Alex Colgan	U16	01:00.64
Declan Pearce	U18	01:04.69
Lachlan Evans	U18	01:08.66
Tim Hinds	40+	01:12.23
Aiden Hill	U14	01:17.98
Elias Knight	U14	01:41.38

Hammer Throw		
Clare McCormack	U20	33.99
Gabby Knight	Open	28.65
Therese Knight	50+	20.56
Lisa McInerney	Open	19.58
Clio Knight	U16	19.06
Sophie Buckley	Open	13.43
Anthea Knight	U20	12.55
Hannah McMahan	U14	10.88
High Jump		
Lisa McInerney	Open	1.30
Clio Knight	U16	1.20
Hannah McMahan	U14	1.10
Clare McCormack	U20	1.00
Sophie Buckley	Open	1.00
Gabby Knight	Open	0.95
Jemimah Egan	U14	0.90
Long Jump		
Lisa McInerney	Open	4.04
Clio Knight	U16	3.81
Hannah McMahan	U14	3.64
Sophie Buckley	Open	2.83
Anthea Knight	U20	2.76
Gabby Knight	Open	2.69
Jemimah Egan	U14	1.96
Clare McCormack	U20	1.80
Shot Put		
Clare McCormack	U20	10.11
Gabby Knight	Open	9.19
Clio Knight	U16	8.78
Lisa McInerney	Open	6.59
Michelle Harrap	Open	6.40
Sophie Buckley	Open	6.18
Hannah McMahan	U14	5.82
Anthea Knight	U20	5.22
Jemimah Egan	U14	4.30

Discus		
Joseph Hill	U14	25.80
Gavin Smith	50+	22.63
William Pearce	70+	21.66
Dennis Baker	70+	21.54
Aiden Hill	U14	17.99
Declan Pearce	U18	17.48
Elias Knight	U14	17.18
Tim Hinds	40+	16.92
Hammer Throw		
William Pearce	70+	19.96
Elias Knight	U14	19.13
Tim Hinds	40+	12.70
Aiden Hill	U14	11.67
High Jump		
Nelson Bowey	U16	1.40
Gavin Smith	50+	1.40
Dylan Raath	Open	1.20
Elias Knight	U14	1.15
Aiden Hill	U14	1.10
Long Jump		
Dylan Raath	Open	4.87
Alex Colgan	U16	4.72
Logan Dickson	U16	4.30
Aiden Hill	U14	3.86
Elias Knight	U14	3.19
Tim Hinds	40+	3.02
Shot Put		
Nelson Bowey	U16	10.25
Joseph Hill	U14	9.90
Gavin Smith	50+	7.52
William Pearce	70+	7.12
Dylan Raath	Open	7.10
Elias Knight	U14	7.04
Tim Hinds	40+	6.95
Dennis Baker	70+	6.90
Aiden Hill	U14	6.67