

Wodonga Athletic Club - Weekly Competition
Les O'Brien Precinct, Albury

Saturday 30 November 2019

Women		
100m		
Mikayla Talbot	U14	13.91
Isabella Slabbert	U14	14.32
Clio Knight	U16	14.74
Anthea Knight	U20	15.19
Lisa McInerney	Open	15.68
Fay Pearce	70+	21.82
1500m		
Edyn Hill	U14	05:32.97
Alannah Harrap	U16	05:34.51
Emma Aldrich	Open	06:31.37
Clio Knight	U16	07:17.29
Anthea Knight	U20	08:34.90
Fay Pearce	70+	08:36.90
3000m		
Emma Aldrich	Open	13:48.89
Fay Pearce	70+	18:01.77
Janet Crocos	60+	19:56.50
400m		
Anthea Knight	U20	01:18.18
Lisa McInerney	Open	01:26.94
Janet Crocos	60+	01:32.41
Discus		
Clio Knight	U16	27.72
Gabby Knight	Open	25.70
Lisa McInerney	Open	19.61
Anthea Knight	U20	15.53
Janet Crocos	60+	14.37
Emma Aldrich	Open	11.66
Sophie Buckley	Open	11.43
Fay Pearce	70+	8.98
High Jump		
Lisa McInerney	Open	1.30
Clio Knight	U16	1.20

Men		
100m		
Ethan Talbot	U18	11.94
Alex Colgan	U16	12.02
Ashton Talbot	U16	12.99
Dylan Raath	Open	13.17
Nelson Bowey	U16	13.27
Lachlan Evans	U18	13.50
Simon Crocos	Open	13.71
Derek Bowey	40+	14.09
Logan Dickson	U16	14.26
Connor Howells	U14	15.21
Tim Hinds	40+	15.29
Joseph Hill	U14	15.70
Conwae Knight	50+	17.03
Dennis Baker	70+	20.43
1500m		
Caleb Gilbert	U16	04:46.15
Nelson Bowey	U16	04:49.64
Daniel Rees	40+	04:59.14
Flynn Hill	U16	05:11.23
Alex Colgan	U16	05:11.77
Joseph Hill	U14	05:24.45
Connor Howells	U14	05:29.94
Chris Hill	40+	05:40.04
Logan Dickson	U16	05:45.46
Tim Hinds	40+	05:55.01
Dexter Hill	U14	06:04.93
Derek Bowey	40+	06:06.47
Jackson Harrap	U14	06:12.09
Dylan Raath	Open	06:15.02
David Harrap	40+	06:18.41
Conwae Knight	50+	07:10.98
William Pearce	70+	08:18.10
Dennis Baker	70+	09:51.30
3000m		
Declan Pearce	U18	10:10.37
Daniel Rees	40+	10:57.88
Joseph Hill	U14	11:28.47
Tim Hinds	40+	13:35.05

Women		
Javelin		
Charlotte Louise Streat	U14	24.37
Gabby Knight	Open	19.54
Lisa McInerney	Open	14.16
Janet Crocos	60+	12.58
Anthea Knight	U20	12.25
Sophie Buckley	Open	10.97
Clio Knight	U16	10.55
Fay Pearce	70+	8.64
Shot Put		
Clio Knight	U16	9.64
Charlotte Louise Streat	U14	9.26
Gabby Knight	Open	8.77
Lisa McInerney	Open	7.24
Janet Crocos	60+	6.56
Sophie Buckley	Open	5.85
Anthea Knight	U20	5.56
Emma Aldrich	Open	5.55
Triple Jump		
Mikayla Talbot	U14	9.84
Lisa McInerney	Open	9.05
Clio Knight	U16	8.95
Anthea Knight	U20	6.98
Janet Crocos	60+	6.55
Gabby Knight	Open	5.69
Sophie Buckley	Open	4.56

Men		
400m		
Nelson Bowey	U16	57.58
Alex Colgan	U16	58.06
Logan Dickson	U16	01:11.25
Tim Hinds	40+	01:11.92
Lachlan Evans	U18	01:12.69
Connor Howells	U14	01:13.27
Dennis Baker	70+	01:48.04
Discus		
Derek Bowey	40+	25.70
Joseph Hill	U14	24.56
Simon Crocos	Open	23.48
Oliver Smith	U16	22.76
Dennis Baker	70+	21.22
William Pearce	70+	20.65
Elias Knight	U14	20.49
Conwae Knight	50+	19.89
Lachy Steain	Open	18.78
Dylan Raath	Open	16.70
Tim Hinds	40+	16.36
High Jump		
Dylan Raath	Open	1.40
Logan Dickson	U16	1.35
Oliver Smith	U16	1.30
Conwae Knight	50+	1.25
Connor Howells	U14	1.20
Elias Knight	U14	1.15
Lachy Steain	Open	1.10
Javelin		
Simon Crocos	Open	31.54
Elias Knight	U14	24.11
Declan Pearce	U18	22.06
Joseph Hill	U14	19.69
Logan Dickson	U16	19.16
Conwae Knight	50+	19.01
Tim Hinds	40+	18.65
Oliver Smith	U16	18.57
Alex Colgan	U16	17.19
William Pearce	70+	14.90
Dennis Baker	70+	11.00

Men		
Shot Put		
Joseph Hill	U14	10.17
Nelson Bowey	U16	9.29
Lachy Steain	Open	8.39
Simon Crocos	Open	8.36
Derek Bowey	40+	8.36
Oliver Smith	U16	7.55
Elias Knight	U14	7.53
Conwae Knight	50+	7.33
Dylan Raath	Open	7.21
Tim Hinds	40+	6.47
William Pearce	70+	6.29
Triple Jump		
Ethan Talbot	U18	12.29
Ashton Talbot	U16	10.59
Alex Colgan	U16	9.96
Oliver Smith	U16	9.57
Logan Dickson	U16	8.77
Elias Knight	U14	7.40
Conwae Knight	50+	7.31
Tim Hinds	40+	6.55